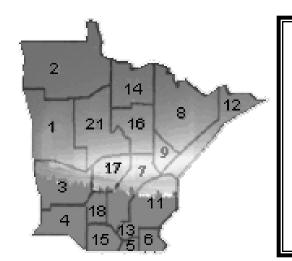
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Important Correction Notice

The Next Aitkin Area Committee Meeting was Misprinted as February 18th in the Last Issue of the Northern Light.
The **CORRECT** Day is <u>February 25th</u>



Deadline for the next *Northern Light* is

March 5, 2018

This is YOUR Newsletter.

Please send your questions or comments for publication to Steven L. at NorthernLight@area35.org

Please bring extra copies to share with your group!

Don't forget to visit and bookmark your Area 35 web site! - http://area35.org
Event Calendar - Meeting Directory - NL Online - Download Pamphlets - District Pages

Volume XXXVII Issue 1

2018 AREA 35 COMMITTEE

<u>AREA OFFICERS</u>

DELEGATE

Christine G. delegate@area35.org

ALTERNATE DELE-

GATE

alt delegate@area35.org

AREA CHAIR

Roger R.

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TREASURER

Mike F.

treasurer@area35.org

SECRETARY

Melissa A.

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archives@area35.org

ARCHIVIST

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(C.P.C.) COOPERATION

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GROUP RECORDS

grouprecords@area35.org

NORTHERN LIGHT

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northernlight@area35.org

FINANCIAL OVER-SIGHT COMMITTEE

Michael "Jake" J.

AUDIO ENGINEER

Mike P.

(D.C.M.'s) DISTRICT COMMITTEE

MEMBERS

DISTRICT 1 NO INFO

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DISTRICT 2

NO INFO dcm2@area35.org

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DISTRICT 4

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DISTRICT 13

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DISTRICT 16 Glenn M.

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DISTRICT 17

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William "BR" B. dcm18@area35.org

DISTRICT 21

Laura C. dcm21@area35.org

MOVING? ADDRESS NOT CORRECT?

Please help us keep our Northern Light mailing address accurate and up-todate. It costs the Area (you) \$.50 for each piece of returned mail.

Please contact our Group **Records Secretary with your** new or changed address:

GroupRecords@area35.org

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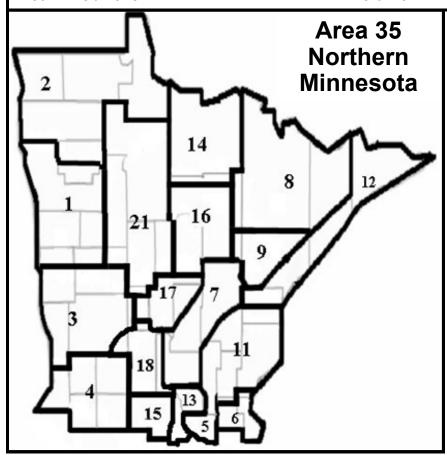
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Zone I

- **District 1** Ada, Crookston, Erskine, Fertile, Fosston, Mahnomen, Naytahwaush, Red Lake Falls, Twin Valley, Waubun,
- District 2 Badger, Baudette, Grygla, Hallock, Halma, Middle River, Rainy River (Ontario, Canada), Roseau, Stephen, Thief River Falls, Warren, Warroad, Williams
- District 16 Bowstring, Boy River, Cohasset, Deer River, Effie, Grand Rapids, Hill City, Lawrence Lake*, Longville, Remer
- District 21 Akeley, Bagley, Bemidji, Blackduck, Cass Lake, Debs, Menahga, Onigum, Park Rapids, Red Lake, Shevlin, Solway, Squaw Lake, Walker

Zone II

District 3 - Audubon, Barnesville, Battle Lake, Cormorant, Deer Creek, Detroit Lakes, Dilworth, Elizabeth, Erhard, Fergus Falls, Frazee, Hawley, Henning, Lake Park, Moorhead,

Osage, Ottertail, Pelican Rapids, Perham, Underwood, Wadena

District 4 - Alexandria, Browns Valley, Carlos, Elbow Lake, Evansville, Glenwood, Herman, Kensington, Morris, Osakis

District 15 - Albany, Avon, Cold Spring, Holdingford, Lake Henry, Melrose, Paynesville, Richmond, Sartell, St. Joseph, St. Stephen, Sauk Centre, Watkins

Zone III

- District 5 Becker, Big Lake, Elk River, Milaca, Otsego, Princeton, Zimmerman
- **District 6** Braham, Bethel, Cambridge, Forest Lake, Harris, Isanti, North Branch, Rock Creek, Stacy, St. Francis, Rush City
- **District 7** Aitkin, Baxter, Brainerd, Fort Ripley, Garrison, Ironton, Isle, Little Falls*, McGregor*, Palisade, Pierz, Pilager*, Waukon
- **District 11** Finlayson*, Grasston, Henriette, Hinckley*, Lake Lena, Malmo, Moose Lake*, Mora, Ogilvie, Pine City, Quamba, Sandstone, Willow River, Wahkon
- District 13 Kimball, Rice, St. Cloud, Sauk Rapids, Waite Park, Foley
- District 17 Backus, Cross Lake, Nisswa, Pequot Lakes, Pillager*, Pine River
- **District 18** Browerville, Clarissa, Eagle Bend, Little Falls*, Long Prairie, Motley, Parkers Prairie, Staples, Verndale

Zone IV

- **District 8** Alango, Aurora, Babbitt, Biwabik, Cook, Cotton, Ely, Eveleth, Gilbert, Hoyt Lakes, Mountain Iron, Nett Lake, Orr, Palo, Pike, Tower, Virginia, Zim*
- **District 9** Chisholm, Floodwood, Goodland, Hibbing*, Keewatin, Kelly Lake, Lawrence Lake*, Nashwauk*
- District 12 Beaver Bay, Silver Bay, Brimson, Brookston, Cloquet, Duluth, Esko, Finland, Fredenberg, Grand Marais, Grand Portage, Hermantown, Knife River, Lawrence Lake*, Lutsen, Mahtowa, Pike Lake, Proctor, Sawyer, Silver Bay, Foxborro (Wisconsin), Side Lake, Superior (Wisconsin), Toivola, Two Harbors
- **District 14** International Falls, Littlefork

* In cities marked with an asterisk, some meetings consider themselves to be in one District, and some meetings consider themselves to be in another District.

District Meeting Location Information

District 1

2nd Sunday of even months, 2:00 p.m. Fertile Community Center 101 S. Mill St., Fertile, MN 56540

District 2

2nd Sunday of Odd Months, 2:00 p.m. First Lutheran Church 210 Park Ave. N. Middle River, MN 56737

3rd Sunday of Month, 10:00 a.m. Alano Club 827 Summit Avenue Detroit Lakes, MN 56501

District 4

3rd Saturday of Month, 5:30 p.m. Contact DCM for location (It Rotates) Potluck at 6:30 p.m. Round Robin at 7:00 p.m.

District 5

3rd Monday of Month, 7 p.m. Freshwaters Church 12475 273rd Ave NW Zimmerman, MN 55398

District 6

3rd Thursday of Month, 7:30 p.m. Spring Lake Lutheran Church 8440 Erickson Rd. N.E. North Branch, MN 55056

District 7

3rd Thursday of Month, 7:00 p.m. First Congregational United Church 415 Juniper Street Brainerd, MN 56401

District 8

Committee Meetings at 6:30 p.m. General District Meeting at 7:00 p.m. Contact DCM for location "It Rotates"

Last Sunday of Month, 6:00 p.m. Hibbing Alano Club 3725 1st Avenue Hibbing, MN 55746

District 11

1st Tuesday of Month, 7:00 p.m. Peace Lutheran 2177 Hwy 18 Finlayson, MN 55735

District 12

3rd Thursday of Month, 6:30 p.m. Contact DCM for meeting location (It Rotates)

District 13

1st Monday of Month, 7:30 p.m.- 9:00 p.m. St. Cloud Alano Club 127 7th Ave. NE Saint Cloud, MN 56301

District 14

3rd Thursday of Month, 6:30pm District Meeting Coffee Landing 444 3rd Street International Falls, MN 56649

District 15

1st Monday of Month, 8:00 p.m. Albany Community Center 741 Lake Ave. Albany, MN 56307

District 16

1st Wednesday of Month, 6:30 p.m. United Methodist Church 1701 S.E. 5th Ave. Grand Rapids, MN 55744 Handicap Accessible, Non-Smoking

District 18

1st Tuesday of Month, 6:30 p.m. Long Prairie Alano Club 21 2nd Ave. Long Prairie, MN 56347

District 21

2nd Monday, 7:00 p.m. Bemidji Alano Club 3802 Greenleaf Ave NW Bemidji, MN 56601

District 17

Not currently active or unknown

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AREA OFFICERS AND COMMITTEE CHAIR REPORTS

Delegate:

Greetings Area 35,

I have been adjusting to my new position as your Delegate. I sent out an email the first week of January with a brief introduction and some announcements. If you are an Area Committee Member or DCM that did not receive this email or any of the other ones that I have sent out, please email me so I can check why you are not getting them.

I would like to welcome everyone to their new positions that you are serving for this 2018-2019 rotation. Let me know if you have any questions or if you would like my help with anything. I am always here to help in any way or get you connected with someone who can help.

I emailed out a letter from GSO regarding GSR kits and the delayed deliver due to waiting for the updated pamphlets to arrive. If GSRs are still waiting for kits, they should be arriving soon. Make sure you share this with your Districts and groups.

I have been getting used to finding information on the Dashboard. This is a place where GSO will upload information pertaining to the General Service Conference. I have emailed out Preliminary Agenda Items for you to review. On February 15th, I will have access to the final list and the background material. As soon as I can download that information, I will send a link to our Webmaster, Rillis, so she can get the information available on the website. I will send an email out to the Area Committee Member with a password, so you will be able to download the information before the February Area Committee Meeting. At the Area Committee meeting, I will have the material that you requested available for you. If you have not replied to me with your preference of CD or hardcopy, please do so. If I don't get a preference, I will have a CD available for you.

I will have the Hot Topics list emailed out to you before the Area Committee Meeting and will have copies available for you at the meeting.

I have received all my material for the GSC and have been looking it over. I have been assigned to the Policy and Admission Committee.

DCMs, please book your date with me for the Conference Report back as soon as possible. I will have my report completed and be ready to present after May 11th. I have received dates from a few districts. If you want to get together with a neighboring district, that would help save costs.

I attended the January Service Workshop in Duluth. It was a great weekend and I appreciated all the presentations that were presented by the various districts. I really enjoy the spirit of rotation and how there are new ideas and ways to present our message. There were a lot of new faces and I look forward to meeting and talking with you all.

We have the West Central Regional A.A. Service Conference on March 2nd-4th, in Des Moines, IA. I will be attending that, and it was brought to my attention that I will be chairing the first sharing session on Friday night. This is a time when you can learn more about the Agenda Items. Hearing numerous discussion from the West Central Region, on each item. I would encourage all DCMs to take this opportunity and attend this event. It is a wonderful opportunity to hear about Alcoholics Anonymous in our Region.

This is all I have for this report.

Thank you for allowing me to serve Area 35.

In Love and Service, Christine G. Area 35 Delegate

Alt. Delegate:

Hello Everyone,

First off, I wanted to thank Roger R. for setting up the Annual Workshop. We did have a couple miscommunications, but Roger did not just sit back and say, "here you go." He helped get me on track with putting this event on. This is such an important part of service, that when we leave a position, we don't leave the incoming people in the dark. That is what Roger did for me, so thanks again.

I was quite pleased the presentations. It was obvious a lot of effort went into them. I liked the skit, as it wasn't over the top and relevant. I thought Skip's presentation, while he did a great job at referencing the Book, his from the heart talk gave me something think about. I really appreciated those of you who used the overhead, District 3 and 4's presentation stand out for me as being very well organized. District 7's presentation got me to think about am I balancing my service work between the Area and my home group. While I find the challenges of being of service for the Area, this service commitment cannot replace the time for group service work. I am pleased to say that has not happened, but always good to do inventory work on yourself. When it comes to technology in A.A., its' here, the door has been opened, the genie is out of the box etc. etc. I do not support the idea of A.A. having Facebook, Twitter etc., but what it did make me think about is me putting on Facebook the post regarding using jargon to hide my involvement in A.A. so I can put up my sobriety birthday. This left me with something to really chew on.

I was pleased to see the GSR sharing session elect a chair and secretary. I did hear a complaint about me and I wanted to address it. It was mentioned that I should have spent more time giving direction to the GSR's. I didn't want to dominate your meeting, but apparently I left too soon for some of you. I do apologize for this. I should have asked the group if they wanted me to stay longer or leave.

I thought Bob W. did a great job. I know I let him go past his scheduled time. For those of you who did not like that decision, I did it as we spent good fellowship money to get him here and why not make as much use of him as possible.

I wanted to thank Steve and Richard for working at the registration table, and thanks to everyone I didn't notice who worked it. I would also like to thank Austin W. who sat at the coffee table the entire function.

Zones 1 and 3, if you are interested in having a Zonal Forum please let me know. I will be talking to the DCM's directly so everyone has a chance to make a decision.

The 2019 Annual Workshop is in Zone 4 so I will be starting to look for venues right away.

In Service, Jim S. Area 35 Alternate Delegate

Area Chair:

Greetings Area 35 of Northern MN.

Thank you for the opportunity you have given me to be of service to Alcoholics Anonymous as your Chair for 2018-2019. As your Area Chair my top priority is to assist you as members, GSR's, DCM's, Area Chairs and Officers in carrying our A.A message to those who are out there and still suffering from alcoholism.

Our 42nd Annual Service Workshop took place in Duluth, MN on January 13th-14th. Thank you to all who were able to attend this informative workshop. Thank you to the Districts that prepared and delivered presentations at our workshop. Thank you also to Bob W., a former AAWS Trustee-At-Large who inspired us all as he shared his experiences in carrying the A.A message around the globe as a Trustee.

I'd also like to thank our Area Chairs and Officers for submitting their budgets to Mike F. and myself in a timely manner. The Area 35 budget for 2018 is published in this edition of the Northern Light and will be presented at our Spring Assembly. Your group contributions are very important and needed by Area 35 as we work to carry our message in 2018 and beyond.

Up next for Area 35 is working together to prepare and inform Christine G., our Area 35 Delegate to represent us at the upcoming General Service Conference in April, 2018. Background information on the items on the agenda for this conference will be available on the Area 35.org website and through your District Committee Member (DCM). These Agenda Items will also be discussed on a regional level, for those who can join us, at the upcoming West Central A.A Service Conference in Des Moines, Iowa in early March. Information on the WCRAASC is also available on the Are35.org website.

We will also be discussing Agenda Items of the 2018 General Service Conference, at Area 35's Spring Assembly on April 6th-7th in Alexandria MN (see Area 35.org). Your group's and District's informed group conscience on these Agenda Items goes a long way in preparing our Delegate for the national conference. Area 35 Officers and Chairs are also available to join your group and/or District discussion of Agenda Items. Please feel free to call upon us for this purpose.

The 2018 rotation is off to a good start. Let's work together to most effectively and efficiently carry our message to those who are still suffering and in desperate need of our A.A solution.

Roger R. Area 35 Chair

Secretary:

Hello Area 35,

It is such an honor and privilege to be able to serve as the incoming Area 35 Secretary. Words cannot express the gratitude that I have for Alcoholics Anonymous. I will do my absolute best to serve Area 35 in the capacity that is needed from me, and continue asking God to guide me in doing so.

I had the privilege of attending the January Workshop in Duluth, which was an amazing experience. I want to thank the districts (3,4,5,7,8,11,12 & 13) that presented at the workshop; I really appreciate all the hard work and effort that was put into the presentations and learned from each and every one that was presented.

I really enjoyed having Bob W. our Former AAWS US/Canada Trustee -At-(Continued on page 5)

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Large as our guest. It was so beneficial learning about what that position entails and how amazing it is to uphold that position. Not only the benefits that we receive for Alcoholics Anonymous as a whole but also for his own individual recovery.

Bob said "to all of you here, we need you, you are all the future and many of you will embark upon different service positions and I would encourage all of you to listen to how your higher power is talking to you. I believe that our higher power wants to do things that we are not comfortable with, I needed to step out of myself and to serve A.A., I would make yourselves available, and do not knock yourself down, I modeled my service after how the way doctor Bob lived, we need more people that can love and tolerate."

Bob was so humble about all of it. Hearing his personal story. Where he started and how he came into the program. With all of the benefits that he has had in service work is a huge reminder of why I love this program so incredibly much, and how important service work is and how I want to make sure that the fire I have for service work never dies.

I have turned in my budget for the year 2018 to Mike F. I looked into two different locations that I would be able to use for printing services. I was able to come up with a frugal plan with the printing business that I have in my town, which she will uphold for the next two years. I have given her the tax ID number already so she will not be charging any tax. She is willing to invoice my printing cost so that I do not have to pay for them out of pocket and just get her a check at a later date, which is nice.

I have already printed the Spring Assembly fliers and had them available at the January Workshop and will make sure to have them available at the ACM in February. I will be attending the West Central Regional Conference in Iowa, and have room arrangements and driving arrangements set up.

I will be speaking at a meeting this upcoming Thursday in St. Cloud, which I look forward too. I want all the districts and A.A. members to know that if I can be of service at all to please contact. I will do my best to help in any way that I can.

I would like all districts to email/mail me their minutes so that I can stay informed. It would be greatly appreciated.

Again, thank you for allowing me to serve Area 35. I look forward to being of service and working with all of you during this next rotation.

Yours in service, Melissa A. Area 35 Secretary

Treasurer:

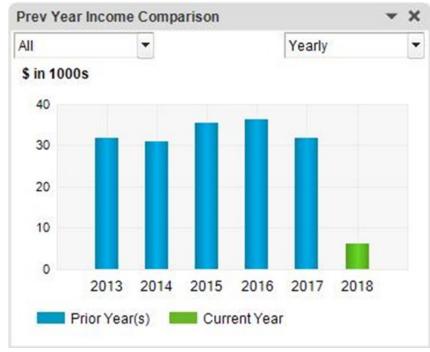
This is my first report as your new Area Treasurer. I am grateful for the opportunity to serve.

I attended the January Service Workshop, where I had my first "learn by doing" experience with the handling of the registration, coffee, and other incoming cash receipts, as well as reimbursing the officers and chairs for their workshop-related expenses. I am learning how to enter deposits and checks into QuickBooks, and I will be working on the financial reports for Period 1 at the end of January. Many thanks to Christine Gerth for all your help.

I have input all income and expenses received as of January 22nd. Written acknowledgment letters to the groups are forthcoming. I apologize for the delay. The letters will inform the groups how their contributions are used by the Area and will hopefully encourage additional Seventh Tradition contributions from the groups. Your group's total contribution for 2017 will be included in the letter, and if you note any discrepancies, please let me know.

I have also been busy working with our Area Chair Roger R.to collect and finalize the 2017 Area budgets that you will see published in this edition of the Northern Light.

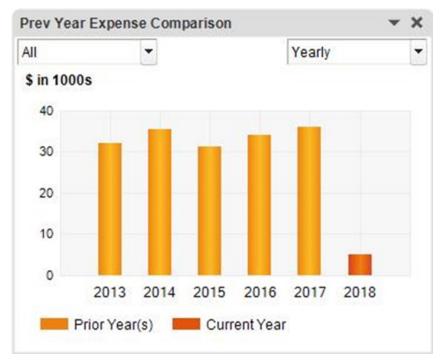
I have not reconciled the month of January 2018, but as of January 22nd, your



Area accounts have a total balance of \$26,172.03. Except for the expenses of our guest speaker, all expenses for the January Service workshop have been paid and reimbursements made. I have also mailed out a registration check of \$1,800.00 to the General Service Board for our Delegate to attend the General Service Conference in April.

In 2017, Area 35 had a total of \$31,653.83 in income. \$24,961.01 was from group contributions and the remainder came from money collected for Grapevine sales, registration, coffee, the 7th tradition baskets at assemblies, and miscellaneous contributions from roundups. Income is down from 2016 by approximately \$4,600. Since 2014 it had been on the increase. Let's strive this year to get that trend on the move in an upward direction again.

Our 2017 total expenses were \$36,066.98 and the amount that was approved at the Spring Assembly for the Financial Responsibility was \$50,097.25. Expenses have been increasing slightly for the past 3 years. We will be approving our 2018 budget at the Spring Assembly.



The Income and Expense Trend chart shows income compared to expenses for each month in 2017:



Please note that the new address for mailing contributions is:

NMAA PO Box 114 Grand Rapids, MN 55744-0114

Thank you for the opportunity to serve Area 35 and Alcoholics Anonymous.

In Service, Mike F. Area 35 Treasurer

> Please remember to include your group service number on all contributions. This will ensure that your contributions get credited to your group.

Archives:

Hello Area 35,

I am excited to be your new Archives Chair! Since this my first report, I'll take the time to introduce myself.

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(Continued from page 5)

First off, I am a member of the Aurora Big Book Group in District 8. I continue to be of service to my home group by chairing and participating in our monthly Business meetings. I have had the privilege to be GSR for that group. I've been involved in District service for around eight years, serving as Archives Chair, Treatment Chair, Alt. DCM and DCM. General Service has been a wonderful experience and a compliment to my 12th Step work.

I would like to thank the Area for extending the invitation to serve as your Archives Chair. We will have some challenges ahead of as we transition into having a new Archivist. I believe together as a committee we will make strides in taking inventory of what we have in our Area Archives and once that is established we will be able to move forward with a plan of how we will continue to catalog and preserve the contents of our Archives. There have already been some ideas floating around as to how our committee can be active; it'll be a matter of taking action and implementing these ideas.

DCM's, I encourage to forward your District minutes to either myself or Steve D., and if your District does not have an Archives or an Archives chair, I strongly encourage you to promote having someone to attend to those duties. In addition, if you do have an Archives Chair, and they haven't been to an Area function, please bring them along so we can meet them.

In ending, I'd like to leave you with a little fun fact...DID YOU KNOW? The 1st A.A prison group formed in San Quentin State Prison in California in 1942, Warren T., and others from the Bay Area along with Leo F. of Los Angeles, and an inmate named Ricardo, were helpful in starting this meeting with the Warden, Clinton T. Duffy.

Yours in Service, Scott M. Area 35 Archives Chair

Archivist:

NO REPORT

Cooperation with the Professional Community:

Good day,

My name is Myron H. and I am an alcoholic. I have been nominated and confirmed as the CPC chair for the 2018/19 rotation. My A.A. home group is in Hallock, Mn.

I recently attended the Area Workshop in Duluth. Saturday was the only day I could attend as our District 2 meeting was Sunday and I want to stay involved there also. Social media and A.A were a frequent subject of discussion. Some feel it will be a big problem for the future of A.A.. Maybe. I do know A.A has been through some trying times before and survived. I enjoyed the presentations and the past trustee's talk.

February's meeting in Aitkin will be our first CPC committee meeting and I look forward to seeing our districts' people. Though I feel intimidated by the responsibilities of my new position, I will try to learn and carry out the duties of CPC chair.

Yours in service, Myron H. Area 35 CPC Chair

Corrections:

Greetings from your area 35 corrections chair.

I attended the 35/36 statewide Joint Corrections meeting on Tuesday, January 9, 2018. It was my first meeting so I'm just learning the ropes on what we do as with the Joint Workshop to help in corrections, I also attended the Workshop in Duluth and it was very informative. Thanks to all the districts to put on presentations! I look forward to serving area 35 at this capacity if you have any concerns about corrections please let me know!

Yours in service, Paul M. Area 35 Corrections Chair

Grapevine:

Hi, I'm Jerry B. & I'm an alcoholic serving as YOUR Grapevine Chair for Area 35.

I recently attended the Area 35 Service Workshop held at the Radisson in Duluth. I had just placed a \$504 order from GSO in order to qualify for the 20% discount, with shipping it came to \$434. At the Area Workshop about \$260 was sold, this Includes Calendars and Pocket planners sold at meetings in Dist. 8. I picked up some requests for various GV literature and plan on placing another order in the near future. If you, your group or Dist. would like to place an order, please let me know at least 2 weeks in advance of Area functions. Next up is the committee meeting in Aitkin February 25th.

My email is grapevine@area35.org.

Yours in service, Jerry B. Area 35 Grapevine Chair

Group Records:

Hello Area35.

I am excited to be your new Area Records Chairperson. I have started to do a small sampling of work for you. I am already behind but in the coming weeks hope to begin to catch up. I have a lot to learn yet but I have a good teacher in the previous Area Records Chair. I am grateful for the opportunity to serve you as your area records chair. Service work has taken my gratitude for A.A. to a new level. I understand for our meeting locator to work properly the records need to be correct. I urge all of area 35 to help in that regard.

Thanks for help.

Yours in service, Carl P. grouprecords@area35.org Area 35 Group Records

Literature:

NO REPORT

Northern Light:

Howdy Ladies and Gents,

With this new rotation, the Northern Light is getting a slight freshening up. The page of twelves was given a face-lift. The Events Calendar was reworked. A new standard feature has been added called "Blast from the Past" presenting articles reprinted from previous Northern Lights. There is an updated banner with a new fresh font, plus some minor tweaks.

Congratulations to all the new Area Officers and Action Committee Chairs. Thank you for getting you're reports to me in a timely manner. The few who did not submit a report get a pass this issue. I found out that because of the nature of the group reminders I sent out some reminders could have landed in the spam folder on some email accounts, being new to the job they didn't think to check.

I attended the Area workshop. All the presentations were well presented and informative. I had a hard time hearing some of the skits sitting in the back with only one MIC being used in the presentation. I enjoyed all the presentations even though a couple left me disconcerted. I brought a three ring binder containing the first seven years of publication of the NL for people to read and will bring them to all future Area events. I have the first issues of the NL from October 1982 through February 1990. If any other pack rats have any old issues since February 1990 that were printed on 8x11 in size, I'd like to borrow them to scan and copy for reprinting then return back to you.

At the Area Workshop, I appealed for people to submit what is in their kit of spiritual tools as stated on page 95 of the BB. When I ask that question to people, they have to think for a minute. What I'm trying to do with your help is to compile a list of ideas, questions, actions and principles etc. that people can reflect on and use to carry in their spiritual kit.

I'm always asking you to write an article for the NL. It's not as hard as you think and is very rewarding. Just pick an experience you want to share, a subject that you want to learn or express an opinion on and start writing. What's nice about writing is that you can fully put your thoughts together. Unlike the mouth is faster than the brain. You can think on what you want to say and rewrite until the message you want to say is the message you want to convey. So come on and give it a try. I'm not good at putting my thought into writing, this report took me five hours to write, edit and rewrite.

Yours in Service Steven L. Area 35 Northern Light Editor

"A large part of my recovery has been in learning how not to listen to myself."

Tucson, Arizona, March 1988 "The Work at Hand," **Emotional Sobriety**

Public Information:

Public Information- I attended the January Workshop in Duluth. The presentation by **District 7**, The Todays Alcoholic: Inclusion not exclusion was presented by using the traditions especially Tradition 3, 5 and 10, along with the Grapevine story. Some history using the Washingtonians on outside issues. Shannon Z. asked a question, we give our numbers to the new comer, how many newcomer numbers do we get and call??

(Continued on page 7)

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District 3 presented a power point on Participation in all of A.A.. Is my triangle balanced. District 3 used the twelve steps, the big book, the twelve spiritual principals found in the Twelve Steps and Twelve Traditions and in the appendix of the big book along with the twelve concepts. A few points to ponder, Service work can be infectious, what other way can we be of service and see something, just do it. Find your talent and share it.

District 11 had the topic A.A. Technology: Where innovation meets the Traditions to present. They shared about breaking anonymity on social media like Facebook. When we post about medallions and recovery, even though medallions are not Alcoholics Anonymous it is implied we are members. A question was asked about why we post, are we carrying the message of hope or are we just shouting from the rooftops? Should A.A. have a Facebook page? What about Twitter or Linkedin? A comment from the floor stated that Area 35 is usually in the minority when it comes to social media. Also asked why is it so important to post our journey- your sobriety, is it just ego?

District 8 presented on Attraction Not Promotion: A.A.'s Relation to the World. They talked about how we present the big book to the newcomer is everything. We know the steps on the wall, do we live them in our lives. Even a homeless person can share hope with the alcoholic. PI/CPC in District 8 had A.A. fact file, anonymity can deflate egos, what is anonymity and why we have it, speaking at non A.A places-keeping our drunk-a-log to a minimum, we are non-professionals. We are present at fair booths, send anonymity letters to newspapers, schedules to, well, everywhere.

I missed **District 13** skit on Group Conscience: The guiding Force. I missed this because I saw something that needed help, I filled in at registration for the afternoon. Sunday presenters were District 5, 4 and 12.

District 5 presented on Reaching and Carrying our Message to Today's Alcoholic- They talked about us dropping the ball, the few doing the work for many. Referring to the Big Book and the Traditions, stating we can't do anything until the physic change and the alcoholic does not have to believe in anything, except hope. Looking outside the big book to find sobriety, the book says we have to follow the program this way, or we may not stay sober. "If you read the steps off the wall, that's just what you'll get, off the wall steps." We are just the same today as in 1935, we get sober the same way.

District 4 presented on Understanding and Honoring our Group Conscience. Using the Preamble, the Twelve Steps, Tradition 5 and the responsibility statement. District 4 started with the primary purpose with alcohol being the number one addiction in the country. Who is in charge? God, is the ultimate authority. Definition of Group Conscience is the collective conscience of the members of group. We do this by practicing mutual trust, respecting others ideas and sharing. Achieving agreement, perhaps 2/3 of members, being of service, taking group inventories, rotation, reading A.A. literature.

District 12 presented on Has Alcoholism Changed: Our Common Welfare and Singleness of Purpose. Providing statistics of people who suffer from alcoholism. Singleness of purpose, how can we be tolerant of those who have more, we guide them to the place that helps, but still helping with alcohol. Some think I don't fit in here, and I am an alcoholic forever.

As always I look forward to the upcoming agenda items, I will be willing to help with the background and Hot Topics, when our Delegate has them ready. I am reading and studying the PI workbook and look forward for a great rotation.

Thank you for allowing me to serve,

Gayle R. Area 35 Public Information Chair

Treatment:

NO REPORT

Webmaster:

As outgoing Area secretary, I completed the minutes for the December ACM and sent them to the Northern Light Editor. I have been updating the Area Actions Booklet and asked Kelly D. to review it. With a few additions, it is ready for the printer and will be distributed at the next ACM on February 25th

Rodney S., outgoing webmaster, and I have spent a lot of time together as I learn about my new service position as webmaster. We had some issues with the online calendar, as many of you know, and I want to thank you for your patience as we tried to find a solution to the problem. Ultimately, I called Bob B. and he was able to help me over the phone to correct the problem. The calendar looks little different than it did in the past but all of information is still there. Thanks also to both Bob and Rodney for helping me to learn about my new position.

A new version of the Northern Light, which has correct the date for the next of Area Committee Meeting, was placed on the website.

Aside from placing things on the calendar and website, I answered an email regarding how to use the link to aameetinglocator. I complete the 2018 Webmaster budget, then submitted it out to the Area Treasure and Chair.

Thanks for allowing me to be of service. Rillis E. Area 35 Webmaster

BLAST FROM the PAST

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In this edition from Blast From the Past is an article from the first issue of the Northern Light printed October of 1982. This was also a reprint from an Intergroup Newsletter in St. Paul.

Recently, an A.A. friend of mine was telling another local member about the role service work has played in his recovery. He was shocked when she said, "People have told me about you and service work. I don't think it's at all important. They say you're out to save the world and you're so busy helping other people, there's no time left for yourself."

My friend protested that helping others was helping himself, and she replied, "Don't you know it's a selfish program and you have to take care of yourself first? You people are really fanatics."

Five years ago, I could easily have said everything that woman told my friend about working a "selfish program". When I left treatment and entered A.A that was my approach exactly. I want to be very clear on this point: Treatment never showed me anything that could hurt my A.A. program; treatment saved my life. But somewhere between the treatment center and A.A, some information slipped through the cracks and was lost for a while.

Most people -- especially other young people -- I met in A.A. seemed to ask the same question first: "Where did you go to treatment?" I found a couple of groups that felt comfortable for me, because they used familiar sayings like "Do what you think you need for you today" and "How do you feel about how you feel?" These A.A. groups called themselves feelings groups, social groups, growth groups, support groups, or loving-confrontation groups. Our Twelfth Step effort was usually accomplished as the newcomer stepped out of detox. And when anyone relapsed, we almost invariably took that person back to treatment.

For the rough times, we rarely suggested sponsors, the Twelve Steps, service work, or even attending more meetings; we usually sought out another form of therapy, since A.A. obviously wasn't working too well for us. We worked with the tools we knew, and that program usually wasn't exactly traditional A.A..

Now, that style of involvement is not taught by A.A. literature, and that's my point. Many newcomers in our area, regardless of age, aren't being given A.A eye-to-eye from an older member. Most people in my area first get the message of A.A. the way I got it, from somebody paid to give it to them. I might have been told -- but I quickly forgot -- that the spiritual life is not a theory; it has to he lived. And I am not the only one.

I had a slip at fourteen months. I returned, not to treatment, but to ninety meetings in ninety days and my first International Conference of Young People in A.A.. It was then and only then, that I found the beginnings of a spiritual pro-gram, in place of my "selfish" one.

That new road has made all the difference. You see, to me and to dozens, maybe hundreds, like me, Alcoholics Anonymous had sounded like just another institution, serviced and maintained by those "other folks" who worked an "old- fashioned" program. I rarely talked to them, because they didn't seem to like my therapeutic approach to recovery, and they rarely talked to me, because I showed no desire to hear quotations from the Big Book or suggestions that I get more involved.

"This we owe to A.A.'s future: to place our common welfare first; to keep our Fellowship united," says our Unity Declaration.

The program I practice today relies heavily on unity. I once assumed Alcoholics Anonymous would always be there, no matter what I did. I assumed "somebody" was taking care of it, so I could go about working my "own program". I had no idea that the Twelve Traditions and the Three Legacies applied to me. I was really the only fellow in my "fellowship". Today, I know the basic text is titled Alcoholics Anonymous, not Alcoholic Anonymous. And today, I am not alone.

I do want the hand of A.A. to be there for every newcomer, but I'm not out to save the world. I'm just trying to be sober, the best way I know how, one day at a time. I hope to see many of you at young people's conferences, and if all this makes me a fanatic, let's just say I'm a very grateful fanatic.

Eric C.

Reprint of Article From St. Paul Intergroup Newsletter

"Don't wait till you're depressed to practice gratitude."

New Canaan, Conn., September 1979 "Gratitude" Voices of Long-Term Sobriety

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Lead us Through their Example

Re: What is in your spiritual tool kit?

Dear Steve:

Thank you for your service as our Northern Light Editor. Your constant request for articles and excitement for our fellowship is contagious.

At the start of my early journey in recovery and throughout my years in A.A. Spirituality has been in my life even though I may not have been aware of my Higher Power's Spirit.

One of my earliest lessons was being around and watching our A.A. elders caring A.A. message of hope. Each of these elders through the living grace of God, uniquely touched me and many of new members by their communication of identification. This gift got me through the doorway and into our fellowship. My lesson was and still is, our founding fathers lead us through their example rather than mandate.

Continuing to cultivate my spiritual program is part of my daily prayer and meditation life.

Fast forward to a month ago, I was asked to serve as DCM for District 3. Is God playing a prank? Over the many years I've been in A.A. I've served in many service level capacities. I felt like I had every reason to turn down this request. What hit me like a ton of bricks, was my view of the way I was thinking about A.A.'s belief of "Rotation".

Is rotation preventing me from serving as DCM. The answer is I need to continue to serve to grow spiritually.

God Bless You, Kevin K. Dist. 3

A.A Tomorrow

C learly our first duty to A.A's future is to maintain in full strength what we now have. Only the most vigilant caretaking can assure this. Never should we be lulled into complacent self-satisfaction by the wide acclaim and success that is everywhere ours. This is the subtle temptation which could stagnate us today, perchance disintegrate us tomorrow. We have always rallied to meet and transcend failure and crisis. Problems have been our stimulants. How well, though, shall we be able to meet the problems of success?

Bill W.

Young People and A.A.

My drinking got me kicked out of school; it got me into trouble with the law; I was put on probation; I was court ordered to counseling and I was fighting constantly with my parents. I hated what I was doing to them and I loathed what I was doing to myself, but I didn't know how to stop. I finally got honest with my probation officer one day and she suggested I go to a Young Peoples A.A. meeting.

I walked into my first A.A. meeting when I was fifteen years old. I was terrified. Everyone in there was so old - they had to be in their twenties or thirties at least! They offered me some coffee, invited me into the room and then let me be. Nobody got in my face. No one played twenty questions with me. No one confronted me. They just let me listen. When it came time to introduce ourselves I said, "Pass".

A couple of people smiled, but no one said I had to give my name or say I was an alcoholic. I wasn't ready for that and they could sense it.

After the meeting, they invited me out for coffee. I said I didn't have enough money for coffee and they said it was OK. After coffee they gave me their telephone numbers and told me if I needed to talk, if I wanted to drink, if I needed a ride to a meeting, I could call them 24/7 and they would be there. That was my first introduction to A.A.

I went to meetings for two more weeks, but then I relapsed. There was a fatal flaw in my program. I was on the 1-1-1 plan. I was going to go to one meeting, once a week, for one hour.

I came back to the Young Peoples meeting and told them I slipped. They said what was most important was that I was there and to keep coming back until the miracle happened. Again, no one shamed me or blamed me – they just loved and accepted me into sobriety.

Unfortunately, I discovered I had another fatal flaw in my A.A. program - I wasn't willing to give-up the faces and the places. I thought I could hangout with my old friends, go to the old parties and not drink. That lasted for two-weeks and then I slipped again. I thought I had hit bottom, but then I

found out that bottom had a basement.

In this new bottom I finally took the First Step. I fell to my knees with tears streaming down my face, I looked to the heavens and said, "God please help me, because I can't do this anymore".

Like a fever breaking, I felt the obsession and craving for alcohol dissipate and I haven't had a drink since.

This time I went back into the rooms of A.A. with renewed vigor. I was willing to follow directions. I put aside my half measures. Members in my home-group suggested I get a sponsor and so I did. I asked my sponsor how many meetings I should go to a week and he replied, "How many days a week did you party?" I told him every day and he said, "Well, there's your answer, Sherlock". So, for my first 365 days of sobriety I went to 365 meetings.

I got involved with service-work by signing up for meetings. I volunteered to make coffee; to be a meeter-greeter; and to go on 12th Step calls. I got in the middle of A.A. because my sponsor told me it was the safest place to be. He said if you're on the merry-go-round and you don't want to fall off – get (Continued on page 20)

A man and his wife were awakened at 3:00 am by a loud pounding on the door. The man gets up and goes to the door where a drunken stranger, standing in the pouring rain, is asking for a push.

"Not a chance," says the husband, "it is 3:00 in the morning!" He slams the door and returns to bed.

"Who was that?" asked his wife.

"Just some drunk guy asking for a push," he answers.

"Did you help him?" she asks.

"No, I did not, it is 3:00 in the morning and it is pouring rain out there!"

"Well, you have a short memory," says his wife. "Can't you remember about three months ago when we broke down, and those two guys helped us? I think you should help him, and you should be ashamed of yourself! God loves drunk people too."

The man does as he is told, gets dressed, and goes out into the pounding rain.

He calls out into the dark, "Hello, are you still there?"

"Yes," comes back the answer.

"Do you still need a push?" calls out the husband.

"Yes, please!" comes the reply from the dark.

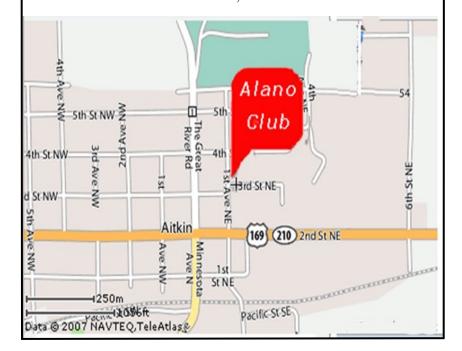
"Where are you?" asks the husband.

"Over here on the swing set," replied the drunk.

AREA 35 COMMITTEE MEETINGS

Where is the Aitkin Alano Club?

Area 35 holds committee meetings in February, June, August and December at the Aitkin Alano Club
322 1st Ave. N.E.
Aitkin, MN.



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AREA 35 MEETING MINUTES

Area 35 Committee Meeting Minutes Aitkin, MN December 3, 2017

Call to Order: Jim S. Called meeting to order and opened with the Serenity Prayer.

Recognition of Past Area 35 Delegates in Attendance: Bruce B., Panel 44; Susie A., Panel 48; Tom A., Panel 50; John C., Panel 60; Jim K., Panel 62.

Additions to the Agenda: None

Approval of the August Area Minutes: Motion made and seconded to approve minutes. Minutes were approved.

OFFICER REPORTS

DELEGATE-Kelly D. Greetings Area 35.

It is hard to believe that this will be my very last report as your Delegate; the last two years have really flown by. Since my last report at the Fall Assembly, I attended the workshop in my home District 5 that was hosted by the Monday Night Big Lake Big Book Meeting on October 14th. The three presenters Melissa A. DCM District 15, Christine G. Area 35 Treasurer and Tim C. past Delegate did a fine job. The fellowship, food along with some good laughter made it a fun workshop to be part of. Special thanks to everyone that made it possible. I did not attend our last Zonal Forum in Duluth on October 21st. After some prayer and support from others, I made the decision to spend the day at the hospital with a sponsee that was having a serious surgery along with her family. I felt it was the best decision and knew my fellow Officers could fill in and do my presentation without me. I hear they did a fine job and I thank them for that.

On November 18th, I attended our Area 35/36 Joint Workshop in St. Cloud. It was better attended then the following year and as always, there was a world of information discussed and passed on between the Areas. We also discussed if it was something we wanted to continue to do and if we had a better time of the year to have it. The minutes from that meeting will be in our Northern Light for you to review, your feedback is always welcomed.

On November 26th, we 8 Delegates along with the 4 incoming Delegates from the West Central Region had our quarterly phone conference with Tom A. our Trustee. We congratulated and welcomed the 4 incoming Delegates and had a wonderful "sound off" for us 4 rotating out from Tom. This quarterly meeting has proven to be a great way to discuss information, issues, concerns and questions in Alcoholics Anonymous and to keep communication open within our region so that we can pass that information on to our Areas. I will truly miss being a part of this meeting and the Delegates I served with. A special thank you to Tom for his leadership and direction as our Trustee.

As I mentioned in my earlier report I will be attending our Area 35 Service Workshop in Duluth January 13-14, 2018, I have been asked by Roger to do the DCM Orientation there. Speaking of DCM's we currently have 6 Districts that do not have an incoming one as of today. It saddens me when I received this information. My prayer is that those positions are filled by the start of the new rotation. What can we do as an Area to see that it happens? We also have 4 Districts that the current DCM's will be serving again in the next rotation. With the 2018 Agenda Items coming out from GSO February 15th, I have a document on the back table that explains the process we use in the Area. That information is also in our Northern Light. As always, there are concerns around not having enough time to discuss them with our groups before our Spring Assembly and again this is due to the January GSO board meeting. DCM's please forward this information (flier) on to your GSR's and the Agenda Items as soon as you receive the email from Christine our incoming Delegate that they are posted on our Area 35 website. Also, please let her know if your District would like a CD or a hard copy of them as soon as possible so she can distribute them at the next Aitkin Committee Meeting on Sunday, February 25th.

I would again like to congratulate our new slate of Officers for the 2018-2019 rotation and their commitment to serve, Christine, Jim, Roger, Mike and Melissa along with our incoming Committee Chairs which Roger will announce later this afternoon. The Area will be in good hands. All outgoing servants please remember to help the incoming in their positions when asked and where needed.

Last, I would like to say that words could not express the gratitude that fills my heart today for all of you and our program of Alcoholics Anonymous, thank you for the opportunity I was given to serve. It truly has been a spiritual experience that I will forever hold near and dear to my heart. Please feel free to contact me in the future if I can be of assistance or help in any way. God's blessings and Happy Holidays to you all.

In love and service, Kelly D.

ALTERNATE DELEGATE-Roger R. Greetings Area 35!

One of my responsibilities, as your Alternate Delegate has been to set up the next Area 35 Service Workshop. The 42nd annual Area 35 Service Workshop will be held from January 13-14, 2018, at the Radisson Duluth Harborview, in Duluth MN. Please pick up the flyer and workshop agenda on the back table. Please note the cut-off for reserving your room under our block is December 11. Please share this information with your District officers and Chairs who will be serving in the next rotation. Bob W. who recently rotated out of his board position as Trustee-At-Large will be our guest presenter and speaker at the workshop. He will be sharing how he traveled around the globe to carry our message in his presentation at the workshop.

On October 21st, we held our final Area 35 Zonal Forum for this rotation in Duluth. On October 25th, I conducted a group inventory for the Primary Purpose Group in Waukon MN. On October 27th-8th, I had the opportunity to Chair a successful St. Cloud Roundup that close to 400 attended. On October 29th, I shared my experience, strength and hope story at the Grapevine Group Meeting in St. Cloud MN.

I have also been busy, as your incoming Area 35 Chair, talking with many Area 35 officers, chairs and past delegates to identify trusted servants who are willing to serve as action/invited chairs for the next rotation. I would like to thank all who assisted me in this process.

I am looking forward to working with Districts and our Area Committee to carry our message to the still suffering alcoholic in 2018-19.

I'm also most grateful for the opportunity Area 35 has given me to serve as your Alternate Delegate for the past two years.

In loving service, Roger R.

AREA CHAIR-Jim S. Good Morning Everyone,

I want to remind you that the Spring Assembly will be at the Holiday Inn in Alexandria, April 7-8, 2018. Fliers are out and is posted on the website.

For everyone who is coming up on the new rotation, budgets are due by the Jan workshop in order to fulfill the requirements of the Area Actions booklet that budgets be out to the fellowship 60 days prior to the voting assembly.

I will have a location set in place for the Fall Assembly before leaving my position at the end of this rotation.

While I have not started as Alt Delegate, I would like to mention to Zones 1 and 3 that you have the opportunity to have a Zonal Forum during 2018. If you were interested in having one, it would be a good idea to start thinking about it for the incoming DCM's.

I will have the evaluations for the Fall Assembly and the Joint Workshop completed before the end of the rotation.

Please remember that the Annual Service Workshop has a \$10 registration fee which will be in Duluth this coming January.

I would like to thank you all for this opportunity to serve as your chair.

In Service Jim S.

SECRATARY-Rillis E. Good afternoon,

Congratulations to our newly elected officers, delegate, alternate delegate, and committee chairs. I wish all of you in your new service positions.

I completed the minutes from the fall assembly despite encountering internet issues at my home. I inserted the wrong version of Myron's DCM report into the minutes. The mistake was noticed after the Northern Light was printed but the online copy was corrected. If you find other mistakes, please let me know so corrective measures can be taken. Maybe this is why we operated on a two-year rotation and not longer.

I attended and presented at the zonal forum in Duluth last month. I attended the Joint Area35/36 Workshop. I would encourage everyone in this room to attend next year. This is a time for both areas to get together and share what is working as well as what is not working in each of our areas in our work to reach the still suffering alcoholic.

I made a flyer for the January Workshop, which will be in Duluth at the Radisson the weekend of January 13^{th} and 14^{th} .

Please send your reports to me by January 1st. Myron, I will make sure your correct report in the minutes this time.

I cannot believe how fast these past two years have gone and am grateful to (Continued on page 10)

Responsibility Statement

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(Continued from page 9)

have had this opportunity to grow spiritually. Thank you for allowing me to

Yours in Service, Rillis

TREASURER-Christine G. Greetings Area 35,

It is hard to believe that this is my last report that I will be giving you as your Area Treasurer. I would like to thank you all for allowing me to serve. It has been such an honor and privilege. I would like to welcome Mike F. as your incoming Treasurer; he will do a fantastic job handling your area finances. He has set up a new P.O. Box in Grand Rapids for you to mail your contributions to which is:

NMAA, P.O. Box 114, Grand Rapids, MN 55744

I have closed the Becker PO box as the lease was up November 30th. All mail has been forwarded to the new box and Mike and I will be working together to make sure that your contributions will continue to be deposited. Any contributions that are mailed out this month to the old address, will take a little time to be rerouted.

I will be working with Mike to make the transition as smooth as possible and will be handing over majority of the material to him today. I will keep the computer as I do have some final financials to create for period 7.

I finally received our Tax Exemption Certificate for the State of Minnesota. That took some time to have that information processed and verified.

I rolled the NL and GV checking accounts into the Area checking for easier reporting. These accounts were not actual bank accounts. That is why you no longer see them on the balance sheet.

P-6 Balance Sheet – your ending balance for November is \$25,703.46

P-6 Income, Expense and Contribution Statement –

- Income of \$5,730.56 for period 6 / \$29,583.44 YTD
- Expenses of \$5,069.95 for period 6 / \$33,284.22 YTD
- For period 6 our income exceeded our expenses by \$651.61 / YTD our expenses have exceeded our income by \$3,700.78.
- YTD we have operated about 10K under budget

Thank you to all the groups that have contributed to the area. We appreciate your financial support to make sure the hand of is available to all who need it. I would also like to encourage all individuals to reflect on what you are putting in the basket. Let's start making the \$5 bill the new \$1.

Contributions to GSO are continuing to increase and is looking positive. A.A could be self-supporting for 2017 without the use of literature sales.

Lastly, congratulations to all the newly elected officers and incoming committee members. I am humbled and honored to be able to serve you in the next rotation as your Area 35 Panel 68 Delegate. I will do my best to carry the message of Area 35 and to serve wherever I am asked.

I have been talking and meeting with Kelly regarding the Delegate position. We will continue to have conversation as I transition in to the position.

Thank you for allowing me to serve Area 35.

In Service, Christine G.

COMMITTEE CHAIR & DCM REPORTS

CPC- Jim T. Not present.

District 1- Leslie H. Not present.

District 21- Jeff L. Not present.

WEBMASTER-Rodney S. Greetings Area 35,

Our little closet in the back was full this morning as we had 7 in attendance for our committee meeting: Northern Light Editor, Steve L., Group Records Chair, Bob B., incoming Group Records Chair, Carl P., DCM for District 6, Renell P., DCM for District 11, Cindy K., incoming Webmaster Rillis E., and myself as Webmaster.

Some topics discussed. How much more could be done with the web, such as adding tools related to Public Information; Corrections, and Cooperation with the Professional Community; if there was interest. How our committee is somewhat different from other action committees as we are more involved with physical actions that reach all of Minnesota. The best way to update new group information; and reports and flyers for the *Northern Light* and the web.

I have been trying to keep things simple in turning over the position to the new webmaster. If that process proceeds as planned, we both live in Duluth, so that should further simplify the transfer.

Though I was about an hour late, I did attend the Area 35/36 Joint Workshop and felt there was more of an overall cooperative spirit than I have felt in the past. Within the web, newsletter, and group records committees, there were

energetic and positive discussions concerning both newsletters, and for aameetinglocator, the updating of the database that supports it, and both Area's responsibility to keep it as current as possible.

Congratulations to all new Area Officers and committee chairs, and new DCM's.

Thank you all for your patience and support these past 2 years, and for the opportunity to grow, along *with* you, in service of this wonderful fellowship.

Thank you for this opportunity to learn and be of service, Rodney S.

LITERATURE-Skip D. Good day all,

We had ten people this morning. Districts 3, 6, 7, 8, 9, and 16 were represented.

District 9 has been ordering literature as he needs, using Area 35 for orders. He has been nominated for DCM in the next rotation for District 9. Thank you for It is hard to believe that two years have come and gone. I would like to thank all of you for your time, support, and the opportunity to serve Area 35. I have been able to learn a lot about what A.A has to offer in the way of literature, and a way to distribute it in Area 35.

Now for the Committee report,

We had eleven people in attendance this morning, Districts 3,6,7,8,9,10,and 16 were represented.

It seems a lot of the people on the Lit/GV committee are staying in service on some level.

Dist.7 passed around a list of his inventory, as a sample of what an upcoming chair could do. Dist. 3 still attending round robins with literature, making it available to all who attend. Dist. 8 has some inventory for the incoming chair. Dist. 6 lots of inventory that is stored at the Alano. Hopeful for an incoming chair. Dist.9. thinks a larger stock of literature would be helpful to the district, there has been an increase in the morning meeting's, holding workshops on GAP, GV, and Traditions.

I did attend the joint workshop in St. Cloud, It was nice to meet and see our counter parts from southern Minnesota. There was some questions on Grapevine, but there was no GV chair from Area 35 or Area 36 to answer the questions.

Thank you ALL for allowing me to serve in Area35,

Skip D.

District 11- Cindy S.-K. Not present.

District 7- Carl P., Alternate DCM for Liz L.

Greeting from District 7.

Greeting from District 7. We held District elections these last two months. We have filled our Web, Treasurer, Treatment, Corrections, Literature and Grapevine. We need more people willing to be of service and fill our remaining positions. The spirit of rotation only works when people new to service step forward to try it.

We are having a GSR School for new GSRs at our December Meeting time. There will be a Pot Luck at 6pm with the GSR School at 7pm. A short business meeting will follow at around 8pm. It will be a great opportunity to learn what being a GSR entails and where to find useful information for your group.

Further service work is also available by staffing a shift per week on District 7's help line. If you are interested in being of service let someone know from the District. Come join us at 415 Juniper Street, Brainerd, MN on December 21st.

Yours in Service, Carl P. Alternate-DCM

NORTHERN LIGHT-Steve L. Good Morning Ladies and Gentlemen

I'm Steve L.your NL editor and an alcoholic.

At our meeting, we had the new group records and WEB master to pass our experience with and give them one last chance to bail. We talked about adding the FOC chair and Audio tech to the Web list of committee chairs to add an email address and job description.

It has been interesting since the fall assembly with special finds and unexpected delays. First, I apologize for you receiving this issue of the NL late. I had two unforeseen delays so it did not get the issue to Cold Spring printing until Nov 20th and Mike said he would try to get it sent out by the 28th. Part of the delay in that time line was Thanksgiving along with bulk mail moves down the priority list during the holiday mail season. There is also a discrepancy between the printed and online version of the NL. After the NL was sent to the printer two errors were noticed with the posted online version. They were dates in the Agenda Item process, the other a wrong report from District 2. Both have been corrected and reposted on our WEB site.

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I attended the joint Area35/36 workshop in St. Cloud. Our table shared and played together great.

I was moving a file cabinet and in one of the drawers, I found a folder with the first year of the NL along with other early issues. I'm looking at adding a blast from the past column starting with the first issue next year.

I am going to need all the new DCM's names, addresses, phone numbers and email address before the Area workshop in January. I am looking forward to working with a new crew.

This has been a great panel to work with. Thanks for allowing me to serve. The next deadline is Jan 22nd the workshop is the 13&14 that gives people only a week to put their reports together. All you out going DCMs, chairs and officers know what would make a great article for the NL? Your experience in serving.

Yours in Service Steven L.

GROUP RECORDS-Bob B.

The group records secretary can now login to the FNV database from any computer. This makes it a lot easier to update the FNV database.

- GSO has asked us not to do updates to positions that start on 1 January until January. To ensure that we do not miss any updates please submit these updates after the first of the year.
- Thank you for allowing me to serve.

aaMeetingLocator/aaMinnesota:

- aaMinnesota.org has found a home with Group Records. It is no longer split between Webmaster and Group Records.
- Back by popular demand are aaMinnesota.org business cards. Please help yourself.
- We are getting 10 to 12 e-mails per week. They are being set to both area35 and area36. Area36 is taking care of their e-mail. This saves double handling the e-mail and reduces area35s work.
- E-mail examples:
 - Was visiting my father near Mora so I decided to go to the Thursday woman's group in Mora Minnesota at 7 pm. There was no meeting at the church on Wood Street. Must have closed and no one notified you. I am eating at DQ waiting to drive to Ogilvie for the 8 pm meeting. Please check on this and correct this.
 - I use your website on a daily basis for our patient's here at Keystone, and am really struggling with the new website. When I try to print meetings for the patient's, only the ones with the white highlight bar will print. I also miss the radius part of the meetings option. Therefore, if I have someone from Pipestone, I could put A.A meetings within a 30-mile radius for them as well. Thank you for having a link for patients to find meetings, I just cannot seem to get it to work as it once

 did. Blessings
 - Why are most of the meetings closed to new people? I live in Black-hoof and looking for support. Please let me know about meetings for everyone.

Area 35 Equipment:

I have been supporting area35's computer equipment. I recently ordered Norton antivirus license for 5 computers from teshsoup.org. \$12.00. We need a position to take this account over and help with the computer equipment.

Bob B. grouprecords@area35.org

District 14-Paul E. Not present.

District 6-Renell P. Greetings from District 6 nestled in the SE corner of Area 35.

God helped me get here and he has helped me in my efforts to be of service to this area, my district and all the members of my A.A groups. I am grateful for all the people I have met at the area events and the opportunity to work together. Dist. 6 held elections in Oct. and Nov. Most positions are filled with the DCM position filled just today.

May God's grace move and guide the hearts of our upcoming Officers and Committee Chairs. Our new DCM is Sharna J. She will do a great job, because her heart is in the right place. Thank you.

Yours in Service, Renell P.

TREATMENT-Gayle R. Treatment reports given during our committee meeting today present were Districts, 4,7,8,9,12,14,15, and 16 represented. I asked the committee to add in their reports what their district accomplished this rotation.

District 14 reported he was incoming Treatment chair and wasn't sure what was accomplished. District 14 is planning to contact the two treatment facilities. They also help with District corrections with taking in a meeting to the women at the Koochiching County Jail and trying to get a men's jail meeting going.

District 4 previously did not have a treatment chair, so during this rotation District 4 has established contact with all of the treatment centers. They currently take in meetings the 1st and 3rd Friday, started the Bridging the Gap program. Challenges that District 4 has faced was getting volunteers. District 4 also has an 11th step workshop in progress.

District 7 has a new treatment chair so learning responsibilities like how to contact the four treatment centers in the district.

District 12 is working with treatment committee at monthly meeting, also working more with Duluth Intergroup. Currently CADC is only allowing 1 person to bring in a meeting, District 12 is working on getting more volunteers authorized to go in. There is a twice-monthly educational meeting in Duluth. The Saturday meeting at Bethel continues to have 80-100 in attendance.

District 16 takes in a monthly meeting at Lakeview, offering different approaches for speaking, sponsor, and rides. District 16 is looking into talking to The Wellness Treatment center about bringing A.A to them. They need more volunteers to help bringing the message to treatment centers, making a plan for the next rotation.

District 15 has 5 groups volunteering to carry in the message to Passages in St. Cloud. They bring in speakers to Sobriety First and Serenity Path with hope that a monthly speaker at Eagle's Healing Nest in Sauk Centre is in the near future. Working on getting the Bridging the Gap program in place. District 15 has 4 volunteers from district 15 the rest are from neighboring districts, to help with that would like to see a service workshop on the steps.

District 8 Range Treatment Center went from 4 meetings to 2 speakers a month. They have fulfilled those commitments so far. District 8 is working with a new staff (again) at Range. Helping youth at Northland Learning Center by speaking and questions and answers. They are keeping contact with the outpatient assistance with meetings. Getting treatment information to the next rotation. District 9 has volunteers for the rest of the year. Making contacts for volunteering.

As a group we discussed what the Bridging the Gap program was and how the best way to make contact with a facility as listed in the Treatment Workbook.

I attended the Area 35/ Area 36 joint workshop one of the differences in the treatment committee was Area 35 asks the districts to get temporary contact list of volunteers to be available when someone is released to their districts. Area 36 keeps a list of over 2000 temporary contact volunteers in a database.

Thank you for allowing me to serve as your Treatment Committee Chair-Gayle R.

District 18-BR B.. Hello, this is BR B., DCM for District 18. District 18 holds its meetings the first Tuesday of the month at 6:30PM. The Staples annual Gratitude Meeting held on November 16 was a success.

Upcoming events are as follows:

- District 18 Sponsorship Workshop, December 9, 2017 in Clarisa at 2:00 PM
- Eagle Bend Christmas party with Santa (round robin and potluck), December 10, 2017 in Eagle Bend at 5:00 PM
- Little Falls Courage to Change Annual Round Robin-February 3, 2018 in Little Falls at 5:00 PM
- 2nd Annual Drunks on Ice Fishing Extravaganza-February 17, 2018 in Parkers Prairie at noon. Potluck at 5:00 PM so please bring a dish to

Thank you for this opportunity to serve. Respectfully,

District 12-Steve E. Good morning Area 35.

Grateful to be here with all of you. We hold our district meetings the third Thursday of each month at rotating locations. Thank you to Roger, Jim, Rillis and Christine for sharing with us at the Zonal Forum last month at the Duluth Alano Club. We have held our elections for the new rotation and are still in need of an alternate DCM. In addition, PI/CPC position is open and our newly elected DCM, Rich G., has been and will be searching for folks to fill those positions.

Treatment Committee is doing well in facilitating meetings at treatment centers and holding treatment committee meetings to discuss what we can do better. Thank you to District 8 for sharing in the responsibility of bringing meetings to NERCC Sunday evenings. District 12 missed a few of these meetings and we will make sure we deal with this immediately. We do not want to lose that meeting.

Our new DCM for the next rotation is Rich G.. Thank you, Rich. I have had the blessing of being elected as District 12 treasurer for the next rotation. Thank you for allowing me to serve as DCM for the last 2 years.

Yours in service, Steve E., DCM, District 12

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ARCHIVIST-Brad I. This is my last report as an Area 35 committee member. 25 years of Assembly's, committee meetings, workshops, 21 total years of Area service, 20 years of the P.A. and 10 ½ years as Archivist.

I had the display at the St. Cloud Round Up in October. Due to the room reduction I didn't bring everything with and didn't have enough space to set up everything that I had brought. This is becoming very common. I also picked up some of my seats for my van and they are back in it for the first time since I bought it.

I am working on moving everything Archives associated from my 3 computers to a jump drive. One is done already. This laptop will be quick. My desktop will take a bit longer. I am waiting to hear from the incoming Archivist as to when he wants to move the repository. I do hope the landlord can afford the loss of the 100 dollars a month.

All of you incoming chairs and DCM's please make sure the incoming Archivist gets copies of all of your minutes and events and everyone please be kind to my successors the learning curve is going to be steep. The incoming recorder didn't spend a ton of his younger years crawling around underneath a plywood stage with a flashlight in his mouth pulling speaker and microphone cable while drunk.

I told the incoming Archives Chair to make a list of questions and to call me anytime. I am not going to disappear but I am moving on to new facet in life. Not to go into details but I am happier then I have ever been.

Thanks to all of you here, the people in your district and to several people that have crossed over to the Big Meeting.

Brad I.

ARCHIVES-Steve D. Report not received

District 8-Scott M. Greetings, as this rotation comes to an end, I just want to say its been a pleasure to serve my district and to serve with all of you. I would like to thank incoming Area Chair, Roger, for asking me to serve as Archives Chair. The experience I gained serving on the Archives Committee should come in handy and I look forward to the next two years and learning more about our Archives.

I was able to attend to joint workshop last month. It was nice to have participation from Area 36 this year on our Committee. I especially liked the fact they brought up about having an "Archives Workday". This is something to look forward to in our Area.

Happy to report District 8 in solvent financially and all positons for the next rotation are filled.

Best wishes to all the new incoming GSRs, DCMs, Officers, and Chairs. Have a Happy Holiday Season.

Yours in Service, Scott M.

District 4-Greg C. Not Present

CORRECTIONS-Melissa A. Report not received

District 2-Myron H. Good Afternoon, my name is Myron H. and I am an alcoholic.

My last report indicated our September district elections produced no members willing to stand for an officer position. Since then I have travelled 1072 miles, visiting our groups, to encourage involvement in district meetings.

Today, I am travelling 544 miles to tell you no one new has stepped up to fill an officer position. I will keep trying. Though our district is financially sound, involvement is poor. If anyone from District 2 is reading this, please consider attending our January meeting in Middle River, on the 14th, at 2 pm.

Several days ago, I received a call from Roger R., and my first inclination was to not answer! However, since I am trying to live a more responsible life these days... I answered. As a result, I will be serving as chair for the CPC committee in the upcoming rotation. Even though I wonder if I can do the job, I want to help A.A if I can. A.A has certainly helped me a lot.

Yours in service, Myron H.

District 13-Sean S. Report not received

District 15-Melissa A. I apologize for not being able to make the last ACM meeting; I had a family emergency that prevented me from being able to attend. Thank you to everyone who sent kind words and prayers they are greatly appreciated.

This past rotation has been such an amazing and humbling experience for me. Words will never be able to describe how blessed and thankful I am for the program of Alcoholics Anonymous. I want to thank every person who has

served for A.A. within Area 35, without you we would not have such an amazing area and the still suffering alcoholic would continue to suffer. A big thank you to our delegate Kelly for being such a great voice for Area 35 and to all of those who have served this past rotation for Panel 67 you all did such an amazing job.

We have our district meeting the first Monday of every month located at the Albany Senior Center at 7pm. We discussed the fall assembly, area and GSO contributions, updated group records, discussed the Area 35/36 joint workshop, starting the process of updating our meeting cards, getting things set up for the Stearns County Roundup, the corrections correspondence program and the GSC final report. Our new DCM Matt Berg is going to do an amazing job at serving Alcoholics Anonymous. Most of the chair positions are filled for the next rotation: DCM, Secretary, Treasurer, Treatment, Literature/ Grapevine, Corrections have all been filled. We do have an individual who is interested in becoming the PI/CPC chair. We do not have any alternates for these positions at this time.

I look forward to becoming the Area 35 Secretary this next rotation. It is truly unbelievable that I was nominated for this position. I will do my absolute best to fulfill this position and the responsibilities it takes to serve Area 35.

Thank you all again for all of your hard work and dedication to the program of Alcoholics Anonymous, I have learned so much from each and every one of you.

Thank you for allowing me to serve, Melissa A.

PI-Mark N. There were 7 people present representing Districts 8, 5, 2, 7 and 13. We spoke about the Public Information chair position along with what we have been working on during this past rotation.

Public Information can put on informational luncheons and presentations in front of large and small groups.

We can get involved in association annual meetings state and nationally by purchasing a space for a table and displays. We can put on presentations and workshops for the fellowship.

We are involved with the media, newspapers, radio, television etc. We print meeting schedules and maintain literature displays. Watch for anonymity breaks at the level of press radio and film. We do state and county fairs. Start and maintain beginners meetings. Public Information is doing the twelfth step through the third person.

If you are a new Public Information chair in your district, thank you for your willingness to step up and do the service work of Alcoholics Anonymous. Get a public information workbook. Pick one or two things to work on and start small, form a committee and get other people involved, its fulfilling work and good life experience. If you have any questions or need a hand with something give me a call; I am at your service.

Thank you for allowing me to be of service to A.A. Mark N.

District 9-Kathy R. Thank you to my higher power for allowing me to serve as DCM. Our rotation process has begun. New chairs and executive are meeting with existing ones. They are sharing processes and notes. Our last meeting of the year will be held on December 17th at 6:00 PM.

Personally, I have enjoyed most of my DCM time. It has been challenging. It certainly is different than running a business-after all we are volunteers.

Thank you Brad for your service.

Thank you for the opportunity to serve. Kathy R.

District 5-Jon S. Not present

GRAPEVINE-Paul M. Greetings.

We had 11 in attendance this morning with five districts represented. All districts seem to be holding their own in Grapevine but some are struggling to get new service workers. One district reported they have many old Grapevines and he will bring them to the next Area function (thanks Jim). These are handed out to correction and treatment facilities in our Area. You still have until December 31st to participate in Grapevine's Four Seasons of Service. They are looking for articles approximately 300 words. GV also has free shipping November and December so get your orders in! I placed an order for approximately \$500.00 to get the 20% discount. I attended the St. Cloud Roundup and sold \$158.00 worth of literature. I sold \$392.00 worth already this morning for a total of \$550.00 this last quarter. The new incoming chair will be in great shape for the next rotation. I also ordered a bunch of subscription forms for the area. This is by far been the best job in A.A and for that I am grateful.

Thank you for allowing me to serve you. Paul M.

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A Declaration of Unity

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Northern Light

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District 3-Brian P. No Report

District 16-Mike Our district meeting is held on the first Wednesday of the month at 6:30pm in Grand Rapids. Elections were held at the December meeting, and this year all positions were filled. Here at today's ACM meeting are incoming electees Glenn M. (DCM), Mark A. (Literature/Grapevine Chair), Dave C. (Archives), and Bruce M. (Treatment Chair).

On Saturday night, January 27th, there will be an open Al-Anon/A.A/Potluck at the Cohasset Community Center beginning at 5:44pm.

We currently have 22 groups in our district.

The district is solvent and we have a prudent reserve.

Thank you for allowing me to be of service, Mike F.

OLD BUSINESS

None.

NEW BUSINESS

FOC Report-Jim K.: Financial Oversight Committee met this morning to review reports for the last 2 periods. We are happy to report that all monies are accounted for. We wish to over a VERY large thank you to Christine for her work as our treasurer this last rotation. She has done a phenomenal job and truly checking her accounting is a joy.

Neil and/or I have agreed to attend the February Committee to welcome in the next financial oversight committee members and review the process to assist with the transition.

Our committee did discuss the current system of reviewing accounts and noted that currently there is no specific system to oversee the financial happenings within literature. It would be our recommendation that the incoming committee consider putting into practice a plan where the literature chair provides regular reports of monies in and out along with inventory for review. This has nothing to do with the current or incoming literature chair but rather simply acknowledging that there is no current practice in place to review inventory or financials.

It has been both Neil and I's privilege to serve on the financial oversight committee and thank the area for this opportunity to serve.

Introduction of new committee chairs: Roger R., newly elected Area Chair introduced the new Committee Chairs. They are as follows: (list also includes Area Officers)

INTRODUCING the NEW 2018-2019 AREA 35 OFFICERS AND COMMITTEE CHAIRS

AREA OFFICERS

DELEGATE

Christine G. delegate@area35.org

AREA CHAIR

Roger R.

areachair@area35.org

SECRETARY

Melissa A.

secretary@area35.org

ALTERNATE DELEGATE

Jim S.

alt_delegate@area35.org

TREASURER

Mike F.

treasurer@area 35.org

ACTION COMMITTEE CHAIRS

PUBLIC INFORMATION

Gayle R. pi@area35.org

. 235 org ARCHIVES
Scott M.
archives@area35.org

ARCHIVIST

Steve D. archivist@area35.org

CORRECTIONS corrections@area35.org

LITERATURE

Brian P.

literature@area35.org

GRAPEVINE grapevine@area35.org

COOPERATION WITH THE PROFESSIONAL COMMUNITY (C.P.C.)

Myron H. cpc@area35.org

TREATMENT

Kathy R. treatment@area35.org

WEBMASTER

Rillis E. webmaster@area35.org

•

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GROUP RECORDS

grouprecords@area35.org

NORTHERN LIGHT

Steven L.

northernlight@area35.org

FINANCIAL OVERSIGHT COMMITTEE

Michael "Jake" J.

AUDIO ENGINEER

Mike P.

Draw Committee Assignments: Districts numbers were drawn from the hat and DCMs were assigned to following committees.

Archives/Archivist: Districts 7 & 11

Corrections: Districts 12 & 14

CPC: Districts 13 & 9

Financial Oversite Committee: Past Delegate Mike (Jake) Jacobson

Grapevine: Districts 2 & 21

Group Records/Northern Light/Web: Districts 4, 8 & 18

Literature: Districts 15 & 3

PI: Districts 6 & 1

Treatment: Districts 16 & 5

2018 Budgets: Officer and Committee Chair budgets need to be submitted to the treasurer and area chair at or before the January Workshop.

A motion was made and seconded to for the incoming chair to have \$1000.00 to open a literature account. The motion passed.

A motion was made and seconded for that we have a \$500.00 rotating budget for the Grapevine. The motion passed.

The new Area 35 Group contributions address is NMAA, P.O. Box 114, Grand Rapids, MN 55744.

Calendar of Events-See the Northern Light and Area 35 website calendar. Email your events to webmaster@area35.org for posting on the website and northernlight@area35.org for listing in the Northern Light. There is also an option for a flier to be inserted into the Northern Light. A reminder was made that fliers should include the 5 W's of who, what, when, where, and why; a map is helpful too.

Adjourned: The meeting closed with the Lord's Prayer.

"By our Twelve Steps we have recovered, by our Twelve Traditions we have unified, and through our Third Legacy -- Service -- we shall carry the A.A message down through the corridors of time to come."

AA Co-Founder, Bill W., November 1951 "Services Make AA Tick" The Language of the Heart

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UPCOMING EVENTS IN AREA 35

*See area35.org for printable flyers

Service Events

February: 25th: Area 35 Committee Meeting *

Alano Club 9:30 am –2 pm

322 1st Ave NE Aitkin, MN

March: 2nd-4th: West Central Regional A.A Service

Conference (WCRAASC) West Des Moines Marriott 1250 Jordan Creek Pkwy West Des Moines, IA 50266

April: 7th-8th: Area 35 Spring Assembly

Holiday Inn 5637 Hwy MN-29, Alexandria, MN

June: 3rd: Area 35 Committee Meeting *

Alano Club 9:30 am –2 pm 322 1st Ave NE Aitkin, MN

Fellowship Events

March: 16th-18th: 14th Big Ole Round-Up

Holiday Inn 5637 St Hwy 29 S., Alexandria, MN

23th– 24th: Winter Rap-Up Iron Range Community Center 8586 Enterprise Drive South

Mt. Iron, MN

April: 21st- 22nd: 73rd Superior Roundup

Superior Fairgrounds Curling Club

4700 Tower Ave Superior, WI

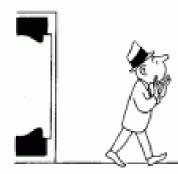
May: 4th-6th: 48th Iron Range Get-Together

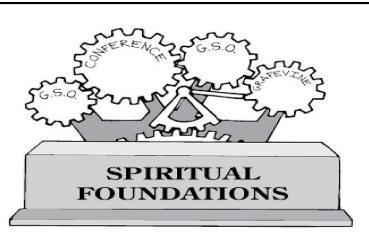
Hibbing Park Hotel 1402 East Howard Street Hibbing, MN











Area 35 2018 General Service Conference Agenda Items Process

Greetings Area 35,

The Agenda Items do <u>not come</u> out any sooner to the Delegate than the week of February 15, 2018 due to the January General Service Board Meeting.

We realize that this timeframe does not give us a lot of time for discussion within our home groups before our April Sprig Assembly.

It is the responsibility of the DCM's to get the Agenda Items along with the "Hot Topic List" to the group GSR's in their District. It is important that this information be passed on as soon as it is received.

Thank you for your Help.

Agenda <u>Deadline Dates</u>

December 15, 2017

Deadline to receive proposed Agenda Items and submit Agenda Items to GSO from our Area 35 Delegate

February 15, 2018 (week of)

Delegate receives Agenda Items from the General Service Office. Then creates a "Hot Topic List" and sends it along with the Agenda Items and Background Information to the Area 35 Webmaster.

The Webmaster posts the material on our website(www.area35.org) with a Protected Password. The Delegate sends out an email to the Area 35 Committee with the "Hot Topic List" along with the password information. Which is used to get the Agenda Items and background Information off the Area 35 Website.

4th Sunday in February February 25, 2018

Agenda Items are distributed to Area 35 by hard copy or CD along with the "Hot Topic List" from the Delegate at the Aitkin Committee Meeting.

1st Weekend in March March 2-4, 2018

Agenda Items are discussed at the West Central Regional Conference in Cheyanne, WY

1st Weekend in April April 7-8, 2018

Agenda Items are discussed and voted at the Area 35 Spring Assembly with the Area 35 Delegate

3rd Week in April April 23-29, 2018

Delegate attends the General Service Conference and carries the voice of Area 35 to New York.

FOR MORE INFORMATION CONTACT

Christine G.
Area 35 Panel 68 Delegate delegate@area35.org
763-670-8303



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IPCOMING EVENTS IN AREA 35

*See area35.org for printable flyers

39th Annual - AA Round Up with Al-Anon participation

Winter Rap-Up

March 23-24, 2018

Mt Iron Community Center 8586 Enterprise Drive (South, just off Hwy 169)

"Willingness, Honesty & **Open Mindedness**"

Friday, March 23. 2018

St Cloud, MN 7:00 pm Al-Anon Fred H 8:00 pm AAJohn T Tower, MN

Ice cream social to follow

Saturday, March 24, 2018

10-11:30 am Speaker Panel Willingness, Honesty & Open Mindedness Lunch on your own 2-3:00 pm St Cloud, MN Sue H Dinner on your own Al-Anon Mary H 7:00 pm Winnebago, MN

Dustin L AAIce cream social to follow

Holiday Inn Express 218-741-7411 On Hwy 169 across from Community Center

Conference rate \$100/night, reserve before 3/2/18

8:00 pm

American Inn

Bismark, ND

218-741-7839 or 800-634-3444

Registration required; also available at the door. Phone: Randy 218-225-8833 or Charlie 218-749-8714 _ Circle one: AA Al-Anon Alateen Group name: _

(as you wish it to be on name badge, list additional names on reverse) First & last name: Address:

Registrations (adult) _____ x \$15 = \$_____ Registration (youth) $\underline{}$ x \$6 = \$ $\underline{}$

Please mail registration and payment to: "Winter Rap-Up," 504 Hampshire Drive, Hoyt Lakes, MN 55750

AA – A Solution for All Generations

2018 West Central Region Alcoholics Anonymous Service Conference



March 2, 3, & 4 - 2018

West Des Moines Marriott 1250 Jordan Creek Pkwy West Des Moines, IA 50266 515-267-1500 for Reservations

For group room rates on or before 2/15/18, mention reservation code WCRAASC. One king or two queen beds (\$107.00 + tax).

Other nearby hotels include: Fairfield Inn & Suites (515) 225-6100, Residence Inn (515) 267-0338, Courtyard (515) 223-9800, and SpringHill Suites (515) 223-9005

For transportation from Des Moines International Airport (DSM) to West Des Moines call West Des Moines Marriott to arrange a shuttle ride to the hotel

Friday,	March 2nd	9:00a	General Session 2 -	7:30p	Open AA Speaker
2:30p	Registration		"Participation in All of AA:		Meeting - Clement C.
3:30p	Early Bird Meeting		Is My Triangle Balanced"		(GSO)
7:00p	Opening and Welcome	9:45a	Break	8:45p	Break
	Meet the Delegates/	10:00a	GSC Agenda Items II	9:00p	GSC Agenda Items IV
	Area Highlights Meet the	11:30a	Lunch (on your own)		
	Trustee/Report	12:45p	Breakout Sessions	Sunday	, March 4th
8:00p	General Session 1 -	1:45p	Break	7:00a	Early Bird Meeting
	"Today's Alcoholic,	2:00p	Breakout Sessions	8:00a	General Session 4 -
	Inclusion not Exclusion"	3:00p	Break		AA Technology: Where
8:45p	Break	3:15p	General Session 3 -		Innovation meets the
9:00p	GSC Agenda Items I		Attraction not Promotion:		Traditions
			A.A.'s Relation to the World	8:45a	Break
Saturda	ay, March 3rd	4:00p	Break	9:00a	"Ask It Basket" and
7:30a	Early Bird Meeting	4:15p	GSC Agenda Items III		General Session 5 -
8·45a	Opening and Welcome	6:00p	Dinner (on your own)		with the Trustees

Contacts: Wanda P. (515) 554-6866 - Dan G. (641) 485-6731

To comelete online registration visit: httes://wcraasc.cheddarue.com

Registration Form - Please *rint clearly

Registration Fee - \$15 Mail to: WCRAASC., PO Box 367, Des Moines, IA 50302

Preregistration must be received by 2/19/2018

___ Name on Badge __ ___ City____ Address ____ _____ Email____ __ Home Group __ Position (GSR, DCM, etc.) _____ District Represented ____ Area Represented ____ Special Needs Request ___

Area 35 Spring Assembly

April 7-8, 2018

Holiday Inn 5637 Highway 29 South Alexandria, MN 56308 320-763-6577

Room Rates: King, non-smoking: \$109.99. Two Queens, non-smoking: \$99.99. Poolside, non-smoking: \$199.99. Deadline to register for group rate is March 7, 2018.

> Saturday, April 7 9:00 AM Registration 10:00 AM Assembly Convenes

Sunday, April 8 9:00 AM Assembly Reconvenes



All DCMs, GSRs, Area Officers and Committee Chairs, Delegate, Alternate Delegate and Past Delegates are encouraged to attend as well as all others interested in carrying the message to the still suffering alcoholic. The only requirement is a willingness to serve. The $2018\,$ General Service Conference Agenda Items will be discussed so GSRs please bring your group's conscience to this Assembly.

14TH ANNUAL BIG OLE ROUNDUP



2018 Theme: As We Understand Him

ALEXANDRIA, MN MARCH 16-18, 2018

Accommodations provided by Holiday Inn 5637 St Hwy 29 S., Alexandria, MN 320-763-6577 / www.hialexandria.com

Additional lodging options available at: www.explorealex.com Flyers available at: www.area35.org AA & Al-Anon Literature and Big Ole merchandise available at Event.





Bottomless Big Ole Mugs for Pop or Coffee—\$12 Or Bring Your Own Mug—\$10

	Friday 3/16
	3:00 pm
	Registration Opens
	4:00
-	AA Big Book Mee
	& Al-Anon Meetin

AA Step Meeting Al-Anon Meeting

East Grand Forks, ND

AA & Al-Anon Countup AA Speaker Fargo, ND

Open Candlelight Meeting

Lunch break AA Speaker Matt H. Fargo, ND ACA Workshop or Open Meeting

Supper break

Email Address

Previous years you've attended?

Saturday 3/17

Registration opens

AA Topic Meeting Al-Anon Meeting

Al-Anon Speaker Dena H

Garfield, MN

Superior, WI 7:15 AA & Al-Anon AA Speaker Brecksville, OH

Saturday cont.

Al-Anon Speaker

Dance-Mark Anthony DJ Productions





For more information contact:	
Lorne S. 320-260-3104	
or by email at	
bigoleroundup@gmail.com	
	ı

Requesting scholarship*

Pre-registration through	
Feb 15th—\$18	
After Feb 15 and at the	
door—\$20	
Big Ole Mugs—\$12	

Where will you be staying during the event? Lodging not required (driving)
Paid lodging (hotel, resort) Other (family, friends, etc) (Check one)

To explore other lodging please see

www.explorealex.com

2018 BIG OLE PRE-REGISTRATION FORM Make checks payable to Big Ole Roundup and mail to: Big Ole Roundup, P.O. Box 1212, Alexandria, MN 56308

N 1 0 1 1	N 1 CD: 01 M	T . I T . I . I .	
Number of registrations	Number of Big Ole Mugs	Total Enclosed \$	
Name(s) (please print)			
Address			_
City	State	Zip	
•			

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AREA 35 2018 PROPOSED BUDGETS

2018 Budget

Position: Delegate - Christine G.

	Service	Feb.	WCRS	Spring	GSC	June	Aug.	35/36	WCR	Fall	Dec.	Zonal	Zonal	Dist	
	Wrkshop	Mtg.	Conf.	Assy.	Duties	Mtg.	Mtg.	Wrkshp	Forum	Assy.	Mtg.	Forum	Forum	Travel	Total
Meals	55.52	6.00	100.00	45.00		6.00	6.00			50.00	6.00		15.00	40.00	329.52
Travel	20.00	11.00	75.00	10.00	60.00	11.00	11.00			10.00	11.00	25.00	40.00	350.00	734.00
Lodging	124.12		375.00	125.00	1,800.00					125.00				300.00	2,849.12
Phone															
Supplies		25.00		25.00						25.00					75.00
Printing		700.00		300.00	300.00		100.00							300.00	1,700.00
Postage	3.00														3.00
Other	10.00		15.00	·	600.00										625.00
Budgeted	212.64	742.00	565.00	505.00	2,860.00	17.00	117.00			210.00	17.00	25.00	55.00	990.00	\$ 6,315.64

2018 Budget **Position: Alt Delegate** - Jim S.

	Service	Feb.	WCRS	Spring	June	Aug.	35/36	WCR	Fall	Dec.	Zonal	Zonal	Dist	
	Wrkshop	Mtg.	Conf.	Assy.	Mtg.	Mtg.	Wrkshp	Forum	Assy.	Mtg.	Forum	Forum	Travel	Total
Meals	68.28	6.00	75.00	55.00	6.00	6.00			65.00	6.00				287.28
Travel	57.04	38.64	55.00	22.72	38.64	38.64	39.09		33.00	38.64	60.00	60.00	200.00	681.41
Lodging	205.43		250.00	250.00					170.00					875.43
Phone														
Supplies	45.92													45.92
Printing	13.00										50.00	50.00		113.00
Postage														
Other	10.00		15.00											25.00
Budgeted	399.67	44.64	395.00	327.72	44.64	44.64	39.09		268.00	44.64	110.00	110.00	200.00	\$ 2,028.04

2018 Budget Position: Area Chair - Roger R.

	Service	Feb.	WCRS	Spring	June	Aug.	35/36	WCR	Fall	Dec.	Zonal	Zonal	Dist	
	Wrkshop	Mtg.	Conf.	Assy.	Mtg.	Mtg.	Wrkshp	Forum	Assy.	Mtg.	Forum	Forum	Travel	Total
Meals	101.30	6.00	100.00	85.00	6.00	6.00			85.00	6.00		15.00	40.00	450.30
Travel	40.00	11.00	75.00	20.00	20.00	11.00			20.00	20.00	25.00	40.00	200.00	482.00
Lodging	124.12		250.00	187.50					187.50				125.00	874.12
Phone														
Supplies				15.00					15.00					30.00
Printing		30.00		115.00	30.00	30.00	25.00		115.00					345.00
Postage														
Other		·	15.00		·									45.00
Budgeted	295.42	47.00	440.00	422.50	56.00	47.00	25.00	_	422.50	26.00	25.00	55.00	365.00	\$ 2,226.42

Position: Secretary - Melissa A. 2018 Budget

	Service	Feb.	WCRS	Spring	June	Aug.	35/36	WCR	Fall	Dec.	Zonal	Zonal	Dist	
	Wrkshop	Mtg.	Conf.	Assy.	Mtg.	Mtg.	Wrkshp	Forum	Assy.	Mtg.	Forum	Forum	Travel	Total
Meals	60.00	6.00	100.00	60.00	6.00	6.00			60.00	6.00	20.00	20.00	40.00	384.00
Travel	17.43	26.00	50.00	9.00	6.00	26.00	10.00		25.00	26.00	9.00	10.00	100.00	334.43
Lodging	124.12		125.00	125.00					125.00					499.12
Phone														
Supplies														
Printing	8.75	30.00		750.00	30.00	30.00			30.00	30.00	15.00		15.00	938.75
Postage														
Other	10.00		15.00	·	·				·			-		25.00
Budgeted	220.30	62.00	290.00	944.00	62.00	62.00	10.00		240.00	62.00	44.00	30.00	155.00	\$ 2,181.30

2018 Budget **Position: Treasurer - Mike F.**

	2010 Budget Tosition, Treasurer - Mike F.													
	Service	Feb.	WCRS	Spring	June	Aug.	35/36	WCR	Fall	Dec.	Zonal	Zonal	Dist	
	Wrkshop	Mtg.	Conf.	Assy.	Mtg.	Mtg.	Wrkshp	Forum	Assy.	Mtg.	Forum	Forum	Travel	Total
Meals	53.29	6.00	95.00	70.00	6.00	6.00	25.00		70.00	6.00	15.00	15.00	15.00	382.29
Travel	17.00	11.00	86.00	34.00	11.00	11.00	39.00		13.00	11.00	14.00	29.00	40.00	316.00
Lodging	248.24		240.00	250.00					250.00					988.24
Phone														
Supplies		83.00		83.00	83.00	83.00			83.00	83.00				498.00
Printing		217.00		217.00	217.00	217.00			217.00	217.00				1,302.00
Postage		73.00		73.00	73.00	73.00			73.00	73.00				438.00
Other		_	15.00	_	_		_	_					_	25.00
Budgeted	328.53	390.00	436.00	727.00	390.00	390.00	64.00		706.00	390.00	29.00	44.00	55.00	\$ 3,949.53

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2018 Budget

Position: PI - Gayle R.

	Service	Feb.	WCRS	Spring	June	Aug.	35/36	WCR	Fall	Dec.	Zonal	State	Dist	
	Wrkshop	Mtg.	Conf.	Assy.	Mtg.	Mtg.	Wrkshp	Forum	Assy.	Mtg.	Wrkshp	Fair	Travel	Total
Meals	58.25	6.00	70.00	50.00	6.00	6.00			50.00	6.00				252.25
Travel	20.00	11.00	75.00	10.00	11.00	11.00			11.00	11.00			200.00	360.00
Lodging	124.12		125.00	125.00					125.00					499.12
Phone														
Supplies														
Printing														
Postage														
Other	10.00		15.00		·		·							25.00
Budgeted	212.37	17.00	285.00	185.00	17.00	17.00			186.00	17.00			200.00	\$ 1,136.37

2018 Budget **Position: Corrections** - Paul M.

	Service	Feb.	WCRS	Spring	June	Aug.	35/36	WCR	Fall	Dec.	Zonal	Joint C	Dist	
	Wrkshop	Mtg.	Conf.	Assy.	Mtg.	Mtg.	Wrkshp	Forum	Assy.	Mtg.	Wrkshp	Mtgs	Travel	Total
Meals	80.00	7.00	100.00	60.00	7.00	7.00	10.00		60.00	7.00			65.00	403.00
Travel	50.00	10.00	110.00	40.00	10.00	10.00	25.00		20.00	10.00			25.00	310.00
Lodging	124.12		150.00	125.00					125.00				250.00	774.12
Phone														
Supplies														
Printing														
Postage														
Other	10.00		15.00											25.00
Budgeted	264.12	17.00	375.00	225.00	17.00	17.00	35.00	·	205.00	17.00	·		340.00	\$ 1,512.12

2018 Budget **Position: CPC -** Myron H.

	Service	Feb.	WCRS	Spring	June	Aug.	35/36	WCR	Fall	Dec.	Zonal	Dist	
	Wrkshop	Mtg.	Conf.	Assy.	Mtg.	Mtg.	Wrkshp	Forum	Assy.	Mtg.	Wrkshp	Travel	Total
Meals	20.00	6.00	45.00	10.00	6.00	6.00	10.00		10.00	6.00		50.00	169.00
Travel	25.00	50.00	100.00	50.00	50.00	50.00	30.00		50.00	50.00		100.00	555.00
Lodging	50.00		100.00	250.00					250.00				650.00
Phone													
Supplies													
Printing													
Postage													
Other	10.00		15.00										25.00
Budgeted	105.00	56.00	260.00	310.00	56.00	56.00	40.00		310.00	56.00		150.00	\$1,399.00

2018 Budget **Position: Treatment** - Kathy R.

	Service	Feb.	WCRS	Spring	June	Aug.	35/36	WCR	Fall	Dec.	Zonal	Dist	
	Wrkshop	Mtg.	Conf.	Assy.	Mtg.	Mtg.	Wrkshp	Forum	Assy.	Mtg.	Wrkshp	Travel	Total
Meals		8.00	125.00	75.00	8.00	8.00	75.00		75.00	8.00		10.00	392.00
Travel		25.00	75.00	55.00	25.00	25.00	55.00		55.00	25.00		25.00	365.00
Lodging			250.00	125.00			125.00		125.00				625.00
Phone													
Supplies													
Printing													
Postage													
Other			15.00				·						15.00
Budgeted		33.00	465.00	255.00	33.00	33.00	255.00		255.00	33.00		35.00	\$ 1,397.00

Position: FOC - Michael "Jake" J. 2018 Budget

	Service	Feb.	WCRS	Spring	June	Aug.	35/36	WCR	Fall	Dec.	Zonal	District	
	Wrkshop	Mtg.	Conf.	Assy.	Mtg.	Mtg.	Wrkshp	Forum	Assy.	Mtg.	Forum	Travel	Total
Meals		12.00			12.00	12.00				12.00			48.00
Travel		30.00			30.00	30.00				30.00			120.00
Lodging													
Phone													
Supplies													
Printing													
Postage													
Other													
Budgeted		42.00			42.00	42.00				42.00			\$ 168.00

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2018 Budget

Position:	Literature	- Brian	P
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	Service	Feb.	WCRS	Spring	June	Aug.	35/36	WCR	Fall	Dec.	Zonal	Dist	
	Wrkshop	Mtg.	Conf.	Assy.	Mtg.	Mtg.	Wrkshp	Forum	Assy.	Mtg.	Wrkshp	Travel	Total
Meals	50.00	6.00	80.00	60.00	6.00	6.00	10.00		60.00	6.00			284.00
Travel	45.00	62.50	250.00	50.00	62.50	62.00	50.00		80.00	62.50		200.00	924.50
Lodging	50.00		2 50.00	250.00					250.00				800.00
Phone													
Supplies													
Printing													
Postage													
Other	10.00		15.00										25.00
Budgeted	155.00	68.50	595.00	360.00	68.50	68.00	60.00		390.00	68.50		200.00	\$ 2,033.50

2018 Budget

Docition	Cronorrino	Laurer D
Position:	Grapevine -	Terry B.

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	Service	Feb.	WCRS	Spring	June	Aug.	35/36	WCR	Fall	Dec.	Zonal	Dist	
	Wrkshop	Mtg.	Conf.	Assy.	Mtg.	Mtg.	Wrkshp	Forum	Assy.	Mtg.	Wrkshp	Travel	Total
Meals	55.00	6.00	90.00	90.00	6.00	6.00	30.00		90.00	6.00			379.00
Travel	17.00	55.00	219.00	116.00	55.00	55.00	93.00		112.00	55.00			777.00
Lodging	64.00		240.00	240.00					240.00				784.00
Phone													
Supplies													
Printing													
Postage													
Other	10.00		15.00			·	15.00						40.00
Budgeted	146.00	61.00	564.00	446.00	61.00	61.00	138.00		442.00	61.00			\$ 1,980.00

2018 Budget

Position: Archives - Scott M.

	Service	Feb.	WCRS	Spring	June	Aug.	35/36	WCR	Fall	Dec.	Zonal	Dist	
	Wrkshop	Mtg.	Conf.	Assy.	Mtg.	Mtg.	Wrkshp	Forum	Assy.	Mtg.	Wrkshp	Travel	Total
Meals	27.93	6.00	75.00	55.00	6.00	6.00	20.00		55.00	6.00		20.00	276.93
Travel	10.00	10.00	50.00	40.00	10.00	10.00	25.00		20.00	10.00		25.00	210.00
Lodging			125.00	125.00					125.00			125.00	500.00
Phone													
Supplies													
Printing		10.00			10.00	10.00				10.00			40.00
Postage													
Other	10.00		15.00										25.00
Budgeted	47.93	26.00	265.00	220.00	26.00	26.00	45.00		200.00	26.00		170.00	\$ 1,051.93

2018 Budget

Position: Archivist - Steve D.

				_ ==_										
	Service	Feb.	WCRS	Spring	June	Aug.	35/36	WCR	Fall	Dec.	National	Archives	Dist	
	Wrkshop	Mtg.	Conf.	Assy.	Mtg.	Mtg.	Wrkshp	Forum	Assy.	Mtg.	Archives	Repository	Travel	Total
Meals	50.00	5.50	80.00	60.00	5.50	5.50	10.00		60.00	5.50				282.00
Travel	55.00	87.50	250.00	50.00	87.50	87.50	40.00		80.00	87.50		100.00	400.00	1,325.00
Lodging	110.00		250.00	250.00					160.00					770.00
Phone														
Supplies														
Printing														
Postage														
Other	10.00		15.00	·				·				1,200.00		1,225.00
Budgeted	225.00	93.00	595.00	360.00	93.00	93.00	50.00	·	300.00	93.00		1,300.00	400.00	\$ 3,602.00

2018 Budget

Position: Webmaster - Rillis E.

	2010 Budget Tobidon Webliabet Runs E.												
	Service	Feb.	WCRS	Spring	June	Aug.	35/36	WCR	Fall	Dec.	Equip	Dist	
	Wrkshop	Mtg.	Conf.	Assy.	Mtg.	Mtg.	Wrkshp	Forum	Assy.	Mtg.	Purchesed	Travel	Total
Meals	16.00	6.00	90.00	75.00	6.00	6.00	10.00		75.00	6.00			290.00
Travel		25.00	85.00	45.00	5.00	25.00	30.00		30.00	25.00			290.00
Lodging			125.00	125.00					125.00				375.00
Phone													
Supplies		20.00											20.00
Printing													
Postage													
Other	10.00		15.00	90.00					90.00				205.00
Budgeted	16.00	51.00	300.00	245.00	31.00	31.00	40.00		230.00	31.00			\$ 1,180.00

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2018 Budget

Position: Group Records - Carl P.

	Service	Feb.	WCSC	Spring	June	Aug.	35/36	WCR	Fall	Dec.	Zonal	Dist	
	Wrkshop	Mtg.	Conf.	Assy.	Mtg.	Mtg.	Wrkshp	Forum	Assy.	Mtg.	Wrkshp	Travel	Total
Meals		6.00	80.00	40.00	6.00	6.00			40.00	6.00			184.00
Travel		15.00	100.00	15.00	15.00	15.00	15.00		40.00	15.00		50.00	280.00
Lodging			250.00	125.00					125.00				500.00
Phone													
Supplies													
Printing		100.00		100.00	100.00	100.00			100.00	100.00			600.00
Postage													
Other		20.00	15.00	20.00	20.00	20.00		•	20.00	20.00		180.00	315.00
Budgeted		141.00	445.00	300.00	141.00	141.00	15.00		325.00	141.00		230.00	\$ 1,879.00

2018 Budget Position: Northern Light - Steven L.

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	Service	Feb.	WCRS	Spring	June	Aug.	35/36	WCR	Fall	Dec.	Zonal	Dist	
	Wrkshop	Mtg.	Conf.	Assy.	Mtg.	Mtg.	Wrkshp	Forum	Assy.	Mtg.	Wrkshp	Travel	Total
Meals	31.25	6.00	140.00	100.00	6.00	6.00	25.00		100.00	6.00			420.25
Travel	32.50	20.00	85.00	50.00	20.00	20.00	60.00		25.00	20.00			332.50
Lodging	62.06		130.00	130.00					130.00				452.06
Phone													
Supplies													
Printing		375.00		375.00	375.00	375.00			375.00	375.00			2,250.00
Postage		300.00		300.00	300.00	300.00			300.00	300.00			1,800.00
Other	21.50		15.00										36.50
Budgeted	147.31	701.00	370.00	955.00	701.00	701.00	85.00		930.00	701.00			\$ 5,291.31

2018 Budget **Position: Audio Tech** - Mike P.

	Service	Feb.	WCRS	Spring	June	Aug.	35/36	WCR	Fall	Dec.	Zonal	Dist	
	Wrkshop	Mtg.	Conf.	Assy.	Mtg.	Mtg.	Wrkshp	Forum	Assy.	Mtg.	Forum	Travel	Total
Meals	61.00	6.00		50.00	6.00	6.00			50.00	6.00			185.00
Travel	17.00	25.00		25.00	25.00	25.00			25.00	25.00			167.00
Lodging	248.00			250.00					250.00				748.00
Phone													
Supplies													
Printing													
Postage													
Other													
Budgeted	326.00	31.00		325.00	31.00	31.00			325.00	31.00			\$ 1,100.00

2018 Budget **Area Events**

	Service	Feb.	WCRS	Spring	June	Aug.	35/36	WCR	Fall	Dec.	Zonal	Dist	
	Wrkshop	Mtg.	Conf.	Assy.	Mtg.	Mtg.	Wrkshp	Forum	Assy.	Mtg.	Forum	Travel	Total
Meals	95.00												95.00
Travel	400.00												400.00
Lodging	365.00												365.00
Rent	300.00	50.00		800.00	50.00	50.00	200.00		3,000.00	50.00			4,500.00
Coffee	24.00			750.00			150.00		750.00				1,674.00
Printing													
Postage													
Other	320.62		·	·									320.62
Budgeted	1,504.62	50.00	·	1,550.00	50.00	50.00	350.00		3,750.00	50.00			\$ 7,354.62



"Since you've been in AA, I've noticed you open the garage door before you put the car in!"

2018 Area 35 Proposed Budget Summery							
Position	Budget	Position	Budget				
Area Events	7,354.62	Literature	2,033.50				
Delegate	6,315.64	Grapevine	1,980.00				
Alternate Delegate	2,028.04	CPC	1,399.00				
Area Chair	2,226.42	Treatment	1,397.00				
Secretary	2,181.30	Webmaster	1,180.00				
Treasurer	3,949.53	Group Records	1,879.00				
Public Information	1,136.37	Northern Light	5,291.31				
Archives	1,051.93	Audio Tech	1,100.00				
Archivist	3,602.00	Financial Oversight	168.00				
Corrections	1,512.12						
		Total Budget	\$ 47,785.78				

Acronyms

(Spaghetti Soup)

GSO - General Service Office

GSC - General Service Conference

AAWS - Alcoholics Anonymous World Service

WCRS - West Central Regional Service (Conference)

WCRAASC - West Central Regional Alcoholics Anonymous Service Conference (same as above)

WCR - West Central Regional (Forum)

WCRAAF - West Central Regional Alcoholics Anonymous Forum (same as above)

ACM - Area Committee Meeting

NMAA - Northern Minnesota Area Assembly

CPC - Cooperation with the Professional Community

PI - Public Information

DCM - District Committee Member

GSR - General Service Representative

GVR - Grapevine Representative

BB - Big Book (Alcoholics Anonymous)

GV - Grapevine

NL - Northern Light

FOC - Finance Oversight Committee

BTG - Bridging the Gap

CCS - Corrections Correspondence Service

(Continued from page 8 from Young People and A.A.) in the middle.

My sponsor encouraged me to start going to conferences and roundups. I attended the International Conference of Young People in A.A. (ICYPAA) when it came to our state. I even helped start a Saturday Night Young Peoples meeting in our area.

What my sponsor knew and I understand now was the importance of action and more action. It is so important to be involved with other alcoholics and to give back freely that which was given to me.

Today I am still involved with A.A. I sponsor other young men coming into the program; I take meetings into treatment centers, and I'm involved in service work. But perhaps most importantly, I remember what it was like coming into my first A.A. meeting as a young person. How different I thought I was from everyone else because I was so young. I remember how frightened I was and how accepting and non-judgmental the members were of me. I remember how they loved and accepted me into sobriety. I try to emulate their example and to practice those principles in all my affairs today.

JD, TNYPA.A. Dist. 13 – Big Lake

"A coffeepot simmers on the kitchen stove, a hospital sobers the stricken sufferer, general headquarters broadcasts the A.A message; our service lifelines span the seven seas. All these symbolize A.A in action. For action is the magic word of Alcoholics Anonymous."

AA Co-Founder, Bill W., November 1951 "Services Make AA Tick" **Best of the Grapevine, Vol. 1**

With the General Service Conference just around the corner. I thought a map of all the Areas in the U.S and Canada that go to the GSC would be informative to the incoming rotation of people in service.



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NORTHERN LIGHT PRIMARY PURPOSE:

The Northern Light (N.L.), is a general service newsletter that serves Area 35 to facilitate bilateral communication between the groups, districts, Area and G.S.O. levels in the Northern Minnesota area. Its purpose is to:

- Publish an informative and attractive newsletter to the Area in a timely fashion.
- ♦ Encourage District reports and be available to work with Districts on communications. One or more of the N.L. Committee should try to attend area events to report on what's happening in their areas. If they are unable to attend, encourage local members to write short articles about events and happenings to be published in the N.L.
- Provide encouragement for writing articles, particularly to D.C.M.s and Area Action Committee Chairs. This should include the strong encouragement to submit their reports for each issue, if no report is submitted it will be stated, example "Northern Light Report NOT GIVEN" this is currently being done in the Southern Minnesota Area newsletter.
- ♦ Keep informed of activities and issues going on within Alcoholics Anonymous as a whole. The N.L. Committee could subscribe the Grapevine or other pertinent A.A. news sources.
- ◆ Gather useful service information to publish from sources within the Area, Region and A.A. as a whole. Obtain, read and use other Area newsletters.
- Listen to comments from the Area on the content of the N.L.

EDITORIAL POSITION & N.L. COMMITTEE:

Editor - The Editorial Chair position is a two-year rotation picked by the incoming Area Chair and either approved or rejected by the Area Committee at the first Area meeting after the Fall Assembly Elections.

Desirable qualifications: Current or past working knowledge of the printing business. Knowledge of current computer printing programs. The person should also consider the time needed to complete the task required. The candidate should have a working knowledge of A.A. as a whole, i.e., prior experience in service work such as G.S.R., D.C.M., or related position.

N.L. Committee - The N.L. Committee consists of two D.C.M.s in Area 35. Currently, these have been picked randomly at the start of the new rotation. They also serve on a two-year rotation basis. They assist the editor in communications with other area newsletters, in recommendations on general improvements, and with general problems and implementations of new policies. They may also represent the editor at functions when the editor is unable to attend. Seek advice and help from former N.L. Committee members and editors.

N.L. COMMITTEE MEETINGS:

The Committee meets every other month, before the start of the Area Workshop and at Spring and Fall Assemblies. Additional meetings may be called for if needed between these times.

NORTHERN LIGHT SUBMISSIONS:

General submissions to the *Northern Light* are very welcome! Feel free to send letters or articles that are pertinent to Alcoholics Anonymous. However, please note that if space is limited, first priority will be given to reports from Area Officers, Area Standing Committee Chairs and D.C.M.s from Area 35.

Submissions are preferred electronically using a Word or WordPad document to the Area's newsletter e-mail address: northernlight@area35.org. Most other file formats can also be accepted. You may also send articles or letters to my postal address, listed on page 2. The deadline for each Issue is printed on the front page.

Letters to the Editor or opinion articles should have a title. They also **can not be anonymous**. Please include the first name, last initial and name of the city where the author is from. If you have any questions regarding submitting an item for the *Northern Light*, please do not hesitate to contact me. Thank you!

Northern Light Editor,

Steven L.

Directions for Inserting a Flier into the Northern Light

- 1. First & Foremost <u>Contact the Northern Light Editor</u> at northernlight@area35.org or call the phone number listed on page 3 of the hard copy, print version of the Northern Light, for the Northern Light Editor (remember this will change every 2 year rotation).
- 2. Email a pdf version of your flier to **northernlight@area35.org** for approval. Upon approval a copy will be forwarded to the webmaster to be placed on the Area 35 websites calendar of events.
- 3. Upon approval mail to:

Cold Spring Record PO Box 456 403 West Wind Court Cold Spring, MN 56320

With an attn.: Northern Light on the mailing address

Include a note stating they are to be inserted into the next Northern Light

4. **OR** if you wish to have Cold Spring Record print your fliers to be inserted into the Northern Light. The NL Editor will forward a copy of the pdf flier to Cold Spring Record, along with your printing instructions (paper color, one or two sided printing). Currently there are 1000 copies printed with @725 pieces to mail. What is not mailed is passed out at the Area meetings.

Number	Printing Costs			osts	Insertion		Total
of Copies	1 Sided		2 Sided		Fee		Cost
725	\$	48	\$	60	\$	75	\$ 123/135
1000	\$	80	\$	120	\$	75	\$ 155/195
-	_						

5. The cost for having a flier inserted into the Northern Light is \$75. Make Checks payable to NMAA and mail to:

NMAA PO Box 114 Grand Rapids, MN 55744

MAKE SURE YOU HAVE THE MOST CURRENT ADDRESS!!!

RELATED FLIER INSERTION INFORMATION

- Only Area 35 A.A. Members may submit a flier. Fliers must be only for A.A. Sponsored Events.
- Fliers needed—625 mailed only or 1000 for mailed and hand outs.

Northern Light Deadlines for 2018 are as Follows:

- ♦ January 22nd: Flier will be included in the January/February Issue
- March 5th: Flier will be included in the March/April Issue
- May 7th: Flier will be included in the May/June Issue
- July 9th: Flier will be included in the July/August Issue
- September 4th: Flier will be included in the September/October Issue
- November 5th: Flier will be included in the November/December Issue

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OUR PAST DELEGATES

		1		ı		
Panel 66 Kelly D.	2016-1017	Panel 36 Louie H.	1986-1987	Panel 10 Bob B. (deceased)	<u> 1960-1961</u>	
Panel 64 Michael "Jake" J.	2014-1015	Panel 34 Bob P.	1984-1985	Panel 8 Pearl N.	<u> 1958-1959</u>	
Panel 62 Jim K.	2012-2013	Panel 32 Tom L.	1982-1983	(deceased) Panel 6	1956-1957	
Panel 60 Jon C.	2010-2011	Panel 30 Don M.	1981-1982	Waldo H. (deceased)	1730-1737	
Panel 58 JoAnne M. N.	2008-2009	(deceased) Panel 28	1978-1979	Panel 4 Wendell H. (deceased)	<u> 1954-1955</u>	
Panel 56 Jerry S.	2006-2007	Garfield (Duffy) S. (deceased)	10=6 10==	Panel 2 Arthur R.	1952-1953	
Panel 54 Charlie C.	2004-2005	Panel 26 Vern R. (deceased)	<u> 1976-1977</u>	(deceased)		
Panel 52 Tim C.	2002-2003	Panel 24 Gordon B. H.	1974-1975			
Panel 50 Tom A.	2000-2001	(deceased) Panel 22 Frank P. J.	1972-1973			
Panel 48 Susie A.	<u>1998-1999</u>	(deceased) Panel 20	1970-1971			
Panel 46 Bill P. (deceased)	<u>1996-1997</u>	Clarence B. (deceased)	1970-1971			
Panel 44 Bruce B.	1994-1995	Panel 18 Dave H. (deceased)	1968-1969			
Panel 42 Greg G. (deceased)	1992-1993	Panel 16 Arno A. (deceased)	1966-1967			
Panel 40 Bob J.	1990-1991	Panel 14 Donald F. (deceased)	<u> 1964-1965</u>			
Panel 38 Scott J.	1988-1989	Panel 12 Donna T. (deceased)	1962-1963			

Q: Why list our past Delegates?

A: They are a resource to you!

In Alcoholics Anonymous we value experience. Our Twelve Steps did not exist when Bill stepped into the lobby of a hotel in Akron, Ohio. Even after meeting with Dr. Bob and soon founding our program, there were only six steps until the experiences of 100 Alcoholics were summed up. Soon after a book followed, but it was a few years later when the Twelve Traditions were discussed and agreed on. Twelve Traditions that were "hammered out on the anvil of experience". Our past Delegates are a wealth of experience, an interactive living archive if you will. When you plan your next service workshop or need an outside voice to offer help, consider this resource available to you. Some of them even offer great company while fishing!

The Delegate's Duties

Though the high point is the Conference meeting, the delegate's job goes on year-round and involves all aspects of the Conference structure. The delegate should:

- Attend the Conference meeting in April, fully prepared. Immediately upon election, every delegate is put on the G.S.O. mailing list to receive Conference materials.
- Communicate the actions of the Conference to area committee members and encourage them to pass on this information, and the delegate's enthusiasm, to groups and to intergroups/central offices. If an area is too large for the delegate to cover in person, he or she will ask area officers and committee members to share the load.
- Be prepared to attend all area, state/provincial, and regional service meetings and assemblies. From these meetings, delegates come to better understand their own areas and can make suggestions for the Conference agenda. Here, too, they come in contact with A.A. members who might not be reached otherwise.
- Help area committees obtain financial support for the area and G.S.O.
- Provide leadership in solving local problems involving the A.A. Traditions

- Remind G.S.R.s to inform groups and individuals about the A.A. Grapevine and Conference-approved literature.
- Cooperate with G.S.O. in obtaining information—for example, making sure that up-to-date information reaches G.S.O. in time to meet the deadline for each Issue of the A.A. directory and helping carry out the triennial membership surveys.
- Visit groups and districts in the area whenever possible.
- Work closely with committee members and officers, sharing experience throughout the year. After G.S.R.s and committee members have reported on the Conference, learn from these A.A.s how groups and members have reacted.
- Assume added responsibility if the area chair and alternate chair are unable to serve. Or, if an area committee is not functioning effectively, the delegate may take an active role in remedying the situation.
- Keep the alternate delegate fully informed and active, so that the alternate can replace the delegate in an emergency.
- Late in the second term, work with newly elected delegates to pass along a basic knowledge of Conference proceedings and problems.

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I 2 Traditions of Alcoholics Anonymous (Long Form)

- 1. Each member of Alcoholics Anonymous is but a small part of a great whole. A.A. must continue to live or most of us will surely die. Hence our common welfare comes first. But individual welfare follows close afterward.
- 2. For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience.
- 3. Our membership ought to include all who suffer from alcoholism. Hence we may refuse none who wish to recover. Nor ought A.A. membership ever depend upon money or conformity. Any two or three alcoholics gathered together for sobriety may call themselves an A.A. group, provided that, as a group, they have no other affiliation.
- 4. With respect to its own affairs, each A.A. group should be responsible to no other authority than its own conscience. But when its plans concern the welfare of neighboring groups also, those groups ought to be consulted. And no group, regional committee, or individual should ever take any action that might greatly affect A.A. as a whole without conferring with the trustees of the General Service Board. On such issues our common welfare is paramount.
- 5. Each Alcoholics Anonymous group ought to be a spiritual entity having but one primary purpose—that of carrying its message to the alcoholic who still suffers.
- 6. Problems of money, property, and authority may easily divert us from our primary spiritual aim. We think, therefore, that any considerable property of genuine use to A.A. should be separately incorporated and managed, thus dividing the material from the spiritual. An A.A. group, as such, should never go into business. Secondary aids to A.A., such as clubs or hospitals which require much property or administration, ought to be incorporated and so set apart that, if necessary, they can be freely discarded by the groups. Hence such facilities ought not to use the A.A. name. Their management should be the sole responsibility of those people who financially support them. For clubs, A.A. managers are usually preferred. But hospitals, as well as other places of recuperation, ought to be well outside A.A.—and medically supervised. While an A.A. group may cooperate with anyone, such cooperation ought never go so far as affiliation or endorsement, actual or implied. An A.A. group can bind itself to no one.
- 7. The A.A. groups themselves ought to be fully supported by the voluntary contributions of their own members. We think that each group should soon achieve this ideal; that any public solicitation of funds using the name of Alcoholics Anonymous is highly dangerous, whether by groups, clubs, hospitals, or other outside agencies; that acceptance of large gifts from any source, or of contributions carrying any obligation whatever, is unwise. Then too, we view with much concern those A.A. treasuries which continue, beyond prudent reserves, to accumulate funds for no stated A.A. purpose. Experience has often warned us that nothing can so surely destroy our spiritual heritage as futile disputes over property, money, and authority.
- 8. Alcoholics Anonymous should remain forever non-professional. We define professionalism as the occupation of counseling alcoholics for fees or hire. But we may employ alcoholics where they are going to perform those services for which we may otherwise have to engage nonalcoholics. Such special services may be well recompensed. But our usual A.A. "12 Step" work is never to be paid for.
- 9. Each A.A. group needs the least possible organization. Rotating leadership is the best. The small group may elect its secretary, the large group its rotating committee, and the groups of a large metropolitan area their central or intergroup committee, which often employs a full-time secretary. The trustees of the General Service Board are, in effect, our A.A. General Service Committee. They are the custodians of our A.A. Tradition and the receivers of voluntary A.A. contributions by which we maintain our A.A. General Service Office at New York. They are authorized by the groups to handle our over-all public relations and they guarantee the integrity of our principal newspaper, the A.A. Grapevine. All such representatives are to be guided in the spirit of service, for true leaders in A.A. are but trusted and experienced servants of the whole. They derive no real authority from their titles; they do not govern. Universal respect is the key to their usefulness.
- 10. No A.A. group or member should ever, in such a way as to implicate A.A., express any opinion on outside controversial issues—particularly those of politics, alcohol reform, or sectarian religion. The Alcoholics Anonymous groups oppose no one. Concerning such matters they can express no views whatever.
- 11. Our relations with the general public should be characterized by personal anonymity. We think A.A. ought to avoid sensational advertising. Our names and pictures as A.A. members ought not be broadcast, filmed, or publicly printed. Our public relations should be guided by the principle of attraction rather than promotion. There is never need to praise ourselves. We feel it better to let our friends recommend us.
- 12. And finally, we of Alcoholics Anonymous believe that the principle of anonymity has an immense spiritual significance. It reminds us that we are to place principles before personalities; that we are actually to practice a genuine humility. This to the end that our great blessings may never spoil us; that we shall forever live in thankful contemplation of Him who presides over us all.

I 2 Concepts for World Service (Short Form)

- I. Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.
- II. The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole Society in its world affairs.
- III. To insure effective leadership, we should endow each element of A.A.—the Conference, the General Service Board and its service corporations, staffs, committees, and executives—with a traditional "Right of Decision."
- IV. At all responsible levels, we ought to maintain a traditional "Right of Participation," allowing a voting representation in a reasonable proportion to the responsibility that each must discharge.
- V. Throughout our structure, a traditional "Right of Appeal" ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.
- VI. The Conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board.
- VII. The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon traditional and the A.A. purse for final effectiveness.
- VIII. The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.
- IX. Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees.
- X. Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.
- XI. The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern.
- XII. The Conference shall observe the spirit of A.A. tradition, taking care that it never becomes the seat of perilous wealth or power; that sufficient operating funds and reserve be its prudent financial principle; that it place none of its members in a position of unqualified authority over others; that it reach all important decisions by discussion, vote, and, whenever possible, by substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government, and that, like the Society it serves, it will always remain democratic in thought and action.

AREA 35 EVENTS INCLEMENT WEATHER PROCEDURE

- Area Chair calls to cancel and/or re-schedule.
- ♦ Based on DOT report, national weather service, individual safety being paramount
- Chair asks for weather reports from all DCM's from respective districts either by email or phone for those that don't have computers.
- Chair notifies the Alano society in Aitkin on food preparations and possible re-schedule to following Sunday.
- Chair contacts webmaster results put on Area 35.org and reschedule date and time.
- Districts contact their DCM in inclement weather for updates on cancellation.
- Post procedure in Northern Lights.
- Chair remains available and in close contact as he or she is the focal point and main contact; he or she must make the decision, and be available for calls

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Area 35 Committee Meeting Agenda Aitkin, MN February 25th, 2018

9:00 A.M. Action Chair Committee	ARCHIVIST – Steve D.
Meetings (9:30 a.m. Financial Oversight Committee)	ARCHIVES – Scott M.
10:30 A.M. Area Committee Meeting	District 7 – Bob B.
Call to Order Open With the Serenity	District 11 – Cindy SK.
Prayer	CORRECTIONS – Paul M.
Recognize Past Delegates	District 12 –Richard G.
Add to Agenda	District 14 – Paul E.
August Area Committee Minutes	PI – Gayle R.
OFFICER REPORTS:	District 6 – Sharna OJ.
Delegate – Christine G.	District 1 –
Alternate Delegate – Jim S.	GRAPEVINE – Jerry B.
Chair – Roger R.	District 2 –
Secretary – Melissa A.	District 21 – Laura C.
Treasurer – Mike F.	12.00 DM L
ITCasurci — Wirke 1.	12:00 P.M. Lunch
COMMITTEE CHAIRS AND	12:45 P.M. Reconvene
DCM REPORTS:	
CPC – Myron H.	OLD BUSINESS:
District 9 – Antonette F.	
District 13 – Justin W.	
WEBMASTER – Rillis E.	
LITERATURE – Brian P.	NEW BUSINESS:
District 15 – Matthew B.	FOC Report
District 3 – Kevin K.	2018 Agenda Items
NORTHERN LIGHT – Steve L.	Spring Assembly
GROUP RECORDS – Carl P.	January Workshop Report
District 4 – Greg C.	Annual Service Workshop Evaluations
District 8 – Heidi B.	WCRAASC
District 18 –William BR B.	Calendar of Events
TREATMENT – Kathy R.	Adjourn
District 16 – Glenn M.	
District 5– Skip D.	

Mail Area 35 Group contributions to:

NMAA P.O. Box 114 Grand Rapids, MN 55744