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Deadline for the Next *Northern Light* is **November 5, 2018**



Send articles and comments for publication to

Steven L. — northernlight@area35.org

Bring this copy to share with your Group!

Don't forget to visit and bookmark your Area 35 web site! - http://area35.org Event Calendar - Meeting Directory - NL Online - Download Pamphlets - District Pages - Links to Other Sites

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2018 AREA 35 COMMITTEE

(D.C.M.'s) DISTRICT

AREA OFFICERS

DELEGATE Christine G. delegate@area35.org

ALTERNATE DELE-GATE Jim S. alt_delegate@area35.org

AREA CHAIR Roger R. areachair@area35.org

TREASURER Mike F. treasurer@area35.org

SECRETARY Melissa A. secretary@area35.org CHAIRS **PUBLIC INFORMATION** Gayle R. pi@area35.org

AREA COMMITTEE

ARCHIVES Scott M. archives@area35.org

ARCHIVIST Steve D. archivist@area35.org

CORRECTIONS Paul M. corrections@area35.org

LITERATURE Brian P. literature@area35.org

GRAPEVINE Jerry B. grapevine@area35.org

(C.P.C.) COOPERATION WITH THE PROFESSION-AL COMMUNITY Myron H. cpc@area35.org

TREATMENT Kathy R. treatment@area35.org

WEBMASTER Rillis E. webmaster@area35.org

GROUP RECORDS Sally L. grouprecords@area35.org

NORTHERN LIGHT Steven L. northernlight@area35.org

FINANCIAL OVER-**SIGHT COMMITTEE** Michael "Jake" J.

AUDIO ENGINEER Mike P.

COMMITTEE MEMBERS **DISTRICT 1**

NO INFO dcm1@area35.org

DISTRICT 2 NO INFO dcm2@area35.org

DISTRICT 3 Kevin K. dcm3@area35.org

DISTRICT 4 Greg C. dcm4@area35.org

DISTRICT 5 Skip D. dcm5@area35.org

DISTRICT 6 Sharna O.-J. dcm6@area35.org

DISTRICT 7 Bob B. dcm7@area35.org

DISTRICT 8 Heidi B. dcm8@area35.org

DISTRICT 9 Jim S.

dcm9@area35.org

DISTRICT 11 Cindy S.-K. dcm11@area35.org

DISTRICT 12 Richard G. dcm12@area35.org

DISTRICT 13 Justin W. dcm13@area35.org **DISTRICT 14** Paul E. dcm14@area35.org

DISTRICT 15 Pat M. dcm15@area35.org

DISTRICT 16 Glenn M. dcm16@area35.org

DISTRICT 17 NO INFO dcm17@area35.org

DISTRICT 18 William "BR" B. dcm18@area35.org

DISTRICT 21 Laura C. dcm21@area35.org

MOVING? ADDRESS NOT CORRECT?

Please help us keep our Northern Light mailing address accurate and up-todate. It costs the Area (you) \$.50 for each piece of returned mail.

Please contact our Group **Records Secretary with your** new or changed address:

GroupRecords@area35.org

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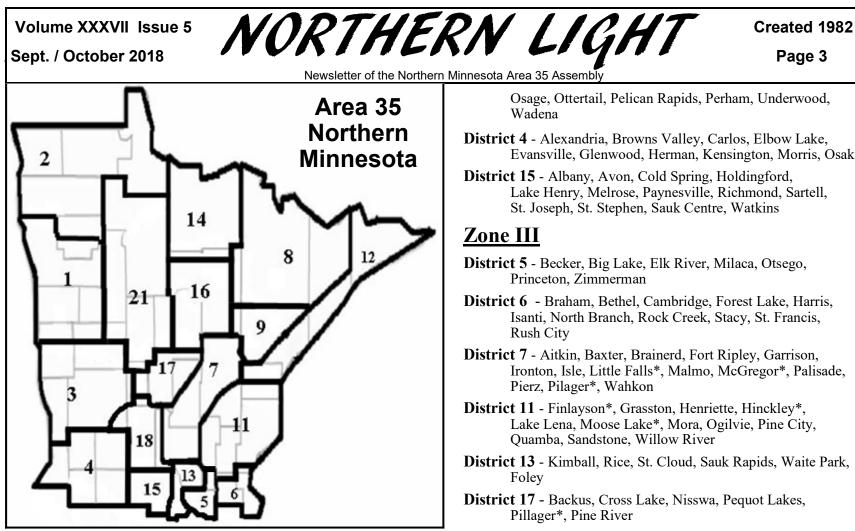
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The Northern Light is a confidential document. It contains members' full names and addresses. This usage does not in any way violate our Tradition of anonymity to the public communications media The articles and opinions expressed herein are strictly the personal opinions of those expressing them.



Zone I

- District 1 Ada, Crookston, Erskine, Fertile, Fosston, Mahnomen, Naytahwaush, Red Lake Falls, Twin Valley, Waubun,
- District 2 Badger, Baudette, Grygla, Hallock, Halma, Middle River, Rainy River (Ontario, Canada), Roseau, Stephen, Thief River Falls, Warren, Warroad, Williams
- **District 16** Bowstring, Boy River, Cohasset, Deer River, Effie, Grand Rapids, Hill City, Lawrence Lake*, Longville, Remer
- District 21 Akeley, Bagley, Bemidji, Blackduck, Cass Lake, Debs, Menahga, Onigum, Park Rapids, Red Lake, Shevlin, Solway, Squaw Lake, Walker

Zone II

District 3 - Audubon, Barnesville, Battle Lake, Cormorant, Deer Creek, Detroit Lakes, Dilworth, Elizabeth, Erhard, Fergus Falls, Frazee, Hawley, Henning, Lake Park, Moorhead,

Evansville, Glenwood, Herman, Kensington, Morris, Osakis

District 18 - Browerville, Clarissa, Eagle Bend, Little Falls*, Long Prairie, Motley, Parkers Prairie, Staples, Verndale

Zone IV

- **District 8** Alango, Aurora, Babbitt, Biwabik, Cook, Cotton, Ely, Eveleth, Gilbert, Hoyt Lakes, Mountain Iron, Nett Lake, Orr, Palo, Pike, Tower, Virginia, Zim*
- **District 9** Chisholm, Floodwood, Goodland, Hibbing*, Keewatin, Kelly Lake, Lawrence Lake*, Nashwauk*
- District 12 Beaver Bay, Silver Bay, Brimson, Brookston, Cloquet, Duluth, Esko, Finland, Fredenberg, Grand Marais, Grand Portage, Hermantown, Knife River, Lawrence Lake*, Lutsen, Mahtowa, Pike Lake, Proctor, Sawyer, Silver Bay, Foxborro (Wisconsin), Side Lake, Superior (Wisconsin), Toivola, Two Harbors

District 14 - International Falls, Littlefork

* In cities marked with an asterisk, some meetings consider themselves to be in one District, and some meetings consider themselves to be in another District.

District Meeting Location Information

District 1

2nd Sunday of even months, 2:00 p.m. Fertile Community Center 101 S. Mill St., Fertile, MN 56540

District 2

1st Sunday of Odd Months, 3:00 p.m. Thief River Falls Alano Club 614 Davis Ave. Thief River Falls, MN 56701

District 3

3rd Sunday of Month, 10:00 a.m.

District 7

3rd Thursday of Month, 7:00 p.m. First Congregational United Church 415 Juniper Street Brainerd, MN 56401

District 8

Committee Meetings at 6:30 p.m. General District Meeting at 7:00 p.m. Contact DCM for location "It Rotates"

District 9

Last Sunday of Month, 6:00 p.m.

District 14

3rd Thursday of Month, 6:30pm District Meeting Coffee Landing 444 3rd Street International Falls, MN 56649

District 15

1st Monday of Month, 8:00 p.m. Albany Community Center 741 Lake Ave. Albany, MN 56307

Alano Club 827 Summit Avenue Detroit Lakes, MN 56501

District 4

3rd Saturday of Month, 5:30 p.m. Contact DCM for location (It Rotates) Potluck at 6:30 p.m. Round Robin at 7:00 p.m.

District 5

3rd Monday of Month, 7 p.m. Freshwaters Church 12475 273rd Ave NW Zimmerman, MN 55398

District 6

3rd Thursday of Month, 7:30 p.m. Spring Lake Lutheran Church 8440 Erickson Rd. N.E. North Branch, MN 55056

Hibbing Alano Club 3725 1st Avenue Hibbing, MN 55746

District 11

1st Tuesday of Month, 7:00 p.m. Peace Lutheran 2177 Hwy 18 Finlayson, MN 55735

District 12

3rd Thursday of Month, 6:30 p.m. Contact DCM for meeting location (It Rotates)

District 13

1st Monday of Month, 7:30 p.m.- 9:00 p.m. St. Cloud Alano Club 127 7th Ave. NE Saint Cloud, MN 56301

District 16

1st Wednesday of Month, 6:30 p.m. United Methodist Church 1701 S.E. 5th Ave. Grand Rapids, MN 55744 Handicap Accessible, Non-Smoking

District 18

1st Tuesday of Month, 6:30 p.m. Long Prairie Alano Club 21 2nd Ave. Long Prairie, MN 56347

District 21

2nd Monday, 7:00 p.m. Bemidji Alano Club 3802 Greenleaf Ave NW Bemidji, MN 56601

District 17

Not currently active or unknown

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AREA OFFICERS & ACTION COMMITTEE NL REPORTS

Delegate:

Greetings Area 35,

I hope everyone has enjoyed their summer. I finished up this month with three post-conference reports and they all went very well. The hospitality and food were great. There were a lot of good questions and I am working on getting all your questions answered. My report is posted on area35.org for you to share with your Districts. Please let me know if you have any questions.

I would like you to start sharing with your Groups and Districts about the WCRAASC that Area 35 is hosting March 1^{st} - 3^{rd} , 2019. It will be held at the Courtyard Marriott in Moorhead, MN. This is a great opportunity to learn more about the 2019 Conference Agenda Items so you can become better informed and bring this information back to share with your Groups. I have been working with Jim and Steve on getting some preliminary items taken care of for the Conference. Steve and Jim have been working hard on a budget that I submitted to the West Central Region last week. Please let Jim or myself know if you are interested in helping out with the Conference. We will need many of volunteers to make this event happen.

Please continue to encourage your sponsees and fellow AA members to subscribe to the Grapevine. Other ways we can help the challenge is by giving a subscription as a gift or even suggesting that our homegroups sponsor a subscription or two for local facilities. I know that there are some competitive members out there who would enjoy seeing the WCR have that greatest increase in subscriptions. Ready, Set, SUBSCRIBE.

We also have the 2019 West Central Regional Forum coming August 16th-18th, 2019, in Grand Forks, ND. Let's see how many people from Area 35 we can get to attend this Forum. This is an event that is put on by our General Service Office and we would love to get as many GSRs and DCMs to attend this event. This is a wonderful time to meet the staff and ask questions. Bring this back to your Groups so they can start budgeting for you to attend. If you have any questions about this, please let me know.

There are a couple staff positions that will becoming available at GSO. I have emailed out information to the DCMs and Area Committee Members. If you know of anyone or are interested yourself, the letter contains information on how to apply.

Remember to contact Roger, our Area Chair, if you have an item that you want discussed for the upcoming 2019 General Service Conference. We would like to be able to discuss the item at the October Assembly to ensure we make the deadline of December 15^{th} .

District 21 would like area officers to facilitate on September 23rd in Bemidji. They would like us to share our service experiences and what it has done for our sobriety. We are hoping that this will generate so enthusiasm for general service in the district.

I don't have a lot of new information to report. I hope to see you all at the Fall Assembly that is right around the corner.

Please let me know if you have any questions or if I can assist your Districts in any way.

In Love and Service, Christine G. Area 35 / Panel 68 Delegate

<u>Alt. Delegate:</u>

NO REPORT

Area Chair:

and or I just might show up there.

I am looking forward to seeing you all at our Fall Assembly in Deerwood MN on October 6-7. At the Fall Assembly, we will be discussing several important business items such as the 2019 Area 35 budget. Districts will also be presenting potential Agenda Items from Area 35 for the 2019 General Service Conference. Special presentations from Steve L. on How the Northern Light contributes to a more Effective Area 35 and Jim S. on How Districts can be more Effective in carrying our message will also take place.

In service, Roger R. Area 35 Chair

Secretary:

Greetings Area 35,

It is such a privilege to serve all of you. I had the privilege of being the Sunday Morning Speaker at Keep it Simple. I want to thank Scott M. for asking me to speak it was an incredible weekend and was a lot of fun. I also wanted to point out that we had SEVEN PAST DELEGATES in attendance. Which I think is truly incredible.

I was also Captain of the A.A. State Fair Booth on Saturday August 25th, which was another amazing experience. Every year when I work at that booth, I always get one "crier" and this year I got three "criers". If you have not had the opportunity to work at the A.A. State Fair Booth, I suggest that you give it a shot. It is such an amazing and spiritual experience in a way that I cannot even explain.

Other than that I have sent the minutes to Steve from the August ACM meeting, the Fall Assembly Flyers are available as well as the Area 35/36 Joint Workshop.

Thank you for allowing me to be of service, Melissa A. Area 35 Secretary

Treasurer:

Greetings from your Area Treasurer. It is an honor and a privilege to serve you.

Since my last report, I have:

- Reconciled two monthly bank statements and created reports for review by the Financial Oversight Committee
- Deposited all contributions received as of August 31st
- Paid all bills and expenses received as of August 31st
- · Completed a balance sheet and income/expense/contribution statement for Period 4 (June/July)

As of August 31st, our checking and savings accounts have a combined total balance of \$22,665.58. Year-to-date total income and expenses are \$24,747 and \$27,072, respectively.

Year-to-date group contributions for 2018 and 2017 are \$21,132 and \$16,839, respectively, a 26% increase over last year. Based on the amount received thus far, we may expect total year group contributions to exceed \$31,000. That would outpace the \$24,961 we received in 2017, and the \$29,862 we received in 2016. Note that I am talking about group contributions only, as we also receive additional income from area events, roundups, Northern Light flyers, and grapevine sales. Our groups and their members are doing an outstanding job of supporting Area 35!

All officers and committee chairs are operating below their respective budgets the year. Our total year-to-date exp enses an **\$8,321** bel

Greetings Area 35 of Northern MN.

I trust you all had an enjoyable and productive summer. I appreciate your efforts to carry our message both directly and indirectly to still suffering alcoholics. In General Service much of our work is with professionals who are in contact with alcoholics before we may meet them.

I have finalized agreements for hotel rooms and meeting facilities for our Spring 2019 Assembly at the Duluth Holiday Inn April 6th -7th and Fall Assembly at the Bemidji Hampton Inn 2019 Assembly. Flyers or our Spring 2019 Assembly will be available at our Fall 2018 Assembly.

Following our June Area Committee Meeting, I traveled to Fertile MN and attended a District 1 Meeting. I am pleased that District 1 was set to elect a new DCM at their next District meeting. Thank you to Jon S. for inviting me to the District 1 meeting and Jim S., our Alternate Delegate for attending the meeting with me. We hope to have a DCM representing District 1 soon.

On September 23rd Area 35 Officers including myself plan on conducting a workshop on General Service and our experiences in service to encourage more participation in District 21-Bemidji.

I/we are open to attending your District Meeting too. Feel free to invite me

I have completed the mailing of contribution acknowledgments to the groups. I am no longer behind on this task! If you have questions or concerns about any of your group contributions, please email me at treasurer@area35.org.

Please note that the new address for mailing contributions is:

NMAA **PO Box 114 Grand Rapids, MN 55744-0114**

I have noticed that most contributions do include it and that makes my job a lot easier. Thank you!

Thank you for your continued support of Area 35 and thank you for the opportunity to serve Alcoholics Anonymous.

In Service. Mike F. Area 35 Treasurer Archives:

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(Continued from page 4) Greetings Area 35,

Well it seems as though another summer has come and gone. I hope everyone had an enjoyable summer! One of the highlights for me personally was being able to listen to a few of our trusted servant's stories at the Annual Keep It Simple Weekend held in Eveleth, MN. In District 8 this past August. What a wonderful weekend and I was absolutely impressed with the quality of the message of Alcoholics Anonymous that was being shared from our podium.

At the heart of those talks I found an underlying theme. Underlying our message there are principles that guide us in our recovery and in our relationships with the world around us.

That theme is our Three Legacies of Recovery, Unity and Service. It's through sponsorship and belonging to a home group that studies our principle that I have come to a little bit of understanding of them also by reading through our literature. Learning about the history of our founders reading such works as Pass It On- Bill W. autobiography, or Dr. Bob and the Good Old-Timers, which is Dr. Bobs autobiography, and AA Comes of Age, which chronicles AA's growth and recollects how our principles have evolved and how our fellowship has grown, that I've noticed a trend happening in AA. It's one that I hope we as a fellowship are able to endure.

The trend I'm talking about involves a total lack of Unity in our fellowship when it comes to our singleness of purpose. I've listened to both sides of the argument patiently for the 15 years or so. It appears to me that we stand divided on who can be a member of AA and who cannot. We have plenty of literature to help guide us to this question. All of this literature has born out of AA experience, thus becoming a part of our AA history.

Each and every time we open ourselves up to following the ideology of those who believe that our singleness of purpose is "Horse and Buggy stuff", we undermine the Unity of AA, which is one of our greatest strengths and vital to us being able to continue to carry the AA message to the alcoholic who still suffers.

I would like to challenge those who lack the knowledge of our principles, to sit down and read the books that tell of how our fellowship was born. To learn about the principles so that the alcoholic who has yet to find us may find AA, and not just some watered down version of it that may send another alcoholic to the grave to soon.

Yours in Service, Scott M. Area 35 Archives Chair

Archivist:

NO REPORT

Cooperation with the Professional Community:

NO REPORT

Corrections:

Greetings from your corrections chair!

I met with Craig from the Area 36 Joint Corrections Chair. We discussed transition fairs as most are set up through Area 36, anyway he will be working on placing people at these fairs, however there are many people doing the fairs currently in Area 35 and will continue to do them. We thank you for your service! I will still be getting people temporary contacts as they are released. I would again like to thank Butch R. for chairing the Committee meeting in August. I was sent a request for request for a case of Big Books and a case of 12 X 12s from the Rush City prison. I believe we need groups to do this as the area doesn't supply books for corrections?

Any questions or concerns please contact Paul

I have been making changes to group information as they come in, also working on new spreadsheets for the districts to use to verify groups' information and get back to me with any changes. When sending changes to me, please send them on Group Information Change Forms so I can enter the info as correctly as possible. Please include email addresses for each person as well. I also updated the meetings on aaMinnesota.org.

There are a few messages via the Contact Us link on aaMinnesota.org every week. Some of these are concerning Area 36 and so I forward those to the group records person for southern MN. Others I answer personally or forward to the DCMs or others in the district the contacts are coming from. It is rewarding to be able to help people reach AAs or find meetings in their vicinity. It shows me that our primary purpose is being fulfilled. That is why we show up to do all the things we do!

In service, Sally L. Area 35 Group Records Secretary

Literature:

NO REPORT

Northern Light:

Howdy Ladies & Gentlemen,

As I put this issue to rest I'm surprised by how many no reports there were. If "Faith without works is dead", then by comparison," Service work without action is stagnancy".

I was fortunate to be a part of the team to staff the AA booth at the State Fair. What a wonderful experience that was. It was slow, but saw some interesting looks from people when someone in their posse stopped and picked up a pamphlet or two.

I've also been busy in putting together my presentation for the Assembly, working with Christine and Jim on a budget for the WCRAASC and other related tasks for that event.

Yours in Service Steven L. Area 35 Northern Light Editor

Public Information:

Greetings Area 35,

Since the Area Committee Meeting, I have fulfilled Area 35's commitment at the State Fair. THANK YOU, thank you for all whom volunteered.

During our last Committee Meeting there was talk about the Beginners Meeting in District 8, I had mentioned the format District 13 has used successfully for years, and stating District 13 received a copy from another District. I have a copy of that format if anyone wishes a copy. I found out District 13 received their copy from District 8, perhaps District 8 could revisit. My apologies for using the term bleeding deacon, in referring to a member who is in disagreement with others in District 8 on the subject of Beginners Meeting. The term may be taken as an insult to others in the District.

Thank you for allowing me to be of Service

Gayle R.

Area 35 Public Information Chair

Treatment:

NO REPORT

Webmaster:

NO REPORT

Yours in service, Paul M. Area 35 Corrections Chair

Grapevine:

NO REPORT

Group Records:

Greetings, Northern MN.

A few days ago, I received an email from the GSO records department which stated that progress is being made on combining all three databases that the General Service Office currently manages, which are Group and service records (FNV); publications, order entries and group contributions; and their accounting, procurement and production information. Each department is working with the I.T. department and the software developer to make sure their interface is user-friendly and that it meets GSOs needs. They hope to implement the new system on February 1, 2019. They are doing their best to eliminate any bugs so the transition will go as smoothly as possible. The new system will be called the Enterprise Resource Planning system (ERP).



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THE NINTH STEP

 $\mathbf J$ reetings Area 35! I was asked by AA Minneapolis Intergroup to write an article about my experience with Step Nine for their September MIRUS newsletter. I would like to also share it with all of you along with saying that I miss going to all of the wonderful Area 35 service events I had the opportunity to attend as a GSR in District 5. I particularly miss the awesome lunch and fellowship of the Aitkin Committee Meetings and also the fellowship and learning (and copious amounts of ice cream) at the Area 35 Assemblies and Workshops!

Thank you everyone in Area 35 for your support, fellowship, guidance and making it possible for me to stay sober... one day at a time!

Step Nine: "Made direct amends to such people wherever possible, except when to do so would injure them or others.'

Reflecting on Step Nine, I now realize that I began the process of making direct amends over three years ago when I overcame my contempt prior to investigation and went to my first meeting of Alcoholics Anonymous in Big Lake, Minnesota and became willing to work a program of recovery with a sponsor. When I got to Step 8 and Step 9, my sponsor told me that while Step 4 and Step 5 were all about me... Step 8 and Step 9 were going to be all about those who I had harmed

When I worked on Step 8, I sought to make the most complete list of people I had harmed. As an example, I went all the way back to my childhood years where I found a memory of when I said some unsavory things about my sister's appearance to her in front of my mother.

When we worked on Step 9, my sponsor helped me categorize my Step 8 list into people I should make direct amends to and those people who I should not. It was at this juncture that I had to seek humility and the will of my higher power regarding one person on my Step 8 list that I felt very inclined to make a direct amends to for my own selfish reasons. My experience with this person is tied to the only meaningful accomplishment I have made in my career. Thankfully I had a higher power and a sponsor in my life who gently guided me from my selfish motivations towards the realization that making a direct amends to this person would cause them more harm than the good. I decided to make a living amends to this person in lieu of a direct amends.

My sponsor then had me pick out a handful of direct amends to make first. I chose to include my Mother and my Sister in my first round of direct amends.

Just before I was to begin making my first direct amends, I decided to listen to a second sponsor... the one I see in the mirror every morning. I made an unplanned, extemporaneous direct amends to my next-door neighbor (who was not even on my Step 8 list) after I almost hit her with a rock thrown from my snow blower. A wave of relief and happiness came over me after I apologized to her for my carelessness. I couldn't wait to tell my sponsor what I had done when I checked in with him that evening. When I told him about this first direct amends, he informed me that I had blown it.

My sponsor then shared with me the wisdom he obtained from doing Step 9 with his sponsors. These insights felt right and true to me and so I readily adopted them for completing Step 9. They included:

- 1) Write down what I am going to say, review it with my sponsor and meditate over it ahead of time (at least for the first few direct amends).
- 2) Avoid "softening the blow" regarding the harm, I caused by minimizing the impact or rationalizing what I said or did.
- 3) Be mindful to not cause more harm thru the direct amends I make.
- Avoid making promises and commitments as part of my direct amends 4) that I cannot keep. For example, replace "this will never happen again" with "I will put forth my best effort to not do this again".

"Hi my name is Doug, I am an alcoholic and I drank today."

A rea 35 has taken on responsibility to man the State Fair AA booth with volunteers the first weekend of the fair once again. I would say this year was a successful failure. Successful because of the dedicated volunteers whom come year after year. Thank you! Thank you to Melissa for being a Day Captain for Saturday, I'm not sure how many continuous YEARS you have done this, but I am grateful for you. A sponsor brought a sponsee, that's the way we start service work. Just by being willing. Oh yeah, Steve L. our Northern Light editor, suggested I write an article on my experience at the booth for the Northern Light. He is always searching Northern Light articles. I had quite a few volunteer openings when we went into the weekend, and had couple of calls for those volunteers who couldn't make it there. We made it work, with a record 222,000 people at the fair, we had a busy booth at times. Sunday was a different story; every volunteer called or didn't show up. I was alone in the booth from nine to four, my sweetheart came to help and with rain threating it was a slower day, only 180,000 at the fair.

The majority of those who swing by, whether they want to talk or just take a pamphlet to hand to the guy walking with him or wanted information about Alcoholics Anonymous. Some just stopped by to say they too were a friend of Bill W's. Some wanted information on Al-Anon and some wanted to see if there was an AA meeting at the fair? We gave out lots and lots of pamphlets, meeting locator cards, Minneapolis and St. Paul Intergroup Phone number cards Along with conversations after conversations long and short. One of my conversations was the guy who had a drink or two by 9am and he said he was an Atheist, and how could he do those steps if he didn't believe in God. Our literature is a marvelous tool that is always ready for references. I first grabbed the Big Book, the answer to his question is right there (we also have a pamphlet for that). He wasn't ready that day to come to us, but I told him we would always be here for him when he was ready.

The booth next to us was a US Military branch and on down time on Sunday we talked. One serviceman stated alcoholism runs wild through his family and he has never touched a drink because of that reason, and he also knows a few of us AA people personally in his life. A young servicewoman talked about her own drinking and how when she starts she can't seam to stop, so she tries not to start. I suggested off base meetings, a sponsor and this book could help her not want to start.

Doug's story was heartbreaking for me, he came rolling in on a scooter and said, Hi, my name is Doug, I'm an alcoholic and I drank today. He had a foot amputated on Friday, he was trying not to take his pain meds, and he did indeed drink today. I hope I help that guy, just even a little bit.

I started this article stating it was a successful failure, based on the lack of volunteers, but really was it? I stayed sober, and being in my sober month I ensured my sobriety for one more day. How can I call that a failure, any sober day is a win.

Thank you for allowing me to be a service-Gayle R.--Public Information Chair



When traveling to make a direct amends, make the direct amends the only activity I do during my trip and avoid the temptation to schedule other activities to do on the same trip.

I made my first direct amends to my Mother who I had scared with my erratic behavior during my last drinking binge just after she came to live with me. This was a huge blessing because my Mother passed away a few months afterwards.

When I made my direct amends to my Sister regarding my unsavory comments about her looks during our childhood, I received an unexpected gift. She told me that she did not remember the incident I was making the direct amends to her for and that she remembered and appreciated the time I came to her defense in our adult years to take her side after our Father had jokingly made some insensitive comments about her appearance. I had completely forgotten that exchange! What a huge blessing that was to discover, all thanks to the miracle of having a higher power, having a sponsor, doing step work with my sponsor's help and being willing to work a program of recovery in Alcoholics Anonymous.

Amen!

Alan S. Buffalo, MN This Years State Fair Booth

"Change is scary, even if it promises a better life."

"As Long As I Stay Willing," Watsonville, California, June 2009, Step By Step

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BLAST FROM the PAST

In this edition from Blast From the Past is an article from the Volume I issue #2 of the Northern Light printed December 10, 1982. Called

Our Past Delegate Says...

W hen I looked around the meeting room at the Fall Assembly, I was struck with the number of people present. Representation from all of the groups has grown tremendously in the past several years. It would be easy, I suppose, to attribute it all to good fortune or just plain luck.

Our Northern Assembly has grown, not because of luck, but because of the hard work on the part of a lot of individuals over a period of many years. When we first started holding area meetings, there was a handful of us in" a small room and now, to see so many members participating, gives me a feeling of gratitude, which is hard to express.

While service is rewarding, it is also hard work. To be frank, some of it is dull and boring. No one likes to sit in a chair for three hours and listen to many of the same complaints or "new discoveries" by fledgling representatives.

I guess one of the most important things about service is listening to others, sometimes with patience, sometimes without patience, but always listening. Bill W. stressed the importance of representation of the minority view. We should never forget this at any level in our fellowship.

I hope and pray that our Northern Assembly continues to grow. The more people involved in service, the stronger our fellowship will become. Let us ever be mindful of earring on the tradition of patiently listening to others so that they may feel a part of our vast organization.

Yours in fellowship, Vern R. Past Delegate

"Times change, people change, and language may change. But the disease of alcoholism does not change. It always kills."

"We've Got What You Need," Beaumont, Texas, February 1996, In Our Own Words: Stories of Young AAs in Recovery

SEARCHING

L he Biwabik Sunday Nigh Group is searching for an out of print GV Book "The Best of the Grapevine Vol. 1" (purple cover). We currently have two copies of this book. My Group would like to acquire more because we have started reading a story out of this book in our Groups topic rotation. With reading one story every six weeks it will take us about a half dozen years or more to get through the book. We have depleted what our Area had and Area 34 (Iowa) had on hand. We've looked in the Duluth Intergroup and written to both Minneapolis and St Paul's Intergroups as well. NO LUCK. If your Group or District has a copy for sale please let me know at northernlightnmaa@gmail.com, call or text me at 218-780-0905 to make arraignments for payment and delivery. Pssst ask for Steve.

AREA 35 EVENTS

INCLEMENT WEATHER PROCEDURE

Area Chair calls to cancel and/or re-schedule.

Acronyms

(Spaghetti Soup)

- AAWS Alcoholics Anonymous World Service
- ACM Area Committee Meeting
 - **BB** Big Book (Alcoholics Anonymous)
- BTG Bridging the Gap
- **CCS** Corrections Correspondence Service
- **CPC** Cooperation with the Professional Community
- DCM District Committee Member
- FNV- Fellowship New Vision Database
- **FOC** Finance Oversight Committee
- GSO General Service Office
- **GSC** General Service Conference
- **GSR** General Service Representative
- GV- Grapevine
- **GVR** Grapevine Representative
- **ICYPAA** International Conference of Young People in Alcoholics Anonymous
 - NL- Northern Light
 - NMAA Northern Minnesota Area Assembly
 - **PI** Public Information
 - Panel The Two Year Rotation a Delegate Serves (Ours is an Even # Starting with Panel 2 in 1952)
- WCRS West Central Regional Service (Conference)
- WCRAASC West Central Regional Alcoholics Anonymous Service Conference (same as above)
 - WCR West Central Regional (Forum)
- WCRAAF West Central Regional Alcoholics Anonymous Forum (same as above)

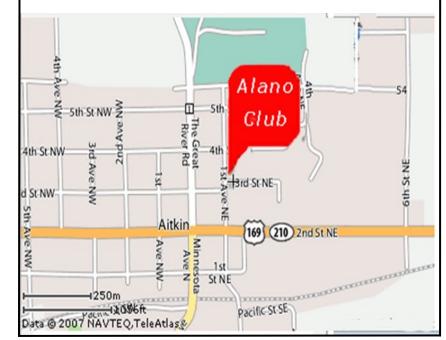
"The core of our AA procedure is one alcoholic talking to another, whether that be sitting on a curbstone, in a home, or at a meeting. It's the message, not the place; it's the talk, not the alms."

> "AA Co-Founder, Bill W., May 1948, "Tradition Six", The Language of the Heart

AREA 35 COMMITTEE MEETINGS

Where is the Aitkin Alano Club? Area 35 holds Committee Meetings in February, June, August and December at the Aitkin Alano Club 322 1st Ave. N.E. Aitkin, MN.

- Based on DOT report, national weather service, individual safety being paramount
- Chair asks for weather reports from all DCM's from respective districts either by email or phone for those that don't have computers.
- Chair notifies the Alano society in Aitkin on food preparations and possible re-schedule to following Sunday.
- Chair contacts webmaster results put on Area 35.org and reschedule date and time.
- Districts contact their DCM in inclement weather for updates on cancellation.
- Post procedure in Northern Lights.
- Chair remains available and in close contact as he or she is the focal point and main contact; he or she must make the decision, and be available for calls.



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UPCOMING EVENTS IN AREA 35

*See area35.org for printable flyers

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Service Events

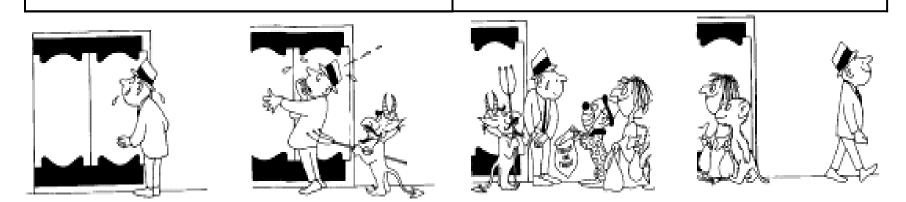
- October: 5th : District 7 Corrections Workshop * First Congregational Church 6 pm 415 Juniper St. Brainerd, MN
 - 6th & 7th: Area 35 Fall Assembly * 25039 Tame Fish Lake Rd Ruttgers Bay Lake Lodge Deerwood MN
- November: 17th : Area 35/36 Joint Workshop Bethlehem Lutheran Church Noon - 4:00 pm 4310 County Rd 137 St. Cloud, MN
- December: 2nd : Area 35 Committee Meeting * Alano Club 9:00 am -2 pm 322 1st Ave. NE Aitkin, MN

Service Events 2019

- January: 19th & 20th: Area 35 Workshop Holiday Inn 5637 MN-29 Alexandrea, MN
- March: 1st-3rd: WCRAASC Courtyard Marriott 1080 28th Ave S, Moorhead, MN



- October: 26th & 27th : St. Cloud Roundup * St. Cloud River's Edge Convention Center, 10 4th Ave S St Cloud, MN
- November: 23th 25th : Founder's Day Weekend Double Tree 7800 Normandale Blvd. Bloomington, MN





Agenda <u>Deadline Dates</u>

December 15th

Deadline to receive proposed Agenda Items and submit Agenda Items to GSO from our Area 35 Delegate along with the "Hot Topic List" from the Delegate at the Aitkin Committee Meeting.

1st Weekend in March

FOUNDATIONS

Area 35 General Service Conference Agenda Items Process

Greetings Area 35,

The Agenda Items do <u>not come</u> out any sooner to the Delegate than the week of February 15th due to the January General Service Board Meeting.

We realize that this timeframe does not give us a lot of time for discussion within our home groups before our April Spring Assembly.

It is the responsibility of the DCM's to get the Agenda Items along with the "Hot Topic List" to the group GSR's in their District. It is important that this information be passed on as soon as it is received.

Thank you for your Help.

February 15th

Delegate receives Agenda Items from the General Service Office. Then creates a "Hot Topic List" and sends it along with the Agenda Items and Background Information to the Area 35 Webmaster.

The Webmaster posts the material on our website(www.area35.org) with a Protected Password. The Delegate sends out an email to the Area 35 Committee with the "Hot Topic List" along with the password information. Which is used to get the Agenda Items and background Information off the Area 35 Website.

4th Sunday in February

Agenda Items are distributed to Area 35 by hard copy or CD Agenda Items are discussed at the West Central Regional AA Service Conference.

1st Weekend in April

Agenda Items are discussed and voted at the Area 35 Spring Assembly with the Area 35 Delegate

3rd Week in April

Delegate attends the General Service Conference and carries the voice of Area 35 to New York.

FOR MORE INFORMATION CONTACT

Christine G. Area 35 Panel 68 Delegate delegate@area35.org

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AREA 35 COMMITTEE MEETING MINUTES

Area 35 Committee Meeting Minutes Aitkin, MN August 5, 2018

Call to Order: Roger R.. Called meeting to order and opened with the Serenity Prayer.

Recognition of Past Area 35 Delegates in Attendance: Kelly D. (Panel 66) Mike J.(Panel 64) Bruce B. (Panel 44) Susie A.(Panel 48) Tom A. (Panel 50)

Additions to the Agenda: Nothing was Added

Approval of the June Area Committee Minutes: Motion made and seconded to approve minutes. Minutes were approved.

OFFICER REPORTS

DELEGATE-Christine G.

Greetings Area 35,

I hope everyone is enjoying their summer. I have been busy giving my post General Service Conference reports.

The remaining reports I must give are as follows:

- 8/16/2018 District 12 6:30pm Alano Club - 103 10th St., Cloquet
- 8/18/2018 TBD at City Park in Detroit Lakes District 3

I would like to thank all the Districts for your wonderful hospitality. I have had a wonderful time traveling to the Districts, meeting new people, seeing familiar faces and eating wonderful food.

I have also been working on the WCRAASC that Area 35 will be hosting March $1^{st} - 3^{rd}$, 2019 in Moorhead, MN. There is plenty of work to do and many volunteer positions that need to be filled. If you are interested in getting involved, you can get ahold of Jim S. our Alt. Delegate, myself. Some positions will require local volunteers but there are plenty that do not. This is a great opportunity to gather more information on the 2019 agenda items and to meet people from around our Region. The guest speaker will be Greg T., the General Manager for the General Service Office.

As mentioned in my NL report, the General Service Conference passed a procedure for polling between Conferences and we will have the opportunity to use this procedure. The Policy and Admission committee had a Confer-ence call on July 5th regarding the 69th General Service Conference dates. Due to an office error, we currently have a signed contract with Crowne Plaza Hotel for April 21st-27th, 2019.

The Trustees Conference and Policy and Admission Committee agreed, after discussion, that a poll should be sent out to the Conference Members with the recommendation that the conference date change to May $19^{th}-25^{th}.\ This$ recommendation passed after the minority voice was heard, which brought a motion to reconsider. This motion failed and the recommendation passed. I used my right of decision and voted in favor of the May date. I may ask the Area if we can move the June ACM date out a couple weeks so I can have a week or two to prepare my post-Conference report. The General Manager gave his apologies to the Board and the fellowship for the error in scheduling that happened under his watch, which caused the need for this poll.

• Our WCR Trustee returned from the July Board meeting and sent a brief

than budgeted. Expenses were 2.7% or 266K higher than budgeted, and this was partly due to the GSC being in NYC. We show a net loss YTD loss of 140K versus a budget profit of 8k. Please continue visiting your groups and express the importance of their contributions to GSO so we can become truly self-supporting through our own contributions.

- The Grapevine is beginning a three-year strategic plan that will incorporate the Fellowship Feedback Project, which we will be hearing more about very soon. Sales are ahead of projections, showing a positive bottom line number versus a projected deficit.
- Our WCR Trustee made a motion to have the YouTube channel discon-٠ tinued and it did not receive substantial unanimity. I did ask what the vote looked like and there was one vote for and the remaining was opposed. This looks like we are beating a dead horse; we need to look at different approach.

Here are some ideas that Tom shared:

 \diamond "Let's get our search engine optimization up by having AA.org be the search result when people search for our content, not a 3rd party web site. With new video content being developed or at least considered, let's host it and have the web traffic go to our site, rather than split up search results to two sites. By content being viewed on our site it is insuring the purity of the message --- only our message, no related content. It just seems to be the best long-term strategy Traditions-wise and traffic-wise.

Start thinking about Conference Agenda Items that you would like to submit to the General Service Office for the upcoming Conference. The deadline for these items is December 15th and we would like to present them to the Assembly for Area approval.

As always, if there is anything you need my assistance with or if you would like me to visit a District Meeting, please do not hesitate to give me a call. I am here to help you in any way.

I feel very fortunate and privileged to serve as Area 35's Delegate, thank you for all your support and allowing me to serve!

Make sure you get your reservations in for the Fall Assembly, see you there!!

In Love and Service,

Christine G. Area 35 Panel 68 Delegate

ALTERNATE DELEGATE-Jim S. Good Morning,

I will be getting information to Melissa in the near future to get a flier ready for the Annual Workshop this Jan 19th and 20th at the Alexandria Holiday Inn. There is a 30 room booking window as is customary to receive the discounted rate. Tom A. will be our guest and he will be sharing with us. I would like to thank Roger for his help in getting me the information that I needed to start the process.

I met with Hannah from the Marriot Hotel in Moorhead about the Service Conference next March. The facility is excellent from what I could see. There are two main entrances to the building, one to the main desk and the other takes you into the Conference center. There is a long spacious hallway directly in front of the room we will be using for the main hall. One breakout room is attached to this room and the second breakout room is across the hall. The last breakout room is down the hall but easily found. We cannot use a hospitality room to serve food for many reasons. Mainly the hotel does not want to be responsible for any food issues that may arise and staffing for cleanup after each meal. In the meeting I had with Hannah she said that we are not able to sell coffee, this has been corrected by Kelly D. who negotiated with them in the contract that we can sell coffee. This was a big deal as coffee can be quite an expense that we would have a tough time recouping if we aren't able to sell it.

- overview of what took place. I will have more information to share on this once we get the official meeting minutes, in the mean time, here are some highlights:
- There was half of a day spent on discussing the Communication Audit. Each board member will be reviewing the data and process and submit their findings. We will be hearing more on this in the near future.
- AAWS is developing an APP that will initially include meeting finder, at least Chapter 5 of the BB, Daily Reflections and alert/messaging capabilities.
- The implementation of the new enterprises resource planning (ERP) system continues. This will replace the current FNV site and is planned to go-live February 1, 2019.
- After inventorying of materials, the count of languages for materials that we have went from 92 to 102. Bar codes will be added to our printed materials.
- Sales were 1.5% less than budgeted, contributions were 3.77% higher

Zones 1 and 3 are available for Zonal Forums this year. We have talked in our officers meeting about changing some of the topics of the Forum as they are quite similar to GSR orientations and we thought perhaps a change in topic might create some interest. If you are interested in a Zonal Forum please contact me.

In Service

Jim S. Alt Delegate

AREA CHAIR–Roger R. Welcome to the August 2018 Area 35 Committee meeting.

I trust you are having an enjoyable and productive summer. I appreciate your efforts to carry our message both directly and indirectly to still suffering alcoholics.

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Responsibility Statement

I am Responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.

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I am close to finalizing agreements for hotel rooms and meeting facilities for our Spring 2019 Assembly (Duluth) Holiday Inn April 6th -7th and the 2019 Fall Assembly (Bemidji) Hampton Inn 2019.

Flyers for our upcoming Fall Assembly are here today at the back table. Please make your reservation soon. It would be great if we could all invite a new person to General Service.

Following our June Area Committee Meeting I traveled to Fertile MN and attended a District 1 meeting. I am pleased that District 1 was set to elect a new DCM at their next District meeting. Thank you to Jon S. for inviting me to the District 1 meeting and Jim S., our Alternate Delegate for attending the meeting with me.

I am open to attending your District Meeting too. Feel free to invite me and or I just might show up there.

We have a number of reports and a few business items on tap for today. I'm looking forward to hearing your reports and discussion on these items.

Thank you Roger R. Area 35 Chair

SECRETARY-Melissa A. Greetings Area 35,

Since the last ACM meeting I submitted the minutes from the June Aitkin Committee Meeting which were posted in our last Northern Light. I have flyers for the Area 35 Fall Assembly which is October 6th & 7th at Ruttgers Bay Lake Lodge located in Deerwood, MN along with Flyers for the Area 35/36 Joint Workshop which is November 17th, 2018 located in St. Cloud. Both flyers can be found on the back table. Please have your reports emailed to me by August 21st and or hand them in to me today so that I can type them up and get them sent to Steve by September 4th.

Thank you for allowing me to be of service, Melissa A. Area 35 Secretary

TREASURER-Mike F. Greetings from your Area Treasurer. It is an honor and a privilege to serve you.

The Officers and Committee Chairs turned in their 2019 proposed budgets at the ACM in June. They will be published in the next Northern Light. We will discuss and approve them at the Fall Assembly. I want to thank everyone for submitting your budgets on time.

Since my last report, I have:

- Reconciled 2 monthly bank statements and created reports for review by the Financial Oversight Committee
- Deposited all contributions received as of July 31st
- Paid all expenses received as of July 31st
- Completed a balance sheet and income/expense/contribution statement for Period 4 (June/July)

As of July 31st, our checking and savings accounts have a combined total balance of \$22,829.56.

Year-to-date total income and expenses are \$22,603 and \$24,765, respectively. Year-to-date group contributions for 2018 and 2017 are \$18,938 and \$15,497, respectively, a 22% increase over last year.

All Officers and Committee Chairs are operating below their respective budgets for the year. Our total year-to-date expenses are \$8,536 below budget.

Soon I will be mailing out a batch of contribution acknowledgments to the groups. I am behind on this task!

COMMITTEE CHAIR & DCM REPORTS

CPC - Myron H. No Report

District 9– Jim S. Hi Everyone,

My name is Jim; I'm an alcoholic and a current DCM for District 9 in Hibbing. I continue to visit groups in the District and can assure you A.A. is alive and well in District 9. The District is reviewing the literature used at our beginner meetings. We are getting more beginner packets for that meeting which has three to five attendees per week. We are talking about the District buying literature racks and pamphlets to distribute to Clinics, Treatment Centers, and Probation Offices along with updated meeting schedules. A temporary sponsor list has been updated by passing a sign up sheet around at Group Meetings and posted at the club. Groups are reporting they have newcomers at their meetings and coming back regularly. District 9 has gotten updated meeting schedules for 2018-2019. Archives chair is actively finding materials for people requesting them. On the horizon, I hope we can get our District inventory started.

Yours in service, Jim S. District 9 DCM

District 13- Justin W. Justin Alcoholic, DCM District 13.

Greetings. Since my last report we have seen some improvements in our District, as well as a few struggles.

If you haven't heard, a Saint Cloud Intergroup was formed and things have been somewhat more complicated than they should be in my opinion. I was pulled aside in February by one of the leaders and he explained to me very clearly that they would not be duplicating any of the efforts that our District was going to be handling. Some of their interests included the assembling of a pool of speakers that AA Groups could call on when they had Open Meetings, and helping folks recover from natural disasters like hurricanes. Since then we have become aware that they are carrying out all of the CPC and Treatment related functions at the facilities in District 13. Though they are an outside organization, our Committee Chairs have been a bit confused on whether we should be duplicating efforts. Our CPC Chair extended an invitation for one of them to attend the next District meeting so we could start/get some of these questions answered, but they declined and asked instead for one of us to come to their meeting if we have any questions. If anyone here has had a similar experience, please share it with me. So far our plan will be to continue providing our services as explained in the Service Manual and the Committee Workbooks.

Since our last meeting, we have formed both Treatment and CPC Committees, both are active and we are getting on track with responsibilities along these lines. I believe there are nine people on the CPC Committee, and five on the Treatment Committee.

We have a new Literature Chair as well and he is ready to place his first order, which is close to \$500. In fact, he reorganized the literature room at the club, adding a lockable cabinet to keep the books in.

Our Secretary is working on verifying the Districts Registered Groups and we will get that information to Sally...if she hasn't already.

Our meetings have been much more successful this rotation for which I am grateful. We still have some issues with letting discussion become a debate. I have decided to add a short blurb to the Agenda. Which will be read just prior to starting the business portion of the meeting reaffirming our first and second traditions and asking that we remember to encourage the minority opinion, not discourage it.

Yours in service... Justin W. District 13 DCM

WEBMASTER - Rillis E. (Read by Melissa)

I still receive quite a few envelopes with the old address that the Post Office has forwarded to me. I don't know that they will continue to do that indefinitely.

Thank you for your continued support of Area 35 and thank you for the opportunity to serve Alcoholics Anonymous.

In Service, Mike F. Area 35 Treasurer

"We AAs are the best listeners in the world --that is, when we're not talking!"

"The Best Listeners" Maspeth, New York, May 1998, In Our Own Words: Stories of Young AAs in Recovery Greetings Area 35. I'm not able to attend the meeting today due to an injury, which will require surgery next month so it is doubtful I will be able to attend the Fall Assembly due to the temporary physical limitations. I am following my Physician's instructions and expect to make a full recovery. I am still able to maintain my Webmaster responsibilities so please continue to send me information you want posted on the website. I'm grateful to be a member of Alcoholics Anonymous because I have been given a design for living that really works in all situations of my life.

Steve L. sent me six past issues of the Northern Light which I placed on the website. They date from 1982 to 1983 and they can be found on the bottom of the Northern Light page under the heading "Archived Issues". I made some changes to District pages, which were requested by DCMs. I also added a flyer to an event already entered on the calendar in addition to placing new events on the calendar.

I'm hoping to see many of you at the Joint Workshop!

Thank you for letting me be of service. Rillis E. Area 35 Webmaster

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(Continued from page 10) LITERATURE - Brian P. No Report

District 15– Pat M. Hi I am Pat M. and I am an alcoholic DCM for District 15.

District 15 holds it meetings on the first Monday of every month at 8pm at the Senior Center in Albany. The Corrections Chair Bruce B. was laid up for a while but is up and running and is looking for women to help out at the Benton County Jail. The Treatment Chair is still not filled, so the past treatment Chair Pat M. is filling in until the first of the year. Hopefully someone steps up to fill the position. Our commitments are being met. We are still in need of a CPC/Archive Chair.

District 15 joined District 13 for the Delegates Report back June 4th. It was very well attended by both Districts. Thanks again Christine you did a great job.

The District decided not to have a booth at the Stearns County Fair. The District thought the cost was too high and the District feels the money would be better to use for a workshop like a Big Book Workshop in February.

I have been visiting the Groups; this is a new experience for me. I learn something new from every Group.

Yours in service, Pat M.

District 3- Kevin K.

District 3 is comprised of twenty three communities, from Parkers Prairie East to Moorhead West. We host a regular District Meeting the 3rd Sunday of each month, at 10:00am, at the Detroit Lakes Alano Club, all are welcome. Our District is busy contacting treatment centers, correction & law enforcement facilities supplying literature packets and a point of contact. We post a District AA hot line by providing tear off phone numbers throughout locations in our districts, such as grocery stores, clinics, libraries etc. We provide updated District meeting list as needed. Our District also rotates District Round Robins, once a month with pot luck and speakers.

As a DCM I had the privilege to attended five meetings in our District. These five meeting were all held on Wednesday nights: Fergus Falls Lake Region Hospital meeting at 6:30pm, Frazee 12 Stepper's Group 8:00pm, Erhard Town Hall Meeting 8:00pm, Perham Study Group 7:00pm Wadena Wednesday Night Group 8pm (Pot Luck).

My thanks to each of these Groups for their efforts in providing a meeting place for newcomers to meet, carrying the message of recovery through the program of Alcoholics Anonymous 12 Steps & 12 Traditions.

Our Delegates report is scheduled for the August 18th Round Robin in Detroit Lakes (See Flyers), Our District Meeting and Workshops. Christine will share her recovery story Saturday Evening.

Respectively,

Kevin K. District 3 DCM

NORTHERN LIGHT - Steve L. Good morning,

Surprise, Surprise, Surprise when I received this issue of the NL in the mail there was a flier I had no knowledge of being inserted into the NL. In the past two issues of the NL I have had a surprise. We discussed what to do about this problem. Not only are the fliers being inserted with no prior approval but no fee for insertion is being collected or paid to the treasurer. Inserting fliers is a courtesy offered to different events that happen in Area35. One idea was to cancel the insertion. Another idea was to ask Cold Spring printing to only insert fliers that the editor approves of. Every issue I send a copy of the NL issue to be printed, mailing list and inserts I have knowledge of. The later is the leading answer.

GROUP RECORDS - Sally L. Greetings, Area 35.

Area 35 has five hundred twenty nine active Groups, one pending active Group, three pending inactive Groups, and forty eight unknown status Groups. I sent four requests to inactivate Groups to GSO (one just recently) and one request to reactivate a Group in Remer. I am working on letting the DCMs know which Groups in their Districts have unknown status and perhaps get the needed information so we can either activate or inactivate them.

I have made a few updates to the Fellowship New Vision database, and current Area 35 and Area 36 active meetings databases have been uploaded to aaMinnesota.org.

There have been a few contacts from aaMinnesota.org, mostly looking for meetings. Occasionally the contacts are to report non-existent meetings where they had been listed on the website. If you know of a Group that has ceased to meet or if your own Group is not going to meet anymore, please let me know as soon as possible so I can remove them from the meeting locator.

I have gotten information back from a couple of DCMs about current Group updates. Thank you, DCMs.

I sent the Northern Light mailing list to Steve L. for the latest issue. If you are not receiving a Newsletter and would like to, get your address to me and I will add you to the list.

Thank you for allowing me to serve.

Sally L. Area 35 Group Records Secretary grouprecords@area35.org

District 4- Greg C.

District 4 has been showing steady numbers at most of our meetings. Monthly District meetings and Round Robins have been well attended and continue to be a fun way to mix business with fellowship. We even have a "Bill's Bikers" Group that gets together to take a leisurely ride to summer Round Robins when weather permits. We have added a new Treatment Chair, Dustin W. He is working with Treatment directors to strengthen our relationships and keep everyone on the message. When it comes to the message, I continue to ask the question at our District meetings, "...How have I prepared myself to carry the message? What IS the message I am carrying? And how am I going to carry it today?

Yours in service, Greg G. DCM 4

District 8- Heidi B. Greetings from District 8.

I am sorry that I was unable to attend the Area Committee Meeting due to a family emergency. I will be sending my report to Melissa A. for printing in the Northern Light.

In June, Districts 8, 9, 14 and 16 hosted Christine for the GSC Delegate's report. Christine did an excellent job with the presentation and we really appreciate the time she took to share her experiences in New York.

Over the past few months, our District has been discussing the fate of the beginners meeting at Range Treatment Center in Virginia. Sally T. our District PI/CPC Chair, presented four options to the District asking the GSR's to get their Group conscience. The District voted to keep the meeting in the Treatment Center, but to change the format. An ad-hoc Committee was formed, and met weekly to create a PI/CPC informational presentation for the clients of the Treatment Center. The 'What is AA' presentation will begin in January and will be held the first Wednesday of each month. Groups will sign up to give the presentation with brief training prior to each District meeting. We continue to provide speakers to the treatment center on the 2nd and 4th Sundays of the month and bring a meeting to the Detox and Treatment Center weekly.

Other happenings in District 8 including the discussion of the AAWS

The first two years of the NL have been posted on our WEB site, with more issues to come.

There a misprint, I apologize to Christine for misspelling her name in my report. It passes three sets of eyes.

This is the first issue since I've been editor that I received submissions for printing that I used editor's discretion and didn't include in the newsletter.

The budgets for 2019 are in this issue, make sure your Groups receive their copy to discuss and approve at the fall assembly.

Remember the next deadline is Sept 4th and it's easier to get your article published in the NL than the GV. Any questions?

Thanks for reading.

Yours in Service Steven L. Area 35 Northern Light Editor

YouTube channel and plan to work with Justin, District 13, on a presentation for Fall Assembly. The District is looking for an Archives Chair and Alt Chair, Grapevine/Lit Chair and Alt Chair and PI/CPC Alt Chair. I've been organizing the District archives material with help from Scott M. Area 35 Archives Chair. I've also been working on the Past Action Booklet (as past Secretary) for 2016 - 2017. Our District continues to bring meetings to Sandstone Federal Prison in Sandstone, NERCC in Duluth and Thistledew Camp in Togo.

Thank you for allowing me to serve.

Heidi B. District 8 DCM

District 18- BR Borders. (Read by Melissa)

I am sorry that I am not going to be at the Area 35 meeting. District 18 is doing very well, all positions are fulled, the Motley camp out was a success, thirty five adults plus kids. One Hundred twenty five plus at the potluck and meeting. The Staples camp out is the 16th through the 18th of August, the potluck is Saturday night, I am smoking ribs, please bring a dish to share. If you have

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(Continued from page 11) any questions call me at (218) 296-1512. Thank you BR Borders

TREATMENT - Cathy R.

As I sit here to write my report I believe I am under the impression that if I send my report to the Area Secretary that counts for the Northern Light. I don't think that counts for the Northern Light TREATMENT Report. Right now, I am feeling like a blonde! I did find out that I do have to write two reports.

It's been a relatively quiet summer. I received a lovely letter from Patrick C. of the GSO Staff he had been contacted by Bobbie D.from the Community Behavioral Health Hospital in Bemidji. She was requesting some literature and a meeting to be brought out to her location. I was able to speak with her and she was very clear that she wanted a meeting. I contacted District 21's DCM, Laura who was to take it from there.

District 16 has reported that Bridging the Gap is going well. I will be speaking to District 9 on August 26 on BTG as well. I have received some BTG contacts and have passed them on via email to the appropriate DCM. The only suggestion I have is to encourage the treatment/jail/prison person to share them as quickly as possible. Good news District 9, 12 and 16 have asked me to come speak at their District meetings about Bridging the Gap. I am thrilled.

At our last Area meeting, there was a very small attendance. District 15 sent over a written report, from Pat M., that they were meeting all their Treatment commitments. District 12 sent a new GSR, although not new to service, which was very enthusiastic. District 16 is chugging along quite nicely with the BTG program.

Thanks to all the Districts who have invited me to speak and all those who are working hard to bring meetings and speakers to the Treatment Centers.

In service, Cathy R. Area 35 Treatment Chair

District 16- Glenn M.

Sadly, Len H., our Lawrence Lake GSR, died on July 17th, 2018, while working at what Len did, serving people, doing community service work. He loved to work with and be of service to others. He literally left this world doing that. He died "With His Boots On"! We'll miss you, but your AA spirit lives.

A Celebration of Life Service was held Friday July 27th, 2018, at the Nashwauk, Alliance Church with standing room only. I found out he was a Boy Scout Master & Troop Leader, ATV instructor, a member of the American Legion, the Nashwauk United Methodist Church, the Draft Horse Association and several AA Chapters and offices at both Group and District levels and was on most Treatment facilities as well as Detox's speed dial when others couldn't make it. Len could and did. He celebrated Forty two years of sobriety with AA and was very dedicated to sponsoring and mentoring others in their struggles with addiction. He was a man who loved to help others, give words of wisdom and hugs. He walked through life with a smile on his face and vest pockets full of candy to share with anyone that crossed his path.

This Saturday July 21st, 6 of us from District 16 attended the UpFront Club Picnic at Lum Park in Brainerd. The first time for me hearing four speakers from the 12 Step Groups, Al-Ateen, Al-Anon, NA and the AA speaker was actually a member of both AA & NA. The food. 80# worth of BBQ chicken alone was worth the trip, grilled on a homemade grille built on a trailer for pulling to Round-ups and yes, he will come to Itasca County. I found out he can put in two more racks to cook, wow of to 240# of BBQ'd chicken.

By attending even more of District 16's twenty three Group meetings, I've been encouraged in just how "alive and well" of a recovery community I've been blessed to be a part of. Because of anonymity and humbleness, it's easy to overlook the silent hero's of the AA program.

Newsletter of the Northern Minnesota Area 35 Assembly

NORTHERN LIGHT

5's report and bringing it to Area 35, for picking up the literature and Northern Light for District 5.

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District 5 still has three District positions filled (DCM, Treasurer, and Secretary) we are getting four to six GSR's at the District Meeting, held the 3rd Monday every Month at Freshwater's Church in Zimmerman at 7pm.

Which means we have 6-9 people making the decisions for over forty people.

At our last District Meeting we did vote to have a manned booth at the Mille Lacs County Fair from August $8^{th} - 13^{th}$ in Princeton. I am out still visiting Groups in District 5, while doing this I did find that one of the long standing Groups in District 5 is no more.

Now for the fun and learning. I would like to thank everyone who participated on July 28th in Princeton for our Delegate's report back from New York. This was a informative and fun place to be. (Really, you should have been there) The food and company were fantastic.

In service, Skip D. District 5 DCM

ARCHIVIST - Steve D. No Report

ARCHIVES - Scott M. Greetings Area 35.

The archives Committee met August 4th, 2018 at the Area Committee meeting. Two were in attendance. Peter M. from District 13 was the only DCM to attend.

Most of our discussion revolved around setting a date to temporarily move the Archives to Moorhead until we can find a centrally located permanent office space to store the Areas archival collection. We had set August 25^{th} as the date to meet in St. Cloud and have a workday, but have decided to cancel that and just meet September 22^{nd} as the day to move.

I will be working on coming up with information pertaining to rental space to present at Fall Assembly. Look forward to seeing you all then.

Yours in service, Scott M. Area 35 Archives

District 7 - Bob B. No Report

District 11- Cindy S-K (Read by Melissa) Hi from District 11,

This month we wrapped up our visits to each and every Group in the District. I asked for a couple minutes of their time and explained what the District does for the Groups and asked for participation by sending a GSR to our District meetings, which are held on the first Tuesday of the month at 7pm at Peace Lutheran Church in Finlayson. What an interesting experience to see all of the different meetings carrying the same message. We used the listings that Sally gave us as our guide. We found that three meetings listed are no longer in existence and two meetings that have been going for years were not registered with GSO. We also found there were a lot of changes in contacts and phone numbers. I'm sure GSO was wondering what was going on in our neck of the woods with all the change forms that were sent in. District 11 has new meeting directories as a result of all the changes. If your Group needs some new up to date directories come to the next District meeting or call to get some mailed out to your Group.

I would like to try to do this again next year to keep the District visible to the Groups. Our District treasurer noted an increase in donations this quarter comparing with the last three years at this time of year. Maybe it was because we made those visits?

Went to the cooperative meeting of Districts 5, 6, and 11 in Princeton for the report back by Christine. Thank you Skip for setting it up

In service, Cindy S.-K. District 11 DCM

Twenty-three Groups alive and active Groups. Five Groups, (even through they are on our printed directory) are not in the Area 35 records. Thus not in the GSO records either (we are upward Group processing, not bottom down so bypassing District creates a mess) two wanted to be registered and now, one doesn't, and we're in the process of checking the other two.

All will be in the computer soon for the meetings locators on computer to find. Whew!!!

Glad to be a part of the Area 35 Committee Meeting and learning how to serve at this level,.

Glenn M. District 16 DCM

District 5- Skip D. Good day Area 35.

I would like to start with a BIG Thank you to Kelly D. for accepting District

CORRECTIONS - Paul M. (Read by Butch R.) For Paul M. who was unable to attend .

Greetings.

The Corrections Committee met with Districts 8 and 12 in attendance. Districts 12 is active in NERCC and Rich shared that after background and orientations they may get back in to the Duluth Federal Prison. District 8 and 7 are active in the Sandstone Federal Prison twice each month. District 8 also goes into NERRC once a month and the Thistledew Facility every Wednesday. John also connects those being released with outside contacts too. A rewarding experience as I meet via telephone by monthly with two gentlemen who have recently been released from Sandstone.

Yours in service, Paul M. Area 35 Corrections Chair

(Continued on page 13)

A Declaration of Unity

This we owe to A.A.s future; to place our common welfare first; to keep our Fellowship united. For on A.A. unity depend our lives, and the lives of those to come.

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(Continued from page 12) **District 12- Richard G.** Greetings Area 35.

Treatment Committee: Tammy has not only been successful with getting permission to facilitate AA at Liberallis, but is making progress with bringing AA to Mental Health Treatment Centers.

Corrections: Pat has now cleared the way for male volunteers to bring AA to Duluth's Federal Prison.

PI/CPC: Our new Chair Justin M. is busy with information to the public at several county fairs and has the staff of volunteers to do so.

Archives: Cassidy is putting together a display of the history of the Duluth Roundup for our upcoming Roundup. September $21^{st} \& 22^{nd}$ at the Coppertop Church (Flyer in the Northern Light)

Intergroup: Hank informs us that Intergroup will be moving the end of September due to our building will be torn down, they have the support necessary and no interruption of services expected.

Office Issues: Awareness of no handicapped accessible venues for our District meetings is causing us to make sure inclusion rather than exclusion needs to happen.

Christine will give her report at our Cloquet Alano Club on August 16, 2018.

Yours in service, Rich G. District 12 DCM

District 14- Paul E. Not Present

PI - Gayle R. I'm Gayle, Alcoholic, serving as your Public Information chair.

PI/CPC Committee meeting. There were five in our meeting this morning. Districts 4,8,9,13 and myself. I reported that volunteers were still needed for Area 35's commitment at the State Fair August 25th and August 26th. A day captain is also needed for Sunday the 26th. If you would like to volunteer in this fun service work please see me today or call me real soon.

I have also sent the local District 13 schedules to Explore Minnesota Travel Center (right on Hwy 10). Since I have a contact in communication with me-I will try to get all the local schedules to her for all the Travel Centers in Area 35. They do not allow actual schedules on their boards or information racks.

District 8 is still struggling with their Beginners Meeting, it is in the local treatment center. Clients there are not allowed to attend outside meetings. A "bleeding deacon" asked those who were addicts to leave the meeting. Comments from Committee were, Beginners meetings are informational. Treatment centers decide who goes and when, AA decided what message is carried -The AA message. Different Group Chairs. Perhaps have an in-service treatment with administration staff. 4 Week Rotation with formats.

District 9 talked about unfilled service positions in the District. District 9 leaves open and not just fills with anyone. DCM/Alt DCM are filling open tasks. Comments from Committee, Districts are here for Groups. 12 Step work for Groups. List obligations of positions- so no confusion of what position requires. Delegate work so no one person has to do it all. Round Robin for District meetings to reach all communities in Districts and ask for help when needed. A District has potluck-speakers and has a Group actually host District meeting in order to show you can have fun in service. Task list can be tedious- might have to dumb it down.

District 4 discussed concerns about jail meeting sign ups. We don't want to go through training; jail wants twelve persons (doesn't have to be all AA's) to train at jail. Comments from Committee. Sponsor told. What did I do to get a drink and what am I willing to do to stay sober?

District 13 talked about when taking in a meeting to treatment centers do we take in a meeting or do we have a speaker? Singleness of Purpose and Clancy's great talk at Gopher State Round-up. Comments from Committee, Treatment Centers do not want us to talk about our drinking, our drunk-ologs. Reading the Treatment Workbook doesn't it say bring meeting in and how to have a meeting? Tone down stories.

Delegate's report in Hibbing where once again I got to listen to our Delegate Christine G. present for District's 8,9,14 & 16. It was a great presentation with a good turnout. I'm looking forward to attending the Fall Assembly in Deerwood where at least three of us will be riding/room sharing. I recently received subscription forms for the GV subscription challenge; if you or your home Group is not yet receiving the GV now is the time to subscribe. What are you waiting for? Subscriptions forms are in various locations around the room. We have the newest GV book "AA in the Military" along with other Grapevine material set up in the back. Sales so far today have reached a total of \$130.00.

At our Committee meeting we had Districts 8, 9,3,15 & 16 in attendance. Kevin with District 3 reported someone in his District purchased a LaVina subscription. I would like to thank Steve L. our Northern Light Editor for placing an AA Grapevine Subscription form in our Northern Light.

Yours in service, Jerry B. Area 35 Grapevine Chair

District 21- Laura C.

District 2-

Not Present

Not Present

Good afternoon,

My name is Myron, and I am an alcoholic. If you look in the Northern Light, you will see District 2 has, "No info", in the space for DCM. In an effort to revive our districts structure, we have voted to move our district meeting. A new time and place has been established. The first Sunday of the odd numbered months, we will be meeting at Falls, at 3p.m.. This is the Alano Club.

The next meeting is July 1st.

Yours in service, Myron H.

OLD BUSINESS

None.

NEW BUSINESS

FOC Report:

Area 35 financial reports are in good shape.

Thanks for allowing me to be of service, Michael (Jake) J.

Area 35 2019 budget:

(**Roger**) FYI it is in the current Northern Light, pass the information on to your Districts and talking about it because we will be voting on the budget at the Fall Assembly. We are required to publish as per Area guidelines 60 days prior to the Fall Assembly.

Area Archive Repository:

(Scott M.) Looking for any input from the DCM's GSR's if you know of anywhere that is a centrally located place in our Area that we can have our Archives, please let me know so we can look into that, I will be looking at places and looking into finances. We are going to need Rubbermaid totes, on Amazon they are priced anywhere from \$10-\$20, I would like to make a motion to afford the Archives Committee, for as many Rubbermaid containers for the help moving of our Archives. The place needs to be temperature controlled.

Motion- \$200 for Rubbermaid containers for archives Committee move-Scott made motion- Friendly amendment- to move it to \$300 and give back

One last thing- State Fair needs VOLUNTEERS! Please call, email or just see me, Please, Please.

Thank you for allowing me to be of Service. Gayle R Area 35 PI Chair

District 6- Sharna O. Not Present

District 1 Not Present

GRAPEVINE - Jerry B. Hi, I am Jerry B. and I'm an alcoholic serving as the Area 35 Grapevine Chair.

Summer's a great time of year, got a lot of rain depending on what part of the state your in. So far its also been a slow last couple of months for me AA wise. I've attended a few Speaker Meetings lately as well as attending the

what we don't move.

Motion is: \$300 for Rubbermaid containers to be used for archives repository move.

Scott made motion- Justin seconded the motion- and the motion passed

Corrections Literature Request:

Going to defer to our Fall Assembly since our Corrections Chair is not here.

Calendar of Events: See the Northern Light and Area 35 website calendar. Email your events to webmaster@area35.org for posting on the website and northernlight@area35.org for listing in the Northern Light. There is also an option for a flier to be inserted into the Northern Light. A reminder was made that fliers should include the 5 W's of who, what, when, where, and why; a map is helpful too. The preferred way to send the flier in a PDF or JPEG format. Other formats received might be unable to convert.

Adjourned: The meeting closed with the Responsibility Statement.

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Newsletter of the Northern Minnesota Area 35 Assembly

NORTHERN LIGHT PRIMARY PURPOSE:

The Northern Light (N.L.), is a general service newsletter that serves Area 35 to facilitate bilateral communication between the Groups, Districts, Area and G.S.O. levels in the Northern Minnesota area. Its purpose is to:

- Publish an informative and attractive newsletter to the Area in a timely fashion.
- Encourage District reports and be available to work with Districts on communications. One or more of the N.L. Committee should try to attend area events to report on what's happening in their areas. If they are unable to attend, encourage local members to write short articles about events and happenings to be published in the N.L.
- Provide encouragement for writing articles, particularly to D.C.M.s and Area Action Committee Chairs. This should include the strong encouragement to submit their reports for each issue, if no report is submitted it will be stated, example "Northern Light Report - NOT GIVEN" this is currently being done in the Southern Minnesota Area newsletter.
- Keep informed of activities and issues going on within Alcoholics Anonymous as a whole. The N.L. Committee could subscribe the Grapevine or other pertinent A.A. news sources.
- Gather useful service information to publish from sources within the Area, Region and A.A. as a whole. Obtain, read and use other Area newsletters.
- Listen to comments from the Area on the content of the N.L.

EDITORIAL POSITION & N.L. COMMITTEE:

Editor - The Editorial Chair position is a two-year rotation picked by the incoming Area Chair and either approved or rejected by the Area Committee at the first Area meeting after the Fall Assembly Elections.

Desirable qualifications: Current knowledge MS Publisher, MS Word, MS Excel and other misc. computer programs as needed. The person should also consider the time needed to complete the task required. The candidate should have a working knowledge of A.A. as a whole, i.e., prior experience in service work such as G.S.R., D.C.M., or related position.

N.L. COMMITTEE - The N.L. Committee consists of two D.C.M.s in Area 35. Currently, these have been picked randomly at the start of the new rotation. They also serve on a two-year rotation basis. They assist the editor in communications with other area newsletters, in recommendations on general improvements, and with general problems and implementations of new policies. They may also represent the editor at functions when the editor is unable to attend. Seek advice and help from former N.L. Committee members and editors.

N.L. COMMITTEE MEETINGS:

The Committee meets every other month, before the start of the Area Workshop and at Spring and Fall Assemblies. Additional meetings may be called for if needed between these times.

NORTHERN LIGHT SUBMISSIONS:

U eneral submissions to the *Northern Light* are very welcome! Feel free to send letters or articles that are pertinent to Alcoholics Anonymous. However, please note that if space is limited, first priority will be given to reports from Area Officers, Area Standing Committee Chairs and D.C.M.s from Area 35.

Submissions are preferred electronically using a Word or WordPad document to the Area's newsletter e-mail address: <u>northernlight@area35.org</u>. Most other file formats can also be accepted. You may also send articles or letters to my postal address, listed on page 2. The deadline for each Issue is printed on the front page.

Letters to the Editor or opinion articles should have a title. They also **can not be anonymous**. Please include the first name, last initial and name of the city where the author is from. If you have any questions regarding submitting an item for the *Northern Light*, please do not hesitate to contact me. Thank you!

Northern Light Editor, Steven L.

Directions for Inserting a Flier into the Northern Light

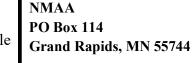
- 1. First & Foremost <u>Contact the Northern Light Editor</u> at northernlight@area35.org or call the phone number listed on page 3 of the hard copy, print version of the Northern Light, for the Northern Light Editor (remember this will change every 2 year rotation).
- 2. Email a pdf version of your flier to **northernlight@area35.org** for approval. Upon approval a copy will be forwarded to the webmaster to be placed on the Area 35 websites calendar of events.

3.	opon approval main to .	Cold Spring Record PO Box 456 403 West Wind Court Cold Spring, MN 56320 With an attn.: Northern Light on the mailing address	
		With an atth.: Northern Light on the mailing address Include a note stating they are to be inserted into the next Northern Light	
4.	OR if you wish to have	Cold Spring Record print your fliers to be	Те

4. OK If you wish to have Cold Spring Record print your mers to be inserted into the Northern Light. The NL Editor will forward a copy of the pdf flier to Cold Spring Record, along with your printing instructions (paper color, one or two sided printing). Currently there are 1000 copies printed with @725 pieces to mail. What is not mailed is passed out at the Area meetings.

he	Number	Printing Co			osts	sts Insertion		Total
	of Copies	1 Sided		2 Sided		Fee		Cost
5	725	\$	48	\$	60	\$	75	\$ 123/135
e	1000	\$	80	\$	120	\$	75	\$ 155/195

5. The cost for having a flier inserted into the Northern Light is \$75. Make Checks payable to NMAA and mail to :





RELATED FLIER INSERTION INFORMATION

- Only Area 35 A.A. Members may submit a flier. Fliers must be only for A.A. Sponsored Events.
- Fliers needed—625 mailed only or 1000 for mailed and hand outs.

Northern Light Deadlines for 2018 are as Follows:

- January 22nd : Flier will be included in the January/February Issue
- March 5th : Flier will be included in the March/April Issue
- May 7th: Flier will be included in the May/June Issue
- July 9th : Flier will be included in the July/August Issue
- September 4th: Flier will be included in the September/October Issue
- November 5th : Flier will be included in the November/December Issue

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Newsletter of the Northern Minnesota Area 35

OUR PAST DELEGATES Panel 66 2016-1017 Panel 36 1986-1987 Panel 10 1960-1961 Kelly D. Louie H. Bob B. (deceased) Panel 64 2014-1015 Panel 34 1984-1985 Michael "Jake" J. Panel 8 1958-1959 Bob P. Pearl N. 2012-2013 (deceased) Panel 62 1982-1983 Panel 32 Jim K. Tom L. 1956-1957 Panel 6 Panel 60 2010-2011 Waldo H. 1981-1982 Panel 30 (deceased) Jon C. Don M. (deceased) Panel 58 2008-2009 Panel 4 <u>1954-1955</u> Wendell H. JoAnne N. Panel 28 1978-1979 (deceased) Garfield (Duffy) S. 2006-2007 Panel 56 (deceased) Panel 2 1952-1953 Jerry S. Arthur R. Panel 26 1976-1977 (deceased) <u>Panel 54</u> <u>2004-2005</u> Vern R. Charlie C. (deceased) Panel 52 2002-2003 1974-1975 Panel 24 Tim C. Gordon B. H. (deceased) Panel 50 2000-2001 Tom A. Panel 22 <u>1972-1973</u> Frank P. J. Panel 48 1998-1999 (deceased) Susie A. 1970-1971 Panel 20 1996<u>-1997</u> Panel 46 Clarence B. Bill P. (deceased) (deceased) Panel 18 1968-1969 Panel 44 1994-1995 Dave H. Bruce B. (deceased) <u>1992-1993</u> Panel 16 <u>1966-1967</u> Panel 42 Arno A. Greg G. (deceased) (deceased) Panel 14 1964-1965 Panel 40 1990-1991 Donald F. Bob J. (deceased) 1988-1989 Panel 38 Panel 12 1962-1963 Scott J. Donna T. (deceased)

Q: Why list our past Delegates?

A: They are a resource to you!

In Alcoholics Anonymous we value experience. Our Twelve Steps did not exist when Bill stepped into the lobby of a hotel in Akron, Ohio. Even after meeting with Dr. Bob and soon founding our program, there were only six steps until the experiences of 100 Alcoholics were summed up. Soon after a book followed, but it was a few years later when the Twelve Traditions were discussed and agreed on. Twelve Traditions that were "hammered out on the anvil of experience". Our past Delegates are a wealth of experience, an interactive living archive if you will. When you plan your next service workshop or need an outside voice to offer help, consider this resource available to you. Some of them even offer great company while fishing!

The Delegate's Duties

Though the high point is the Conference meeting, the delegate's job goes on year-round and involves all aspects of the Conference structure. The delegate should:

- Remind G.S.R.s to inform groups and individuals about the A.A. • Grapevine and Conference-approved literature.
- Attend the Conference meeting in April, fully prepared. Immediately upon election, every delegate is put on the G.S.O. mailing list to receive Conference materials.
- Communicate the actions of the Conference to area committee members and encourage them to pass on this information, and the delegate's enthusiasm, to groups and to intergroups/central offices. If an area is too large for the delegate to cover in person, he or she will ask area officers and committee members to share the load.
- Be prepared to attend all area, state/provincial, and regional service meetings and assemblies. From these meetings, delegates come to better understand their own areas and can make suggestions for the Conference agenda. Here, too, they come in contact with A.A. members who might not be reached otherwise.
- Help area committees obtain financial support for the area and G.S.O.
- Provide leadership in solving local problems involving the A.A. Traditions.

- Cooperate with G.S.O. in obtaining information-for example, making sure that up-to-date information reaches G.S.O. in time to meet the deadline for each Issue of the A.A. directory and helping carry out the triennial membership surveys.
- Visit groups and districts in the area whenever possible.
- Work closely with committee members and officers, sharing experience throughout the year. After G.S.R.s and committee members have reported on the Conference, learn from these A.A.s how groups and members have reacted.
- Assume added responsibility if the area chair and alternate chair are unable to serve. Or, if an area committee is not functioning effectively, the delegate may take an active role in remedying the situation.
- Keep the alternate delegate fully informed and active, so that the alternate can replace the delegate in an emergency.
- Late in the second term, work with newly elected delegates to pass along a basic knowledge of Conference proceedings and problems.

(from The A.A. Service Manual, pages S44-S45)

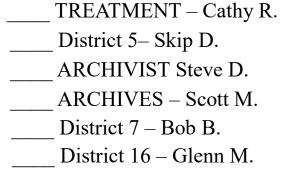


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Area 35 Fall Assembly Deerwood, MN October 6th & 7th, 2018

AGENDA	District 11 – Cindy SK.		
9:00 a.m. Registration	CORRECTIONS – Paul M.		
10:00 a.m. GSR Orientation & Action	District 12 –Richard G.		
Chair Committee Meetings	District 14 – Paul E.		
11:30 a.m. Lunch (On Your Own)	PI – Gayle R.		
1:00 p.m. Assembly Reconvenes	District 6 – Sharna OJ. District 1 –		
Call to Order: Serenity Prayer	GRAPEVINE – Jerry B.		
Why We Need a Conference	District 2 –		
Recognize Past Delegates	District 21 – Laura C.		
Recognize GSRs			
Add to Agenda	2:30 p.m. BREAK		
Approve 2018 Spring Assembly Minutes	2:45 p.m. Continue with Committee/DCM		
OFFICED DEDODTS	Reports		
OFFICER REPORTS	4:15 p.m. BREAK		
Delegate – Christine G.	4:30 p.m.		
Alternate Delegate – Jim S.	GSR Sharing Session		
Chair – Roger R.	DCM Sharing Session		
Secretary – Melissa A.	Area Officers and Area Chairs Meet		
Treasurer – Mike F.	6:00 p.m. Dinner (On Your Own)		
COMMITTEE CHAIRS & DCM REPORTS	7:30 p.m. Northern Light Presentation Steve L.		
CPC – Myron H.	8:15 p.m. Effective Districts Presentation		
District 9 – Jim S.	Jim S. 9:00 A A Compfire Meeting		
District 13 – Justin W.	9:00 AA Campfire Meeting		
WEBMASTER – Rillis E.	<u>SUNDAY, APRIL 6, 2014</u>		
LITERATURE – Brian P.	7:30 a.m 8:45am Big Book Meeting		
District 15 – Pat M.	9:00 a.m. Assembly Reconvenes		
District 3 – Kevin K.	OLD BUSINESS		
NORTHERN LIGHT – Steve L.	Area 35/36 Joint Workshop		
GROUP RECORDS – Sally L.	NEW BUSINESS		
District 4 – Greg C.	West Central Region Business		
District 8 – Heidi B.	2019 Area 35 Budget		
District 18 – William BR B.	GSR Sharing Session Report		
TDEATMENIT Cotlar D	DCM Sharing Session Report		



DCM Sharing Session Report
Area Officer Sharing Session Report
Agenda Item Proposals
Calendar of Events
Ask It Basket (Past Delegates)
Adjourn

Mail Area 35 Group contributions to:

NMAA P.O. Box 114 Grand Rapids, MN 55744