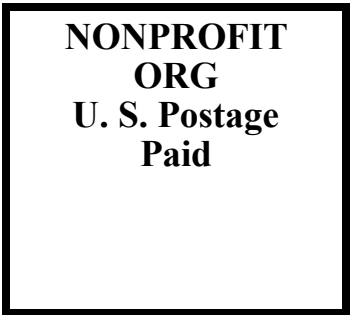


Change Service Requested



Deadline for the Next
Northern Light is
September 3, 2019

This is YOUR Newsletter

Area 35

Ada, Aitkin, Akeley, Alango, Albany, Alexandria, Audubon, Aurora, Avon, Babbitt, Backus, Badger, Bagley, Barnesville, Battle Lake, Baudette, Baxter, Beaver Bay, Becker, Bemidji, Bethel, Big Lake, Biwabik, Blackduck, Bowstring, Boy River, Braham, Brainerd, Brimson, Brookston, Browerville, Browns Valley, Cambridge, Carlos, Cass Lake, Chisholm, Clarissa, Cloquet, Cohasset, Cold Spring, Cook, Cormorant, Cotton, Crookston, Cross Lake, Debs, Deer Creek, Deer River, Detroit Lakes, Dilworth, Duluth, Eagle Bend, Effie, Elbow Lake, Elizabeth, Elk River, Ely, Erhard, Erskine, Esko, Evansville, Eveleth, Fergus Falls, Fertile, Finland, Finlayson, Floodwood, Foley, Forest Lake, Fort Ripley, Fosston, Foxborro, Frazee, Fredenberg, Garrison, Gilbert, Glenwood, Goodland, Grand Marais, Grand Portage, Grand Rapids, Grasston, Grygla, Hallock, Halma, Harris, Hawley, Henning, Henriette, Herman, Hermantown, Hibbing, Hill City, Hinckley, Holdingford, Hoyt Lakes, International Falls, Ironston, Isanti, Isle, Keewatin, Kelly Lake, Kensington, Kimball, Knife River, Lake Henry, Lake Lena, Lake Park, Lawrence Lake, Little Falls, Littlefork, Long Prairie, Longville, Lutsen, Mahnomen, Mahtowa, Malmo, McGregor, Melrose, Menahga, Middle River, Milaca, Moorhead, Moose Lake, Mora, Morris, Motley, Mountain Iron, Nashwauk, Naytahwaush, Nett Lake, Nisswa, North Branch, Ogilvie, Onigum, Orr, Osage, Osakis, Otsego, Ottertail, Palisade, Palo, Park Rapids, Parkers Prairie, Paynesville, Pelican Rapids, Pequot Lakes, Perham, Pierz, Pike, Pike Lake, Pillager, Pine City, Pine River, Princeton, Proctor, Quamba, Rainy River, Red Lake, Red Lake Falls, Remer, Rice, Richmond, Rock Creek, Roseau, Rush City, Sandstone, Sartell, Sauk Centre, Sauk Rapids, Sawyer, Shevlin, Side Lake, Silver Bay, Solway, Squaw Lake, St. Cloud, St. Francis, St. Joseph, St. Stephen, Stacy, Staples, Stephen, Superior, Thief River Falls, Toivola, Tower, Twin Valley, Two Harbors, Underwood, Verndale, Virginia, Wadena, Wahkon, Waite Park, Walker, Warren, Warroad, Watkins, Waubun, Williams, Willow River, Zim, Zimmerman

Send articles and comments for publication to
Steven L. — northernlight@area35.org
Bring this copy to share with your Group!

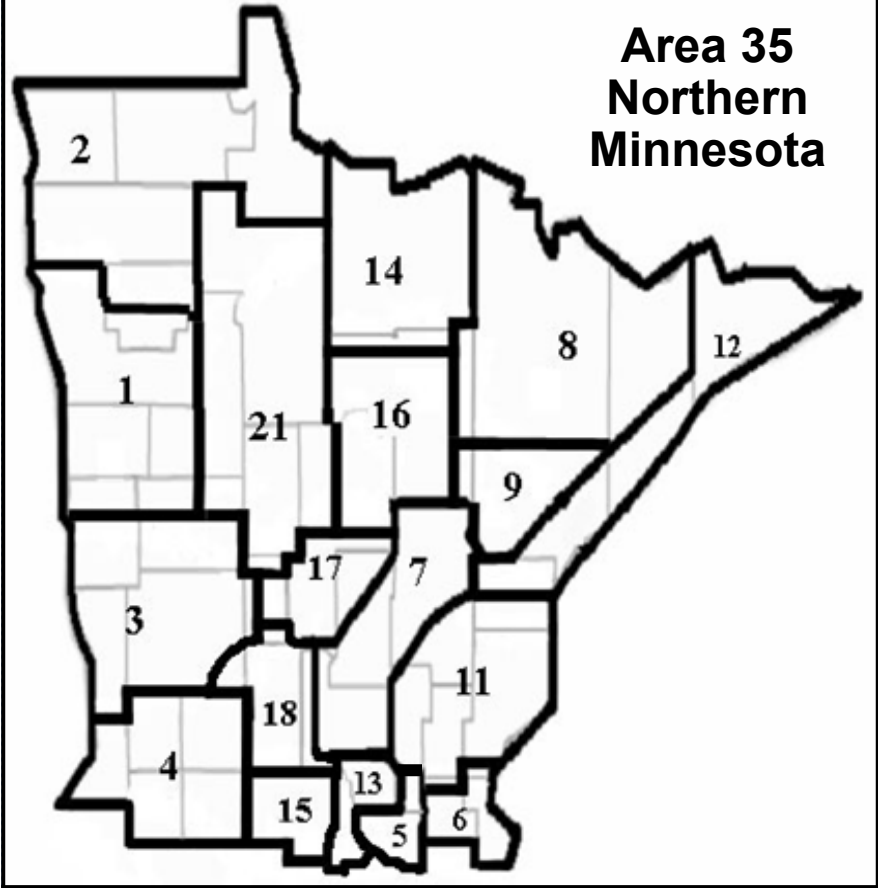
Don't forget to visit and bookmark your Area 35 web site! - <http://area35.org>
Event Calendar - Meeting Directory - NL Online - Download Pamphlets - District Pages - Links to Other Sites

2018-19 AREA 35 COMMITTEE

<p><u>AREA OFFICERS</u></p> <p><u>DELEGATE</u> Christine G. delegate@area35.org</p> <p><u>ALTERNATE DELEGATE</u> Jim S. alt_delegate@area35.org</p> <p><u>AREA CHAIR</u> Roger R. areachair@area35.org</p> <p><u>TREASURER</u> Mike F. treasurer@area35.org</p> <p><u>SECRETARY</u> Melissa A. secretary@area35.org</p>	<p><u>AREA COMMITTEE CHAIRS</u></p> <p><u>PUBLIC INFORMATION</u> Gayle R. pi@area35.org</p> <p><u>ARCHIVES</u> Scott M. archives@area35.org</p> <p><u>ARCHIVIST</u> archivist@area35.org</p> <p><u>CORRECTIONS</u> Paul M. corrections@area35.org</p> <p><u>LITERATURE</u> Brian P. literature@area35.org</p> <p><u>GRAPEVINE</u> Jerry B. grapevine@area35.org</p> <p><u>(C.P.C.) COOPERATION WITH THE PROFESSIONAL COMMUNITY</u> Antonette F. cpc@area35.org</p> <p><u>TREATMENT</u> Kathy R. treatment@area35.org</p> <p><u>WEBMASTER</u> Rillis E. webmaster@area35.org</p> <p><u>GROUP RECORDS</u> Sally L. grouprecords@area35.org</p> <p><u>NORTHERN LIGHT</u> Steven L. northernlight@area35.org</p> <p><u>FINANCIAL OVERSIGHT COMMITTEE</u> Michael “Jake” J.</p> <p><u>AUDIO ENGINEER</u> Mike P.</p>	<p><u>(D.C.M.’s) DISTRICT COMMITTEE MEMBERS</u></p> <p><u>DISTRICT 1</u> Deborah H dcm1@area35.org</p> <p><u>DISTRICT 2</u> Daniel W. dcm2@area35.org</p> <p><u>DISTRICT 3</u> Kevin K. dcm3@area35.org</p> <p><u>DISTRICT 4</u> Colleen S. dcm4@area35.org</p> <p><u>DISTRICT 5</u> Skip D. dcm5@area35.org</p> <p><u>DISTRICT 6</u> Sharna O.-J. dcm6@area35.org</p> <p><u>DISTRICT 7</u> Bob B. dcm7@area35.org</p> <p><u>DISTRICT 8</u> Heidi B. dcm8@area35.org</p> <p><u>DISTRICT 9</u> Jim S. dcm9@area35.org</p> <p><u>DISTRICT 11</u> Cindy S.-K. dcm11@area35.org</p> <p><u>DISTRICT 12</u> Richard G. dcm12@area35.org</p> <p><u>DISTRICT 13</u> Justin W. dcm13@area35.org</p>	<p><u>DISTRICT 14</u> Paul E. dcm14@area35.org</p> <p><u>DISTRICT 15</u> Pat M. dcm15@area35.org</p> <p><u>DISTRICT 16</u> Glenn M. dcm16@area35.org</p> <p><u>DISTRICT 17</u> NO INFO dcm17@area35.org</p> <p><u>DISTRICT 18</u> William “BR” B. dcm18@area35.org</p> <p><u>DISTRICT 21</u> No INFO dcm21@area35.org</p>	
				<p>MOVING? ADDRESS NOT CORRECT?</p> <p>Please help us keep our Northern Light mailing address accurate and up-to-date. It costs the Area (you) \$.59 for each piece of returned mail.</p> <p>Please contact our Group Records Secretary with your new or changed address: GroupRecords@area35.org</p>

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Zone I

- District 1** - Ada, Crookston, Erskine, Fertile, Fosston, Mahnomen, Naytahwaush, Red Lake Falls, Twin Valley, Waubun,
- District 2** - Badger, Baudette, Grygla, Hallock, Halma, Middle River, Rainy River (Ontario, Canada), Roseau, Stephen, Thief River Falls, Warren, Warroad, Williams
- District 16** - Bowstring, Boy River, Cohasset, Deer River, Effie, Grand Rapids, Hill City, Lawrence Lake*, Longville, Remer
- District 21** - Akeley, Bagley, Bemidji, Blackduck, Cass Lake, Debs, Menahga, Onigum, Park Rapids, Red Lake, Shevlin, Solway,Squaw Lake, Walker

Zone II

- District 3** - Audubon, Barnesville, Battle Lake, Cormorant, Deer Creek, Detroit Lakes, Dilworth, Elizabeth, Erhard, Fergus Falls, Frazee, Hawley, Henning, Lake Park, Moorhead,

- Osage, Ottertail, Pelican Rapids, Perham, Underwood, Wadena
- District 4** - Alexandria, Browns Valley, Carlos, Elbow Lake, Evansville, Glenwood, Herman, Kensington, Morris, Osakis
- District 15** - Albany, Avon, Cold Spring, Holdingford, Lake Henry, Melrose, Paynesville, Richmond, Sartell, St. Joseph, St. Stephen, Sauk Centre, Watkins

Zone III

- District 5** - Becker, Big Lake, Elk River, Milaca, Otsego, Princeton, Zimmerman
- District 6** - Braham, Bethel, Cambridge, Forest Lake, Harris, Isanti, North Branch, Rock Creek, Stacy, St. Francis, Rush City
- District 7** - Aitkin, Baxter, Brainerd, Fort Ripley, Garrison, Ironton, Isle, Little Falls*, Malmo, McGregor*, Palisade, Pierz, Pilager*, Wahkon
- District 11** - Finlayson*, Grasston, Henriette, Hinckley*, Lake Lena, Moose Lake*, Mora, Ogilvie, Pine City, Quamba, Sandstone, Willow River
- District 13** - Kimball, Rice, St. Cloud, Sauk Rapids, Waite Park, Foley
- District 17** - Backus, Cross Lake, Nisswa, Pequot Lakes, Pillager*, Pine River
- District 18** - Browerville, Clarissa, Eagle Bend, Little Falls*, Long Prairie, Motley, Parkers Prairie, Staples, Verndale

Zone IV

- District 8** - Alango, Aurora, Babbitt, Biwabik, Cook, Cotton, Ely, Eveleth, Gilbert, Hoyt Lakes, Mountain Iron, Nett Lake, Orr, Palo, Pike, Tower, Virginia, Zim*
- District 9** - Chisholm, Floodwood, Goodland, Hibbing*, Keewatin, Kelly Lake, Lawrence Lake*, Nashwauk*
- District 12** - Beaver Bay, Silver Bay, Brimson, Brookston, Cloquet, Duluth, Esko, Finland, Fredenberg, Grand Marais, Grand Portage, Hermantown, Knife River, Lawrence Lake*, Lutsen, Mahtowa, Pike Lake, Proctor, Sawyer, Silver Bay, Foxborro (Wisconsin), Side Lake, Superior (Wisconsin), Toivola, Two Harbors
- District 14** - International Falls, Littlefork

** In cities marked with an asterisk, some meetings consider themselves to be in one District, and some meetings consider themselves to be in another District.*

District Meeting Location Information

- District 1**
2nd Sunday of even months, 2:00 p.m.
Fertile Community Center
101 S. Mill St., Fertile, MN 56540
- District 2**
1st Sunday of Odd Months, 3:00 p.m.
Thief River Falls Alano Club
614 Davis Ave.
Thief River Falls, MN 56701
- District 3**
3rd Sunday of Month, 10:00 a.m.
Alano Club
827 Summit Avenue
Detroit Lakes, MN 56501
- District 4**
3rd Saturday of Month, 5:30 p.m.
Contact DCM for location (It Rotates)
Potluck at 6:30 p.m.
Round Robin at 7:00 p.m.
- District 5**
3rd Monday of Month, 7 p.m.
Freshwaters Church
12475 273rd Ave NW
Zimmerman, MN 55398
- District 6**
3rd Thursday of Month, 7:30 p.m.
Spring Lake Lutheran Church
8440 Erickson Rd. N.E.
North Branch, MN 55056

- District 7**
3rd Thursday of Month, 7:00 p.m.
First Congregational United Church
415 Juniper Street
Brainerd, MN 56401
- District 8**
Committee Meetings at 6:30 p.m.
General District Meeting at 7:00 p.m.
Contact DCM for location “It Rotates”
- District 9**
Last Sunday of Month, 6:00 p.m.
Hibbing Alano Club
3725 1st Avenue
Hibbing, MN 55746
- District 11**
1st Tuesday of Month, 7:00 p.m.
Peace Lutheran
2177 Hwy 18
Finlayson, MN 55735
- District 12**
3rd Thursday of Month, 6:30 p.m.
1100 E. Superior Street
Duluth, MN
Handicap Accessible,
- District 13**
1st Monday of Month, 7:30 p.m.- 9:00 p.m.
St. Cloud Alano Club
127 7th Ave. NE
Saint Cloud, MN 56301

- District 14**
3rd Thursday of Month, 6:30pm
Coffee Landing
444 3rd Street
International Falls, MN 56649
- District 15**
1st Monday of Month, 8:00 p.m.
Albany Community Center
741 Lake Ave.
Albany, MN 56307
- District 16**
1st Wednesday of Month, 6:30 p.m.
United Methodist Church
1701 S.E. 5th Ave.
Grand Rapids, MN 55744
Handicap Accessible, Non-Smoking
- District 18**
1st Tuesday of Month, 6:30 p.m.
Long Prairie Alano Club
21 2nd Ave.
Long Prairie, MN 56347
- District 21**
2nd Monday, 7:00 p.m.
Bemidji Alano Club
3802 Greenleaf Ave NW
Bemidji, MN 56601
- District 17**
Not currently active or unknown

Delegate:

Greetings Area 35,

I am writing this report from my hotel room in Thief River Falls. I just came from Grand Rapids. I have been busy traveling around the Area giving my post conference reports. I have completed Districts 1, 2, 3, 7, 9, 13, 14, 15, 16 by the time we meet in August I will have completed 4, 5, 6, 11 and then I will have 8 and 12 remaining the week after the ACM.

I have been asked to present at the West Central Regional Forum on “What defines and editorial change and content change?” I will need to put together this presentation and have it submitted to GSO Forum Coordinator in one week. You will want to attend the Forum to see all the presentations that will be presented by are Region’s Delegates. It will also be a great opportunity to meet some of the GSO staff. Fill up the car and join us in Grand Forks, ND.

As I have been visiting Districts and giving my report, I see that we are missing the GSRs at this report back. We must express how important it is for them to attend this post-conference report. This is where they get the information to bring back to their Groups about what happened at the General Service Conference. Groups invest money into their GSR by sending them to Area events with their conscience and this is the place that all GSRs and Group members can gather to hear about what is happening in AA.

What can we do to get GSRs more involved and committed to coming to these post-conference reports?

If you have not attended one I would encourage you to attend one at another location. Please get in touch with me and I can let you know where the remaining locations are.

This is one of my shorter reports as there has not been much that has taken place since the June ACM other than the traveling giving post-conference reports

I look for award to seeing you all at the August Area Committee Meeting. Remember, Roger said it was casual day so wear your summer wear and come join us.

As always, thank you for allowing me to be of service to Area 35 and if there is anything I can do for your Districts, please let me know.

In Unity and Service,
Christine G.
Area 35 / Panel 68 Delegate

Alt. Delegate:

Good Evening Everyone,

Since the June ACM my attempt to get a contract with Timberlake Lodge signed hasn’t been successful. I finally received one that had little to no information on it except the price of the room rental. Nothing about price of coffee, room setup, price for individual rooms etc. I was supposed to see that updated information last week and I thought being the 4th last week I would give them a couple days into this week before moving on. I talked with Mike F. a couple weeks ago who offered to go down and talk with them directly as we have not been in Grand Rapids for quite some time. I know the Crookston Inn is available and we had a good experience there the last time except there was a miscommunication about how coffee was to be set up. I feel a location absolutely needs to be locked in shortly. I have been given several names who would be good guest speakers by Tom A.

I hope all of you are considering the opportunity that Area 35 has to offer for you with the upcoming elections. It is important that we consider taking that next challenge. Even if you don’t think you are qualified you should take the chance and let God make the decision. I don’t believe many of us are fully qualified if at all when accepting these challenges but that shouldn’t hold you back. Growth doesn’t come from stagnation, it comes from taking risks. We all make mistakes, it’s how we handle them that truly counts in the end. We don’t know what God’s will is for us, we only can take the steps that lead us down the path. Where we end up no one knows but isn’t that part of the fun of the journey?

In Service
Jim S. Alt Delegate

Area Chair:

Greetings Area 35,

I continue to be grateful for this awesome opportunity to serve Area 35 as your Chair.

Area 35 provides us with many excellent opportunities to be of service to Alcoholics Anonymous and give back that which was freely given to us to others. As this rotation comes to a close at the end of this year, it is my hope that we can bring many new faces into general service for AA.

I’m working on locations for Area 35 Assemblies for 2020 continues. I’ve

have reached an agreement with the Hibbing Park Hotel and am close to a contract with the new Park Events Center in Waite Park MN for 2020 Assembly.

Coffee prices per gallon at facilities in larger cities continues to be a challenge. In meeting with Chairpersons from other areas at the WCRAASC last March, several other chairs mentioned this issue. We also discussed this challenge at the Area 35 Officers and Chairs meeting at the Spring Assembly. I plan on putting this issue on the agenda at the August ACM when we should have time for this discussion.

One hundred and nine persons registered at the Area 35 Spring Assembly at the Holiday Inn in Duluth MN. A close reading of the Area 35 Spring Assembly Evaluations indicates **attendees very much liked attending the assembly; felt that their needs were met at the assembly and very much felt Area 35 was successful in informing our Delegate on the Agenda Items**. The most common suggestion for how we can improve the Spring Assembly is to provide tables for attendees to sit at, be organized and participate in the Assembly.

I’d like to thank Steve D. for his service as our Area 35 Archivist. Steve stepped down as our Archivist several days prior to the June Area Committee Meeting due to taking a job in New Mexico. I would like to thank Scott M. our Archives Chair for working with the Archives Committee on fulfilling Area 35 display commitments. If you or a member you can recommend are interested in the Area 35 Archivist position please let me know. This is typically a longer-term position for someone who has a strong interest in working on our archive’s repository.

On a personal note I would like to thank Districts 13 and 9 for nominating me to stand for Panel 70 Area 35 Delegate.

I have requested that all Area 35 Officers and Chairs review their Trusted Servant Guidelines and send me and Melissa A. suggested updates for their positions, prior to the August Area Committee Meeting.

Let’s all work together to continue carrying our message to still suffering alcoholics in the last five months of this rotation.

In service and warmth,
Roger R.
Area 35 Chair

Secretary:

Greetings Area 35

I hope that everyone is enjoying summer! It is hard to believe that this rotation will be coming to an end soon. It really does go by fast and is such a privilege being able to serve Area 35.

You can find The Fall Assembly Flyer on the Area 35 website. The Fall Assembly is on October 5th & 6th, 2019 and is located at the Hampton Inn and Suites in Bemidji. Reservations need to be made by September 5, 2019.

I look forward to attending the West Central Regional Forum and being the Captain of the State Fair Booth in August!

Thank you for allowing me to be of service,
Melissa A.
Area 35 Secretary

Treasurer:

Since my last Northern Light report in early May, I have:

- Reconciled 2 monthly bank statements and prepared reports for review by the Financial Oversight Committee
- Deposited all contributions received as of July 8th
- Paid all invoices and expenses received as of July 8th
- Completed a balance sheet and an income/expense/contribution statement for Period 3 of 2019 (April/May)

Below are our year-over-year comparisons of account balances and income, contributions, and expenses:

Account Balances on July 8th -- Comparison 2019 vs. 2018				
	July 8, 2019	July 8, 2018	\$ Change	% Change
ASSETS				
Checking/Savings				
1000 - Area 35 Checking Account	\$ 14,988.54	\$ 13,976.30	\$ 1,012.24	7.24%
1100 - Savings - Prudent Reserve	6,047.63	6,045.81	1.82	0.03%
Total Checking/Savings	21,036.17	20,022.11	1,014.06	5.07%
TOTAL ASSETS	\$ 21,036.17	\$ 20,022.11	\$ 1,014.06	5.07%

(Continued on page 5)

(Continued from page 4)

Income/Expenses/Contributions -- Year-to-Date Comparision 2019 vs. 2018				
	Jan 1 - July 8, 2019	Jan 1 - July 8, 2018	\$ Change	% Change
Group Contributions	\$ 14,719.25	\$ 16,180.69	\$(1,461.44)	-9.0%
Birthday Contributions	64.00	3.00	61.00	2033.3%
Special Contributions	-	1,443.95	(1,443.95)	-100.0%
Miscellaneous Area Income	2,224.50	2,243.21	(18.71)	-0.8%
Total Income e	17,007.75	19,870.85	(2,863.10)	-14.4%
Miscellaneous Expense	3,547.26	5,989.50	(2,442.24)	-40.8%
Officers/Chairs Expense	17,786.71	18,850.33	(1,063.62)	-5.6%
Total Expenses	21,333.97	24,839.83	(3,505.86)	-14.1%
Income After Expenses	\$ (4,326.22)	\$ (4,968.98)	\$ 642.76	12.9%

Income After Expenses: Two months ago, our expenses exceeded income by **\$8,125**. Now expenses exceed income by only **\$4,326**. Thank you for your continued support!

If our Group contributions were to continue to come in at the same rate as they have thus far, we can expect to receive approximately **\$28,500** for the year. That would be slightly less than in **2018 (\$30,566)**, but more than in **2017 (\$24,961)**.

Account Balances: as of July 8th, our checking and savings accounts have a combined balance of **\$21,036**, which is **\$1,014 (5%)** more than on this date last year.

Group Contributions: as of July 8th, our year-to-date Group contributions are **\$14,719**, which is **\$1,461 (9%)** less than on this date last year.

Special Contributions: these are contributions made to the Area by various roundups. None have been received yet this year.

Miscellaneous Area Income: this includes registration fees from the service workshop, coffee income from assemblies, Grapevine sales, and Northern Light flyer insert fees. We have received **\$2,224** thus far, about **\$19** less than on this date last year.

Miscellaneous Expense: this includes all costs associated with the Service Workshop, both Assemblies, the Joint Workshop with Area 36, Area Committee Meeting rent, Grapevine purchases, and Financial Oversight Committee travel/meals. Our miscellaneous expenses thus far are **\$3,547**, which is **41%** less than on this date last year.

Officer/Chairs Expense: this includes all expenses submitted for reimbursement by Officer and Chairs for meals, travel, lodging, supplies, printing, postage, and audio equipment. These expenses thus far are **\$17,787**, which is **6%** less than on this date last year.

To summarize, our bank account balances are up **5%** from last year. Our Group contributions are down **9%**, overall income is down **14%**, expenses are down **14%**, yet our net income is up **13%**.

As we know, we are self-supporting, so please continue to encourage members to show their gratitude for their sobriety by contributing to the GSO, Area 35 and their District.

If you have questions or concerns about our finances or your Group contributions, please email me at treasurer@area35.org.

The current address for mailing contributions is:

NMAA
PO Box 114
Grand Rapids, MN 55744-0114

Please remember to include your group number on all contributions. This will ensure that your contributions get credited to your Group. I have noticed that most contributions do include it and that makes my job a lot easier. Thank you!

Thank you for your continued support of Area 35, and thank you for the opportunity to serve Alcoholics Anonymous.

In Service,
Mike F.
Area 35 Treasurer

Archives:

Greetings Area 35,

I hope your all enjoying Summer! It certainly has been a busy one, blessed

with family and fellowship.

Recently I had the opportunity to attend Founders Day Weekend in Akron, Ohio, birthplace of Alcoholics Anonymous! and what a wonderful time it was. The speaker’s that shared their stories that weekend were really good. Personally though for me the highlights of the weekend surrounded our founding. Our first stop Saturday morning was at Dr. Bobs house. It was at that time that a lot of the stories and experience that has been shared through literature started to come to life. I was able to see first hand the magnificent archives the 855 Ardmore Ave. holds.

The bible that that they read out of and the first edition Big Book that they used sitting at the table reminded of other members homes that I’ve been to. I was overcome by a sense of gratitude and humility walking through that house. Our next stop was St. Thomas Hospital to visit the Chapel and dedication to Sister Ignatious. It was there that I kinda had a little moment and was able to kneel and pray and give thanks for all the wonderful blessings in my life. We as a fellowship owe a huge debt of gratitude to the work that was done there.

Afterwards we travelled to Akron Intergroup to view Archives on display whereas well. I walked through slowly and was able to spend a little time reading some of the correspondence letters from early AA dignitaries. My favorite letter was written by Carl Jung. In the end of his letter notes that only the spirit is capable of defeating Spirits. Spiritus contra Spiritum as he puts it in Latin. The final stop for the day before we went back to clean up for the speaker meeting that night was to the Sieberling gatehouse where Bill had met Bob for the first time. Words really can’t describe what I was feeling being in that very room We also toured the mansion there as well to see how the “other half live. If your ever in Akron take the time to do the tour, its rather interesting.

Sunday morning I found myself riding in a motorcade of roughly 2500 motorcycles enroute to Dr. Bobs resting place. There, a beautiful speech was given to commemorate our Founders, and duly noted that Ann Smith and their children, were a huge part of AA’s success as well, as we were reminded of the sacrifices they made in giving up their Husband and Father to the cause. As the weekend wrapped up I found myself reflecting on some of my own personal experiences with guys I’ve sponsored throughout the years. The thought that I must continue to try and carry the AA message so that this saving grace can be found by others and ensure that I may remain sober to continue to live a sane and useful life.

THANK GOD FOR AA!

Yours in Service,
Scott M.
Area 35 Archives Chair

Archivist: Resigned (No report)

Looking for a Person to replace Steve D. Wishing him well on his new journey.

Cooperation with the Professional Community:

My name is Antonette and I am an alcoholic.

Greetings from Northern Minnesota where summer eventually gets here. Sometimes quickly, sometimes slowly..... I do not have much to report on events I have attended since there are none. I do plan on attending the Forum in August. I love each and every opportunity to participate in Alcoholics Anonymous. I need to be willing to serve. I encourage everyone to experience service work you will not be disappointed!

Thank you for allowing me to serve.

Yours in Service,
Antonette F.
Area 35 CPC Chair



"Ease up, Boy, you've been sober for two years now.
They're only here for coffee and doughnuts."

Responsibility Statement

I am Responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.

(Continued from page 5)

Corrections:

Greetings from your Corrections Chair,

It's been a great summer with a lot of activity. I dropped off three cases of Big Books at the Moose Lake prison. They were donated by a pink can plan...an inmate who left the MLP lined it up for me to give them to clergy. He was really excited as I was.... thank you.

Yours in service,
Paul M.
Area 35 Corrections Chair

Grapevine: (No Report)

Group Records:

Greetings, Area 35.

The switch-over to the new Enterprise Resource Planning (ERP) is rapidly approaching. GSO sent out a letter to the Fellowship explaining how this will be scheduled. The letter is below.

Dear A.A. friends,

As you may know, G.S.O. is immersed in an exciting major project to modernize our office business systems and consolidate nearly all of our business functions to a single platform.

We are taking these measures with the goal of providing increased efficiencies, security, and enhanced overall support of the A.A. community.

However, this important upgrade will necessitate a shutdown of some of our online systems -- most notably our literature ordering and contributions systems -- as we transition to the new platform. During this transition period we will be unable to accept literature orders via phone, fax, online webstore, or any other means. We will also be unable to process or accept online contributions, as well as any changes or updates to service records currently housed in FNV or elsewhere.

Important: Our literature ordering and contributions systems will be shut down during the change-over period from Friday, July 26, 2019 at the close of business until Monday, August 5, 2019 when the new system will be available. Also, July 22, 2019 is the last day for us to receive orders. Orders received between July 23 and August 4 will not be processed until we go live. Online stores will close on July 22 at 5 p.m.

If the above dates change for any reason, we will reach out to you with an update as soon as possible.

Once the new system is up and running, members interacting with G.S.O. will have a much improved user experience, allowing for greater ease of ordering, a new self-service portal for updating group records and more complete customer service.

SPECIAL NOTE FOR AREA REGISTRARS: More information on training will be provided by G.S.O.'s Records Department as the change-over to the new system is implemented.

SPECIAL NOTE FOR RECURRING CONTRIBUTIONS ONLINE: Due to the change-over, members who have been making recurring contributions online will have to reenter all credit card information once the new system is implemented.

SPECIAL NOTE ABOUT SALES TAX AND EXEMPTIONS: Based on new sales tax regulations, there are 22 states in which we will have to start collecting sales tax.* Additionally, if you currently have tax exemption status on file with G.S.O., it will be necessary to resubmit your form. We will not be transferring tax exempt status from the old system to the new ERP system.

We encourage all recipients of this communication to share it freely and widely throughout the Fellowship.

Many thanks for your patience and support,

G. Gregory T.
General Manager

The monthly update to aaminnesota.org has been completed. Please let me know if any information is incorrect. New Group forms and Group information change forms can be downloaded from area35.org.

In service,
Sally L.
Area 35 Group Records Secretary

Literature: (No Report)

Northern Light:

With the 4th behind us, now the summer doldrums begin. Usually this is the time of year when things in service are on the slow side. Waiting for Fair season to start. We have lots Districts scheduled to partake in PI/CPC booths at the Fair. I'm a dreamer you know, so it would be great if a few of you Fair participants would jot something down about your experience at the Fair and share with us in the Northern Light.

With the Forum just weeks away, the GSO staff are great to talk with. I know it can be a little intimidating to ask them a question at the mic or in the hallway. Now would be a good time to write down some questions to ask the GSO staff while you attend the Forum.

I want to thank Heidi District 8 DCM for giving me some more old Northern Lights to go through and add to past issues for the column Blast from the Past.

Thanks for reading.

Yours in Service,
Steven L.
Area 35 Northern Light Editor

"I am still arrogant, egocentric, self-righteous, with no humility, even phony at times, but I'm trying to be a better person and help my fellowman. Guess I'll never be a saint, but whatever I am, I want to be sober and in AA."

July 1975, "One of Those Bad Cons Nobody Can Reach," AA Grapevine

Public Information:

Greetings Area 35,

I did not get my committee meeting report typed in time for Melissa to add in, so I sent to our Northern Light Editor, hopefully it's close. (Yes, just in the nic- o'time.)

Since the Area Committee meeting in June, I have had a few calls and emails filling in some open spots at the State Fair Booth. There are still some available. The dates are August 24th and 25th. We have at least two persons in the booth from 8:45am to 9pm, it's a fun time for a date day, or a sponsee/sponsor day or just an excuse to get to the fair.

I had a request to add a meeting to the meeting APP, forwarding the request to Sally to make sure meeting is registered and communicate that we do not maintain the APP only the website.

The end of the rotation is approaching quickly, and I'm looking forward to the fall Assembly.

Thank you for allowing me to serve as your Public Information Chair .

Gayle R.
Area 35 Public Information Chair

Treatment:

As we are coming into election time, at the Area 35 level, it has caused me to ponder what makes a good candidate. I recently read the AA service manual. It is serious reading. One of the items that Bill W. discussed is Leadership. He described a "politico" as a person who wants to make everyone happy. He talked about Leadership as a very important characteristic of members. Christine has set an excellent example of a good leader.

We have three fine folks running for Delegate this coming Fall for the 2020 rotation. As we consider each person, I believe that we must put aside District prejudices and review the kind of leader we want. A good Delegate represents our entire area. That's a key point. I am urging all of you to take some time and consider who you are voting for and what they stand for.

Regards,
Cathy R.
Area 35 Treatment Chair

Webmaster:

Greetings Area 35.

I don't have a lot to report but I have placed several AA events on the Area 35 Calendar this summer including Christine's report back from the General Service Conference at various locations. An AA member pointed out that two words were transposed in the AA Preamble on the Area Website. I made the change so it reads the same as the preamble from the General Service Manual.

District 9 now has a phone help line listed on their District page on the website. I plan to attend both the ACM and West Central Regional Form in August.

Thank you for letting me serve,
Rillis E.
Area 35 Webmaster

BLAST FROM the PAST

In this edition of Blast From the Past is from
Volume XI Issue 11 May/June. 1993

AA District 15 Completes Second Successful
Year of School Program.

During the 1992-93 school year District 15 was again active in their High School AA presentations. Members of the District gave 44 fifty minute presentations in 6 schools within our District, reaching 617 students on two occasions. Due to doing the entire school populations in three schools last year we had a lighter load this year but are looking forward to a larger group again next year.

The students ratings of these presentations again were most encouraging as many of the groups rated over half of them excellent with good running a close second. Their comments are especially interesting with many "Thank You's" for coming to our school.

We continue to see a real explosion in the drinking habits of students between 10th and 12th grades. We feel by their answers to the 14 question quiz many of them are well on their way to becoming a problem to themselves, families, and society as a whole. Hopefully, with the information they receive, some will take a second look at their lives.

We have placed 4 copies of 24 different pamphlets and one Big Book in each library of the schools and will restock as necessary. We have established a good working relationship with school administrators with a number of them contacting us to return the their schools prior to us contacting them. We have copies of all lesson plans, forms and cassette tapes of our presentations available for the asking for anyone interested in starting this program in their district.

DCM Ray L.

Area 35 Guidelines

for flyers to be posted on the website or in the
Northern Light

A good flyer should answer the following questions:

- Who is involved or sponsoring the event? Examples:
 - AA Group
 - District
 - Area
- What type of event is it? Examples:
 - An open or closed meeting
 - Speaker meeting
 - Call up meeting
 - Big Book meeting
 - Workshop
 - Conference
 - Fellowship (ice cream socials, potlucks, chili cook offs, etc.)
 - AA must appear somewhere on the flyer
- When is the event to take place? Examples:
 - Date and time
 - Does it reoccur
- Where will the event take place?
 - Name of the facility and the address
 - Maps are sometimes helpful but not necessary
- Why is the event taking place?
 - The reason for AA events is to carrying the AA message to the still suffering alcoholic (this doesn't have to be printed on the flyer)
 - Usually covered in Who and What

*For safety reasons, if a phone number is listed on the flyer consider NOT putting a name in association with the number.

Please submit flyers in PDF format when possible. Flyers will be posted on the Area 35 Website and in the Northern Light at the Area 35 Webmaster's and Northern Light Editor's discretion. Email the webmaster(Ziarea35.org with any questions.

Acronyms

(Spaghetti Soup)

- AAWS - Alcoholics Anonymous World Service
- ACM - Area Committee Meeting
- BB - Big Book (Alcoholics Anonymous)
- BTG - Bridging the Gap
- CCS - Corrections Correspondence Service
- CFCP - Correctional Facility Contact Program
- CPC - Cooperation with the Professional Community
- DCM - District Committee Member
- FNV- Fellowship New Vision Database
- FOC - Finance Oversight Committee
- GSB - General Service Board
- GSC - General Service Conference
- GSO - General Service Office
- GSR - General Service Representative
- GV- Grapevine
- GVR - Grapevine Representative
- ICYPAA - International Conference of Young People in Alcoholics Anonymous
- NL- Northern Light
- NMAA - Northern Minnesota Area Assembly
- PI - Public Information
- Panel - The Two Year Rotation a Delegate Serves
(Ours is an Even # Starting with Panel 2 in 1952)
- WCRS - West Central Regional Service (Conference)
- WCRAASC - West Central Regional Alcoholics Anonymous Service Conference (same as above)
- WCR - West Central Regional (Forum)
- WCRAAF - West Central Regional Alcoholics Anonymous Forum

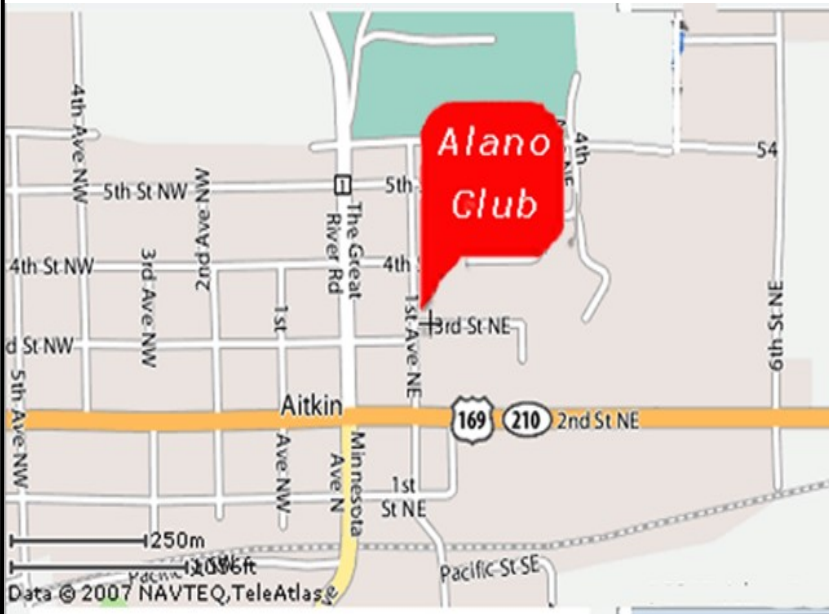
"My spiritual awakening has involved three major leaps: Save Me, Help Me, and Use Me."

"Save Me, Help Me, Use Me," Essex Junction, Vermont
February 2000, AA Grapevine

AREA 35
COMMITTEE MEETINGS

Where is the Aitkin Alano Club?

Area 35 holds Committee Meetings in February, June, August and December at the Aitkin Alano Club
322 1st Ave. N.E.
Aitkin, MN.
Come join us!



UPCOMING EVENTS IN AREA 35

*See area35.org for printable flyers

2019 West Central Regional Forum
Registration opens Wednesday, June 12, 2019

To receive email notification when registration is open:

- Go to **aa.org** and click on **Regional Forums Information**, then **Hotel Details and more**, and fill out the form; **or**
- Contact Maria Morales-Lamm at moralesm@aa.org **or**
- Fill out the below and mail to G.S.O. to arrive by June 7, 2019.

General Service Office, P.O. Box 459
Grand Central Station, NY, NY 10163
Attn: Maria Morales-Lamm

Name _____ Email _____

Information provided is confidential and will only be used for this Regional Forum

For ASL Interpretation please contact G.S.O.: regionalforums@aa.org.

HOTEL RESERVATION INFORMATION
2019 WEST CENTRAL Regional Forum
August 16-18, 2019

Canad Inns Destination Centre
Grand Forks

1000 South 42nd Street
Grand Forks, ND 58201
(701) 772-8404/(888) 332-2623

Rate cutoff date: July 16, 2019

Hotel Reservations can be made by phone: (701) 772-8404
or (888) 332-2623 no later than July 16, 2019.

Room rates:

King or queen bed, \$139.00 plus tax.

For special room rate use hotel group code: 427139

hotel group
code
427139

2019
WEST CENTRAL
REGIONAL FORUM

Alerus Center
1200 South 42nd Street
Grand Forks, ND 58201
(701) 792-1200

August 16-18, 2019

Sample SCHEDULE of Events

Friday: 6:30pm - 10pm Saturday: 9am - 9:45pm Sunday: 9am - 12pm

FRIDAY

12:00 - close
6:30-6:45 pm
7:00-8:30 pm
8:30-8:45 pm
8:45-9:15 pm
9:15-10:00 pm

Registration
First-Timer Welcome
Opening Session
Break
Video
General Sharing

SATURDAY

9:00am - close
9:00-10:00 am
10:00-10:15 am
10:15-11:00 am
11:00-12:00 pm
12:00-1:30 pm
1:30-2:30 pm

Registration
AA Grapevine
Break
General Sharing
Delegates' Presentations
Lunch*
G.S.O. Presentations

SATURDAY (Continued)

2:30-3:15 pm
3:15-3:30 pm
3:30-4:00 pm
4:00-5:00 pm
5:00-7:00 pm
7:00-8:15 pm
8:15-8:30 pm
8:30-9:45 pm

Ask-It Basket
Break
Finance Presentation
General Sharing
Dinner*
Workshops
Break
Workshops

SUNDAY

9:00 - 10:00 am
10:00-10:30 am
10:30-10:45 am
10:45-11:30 am
11:30- Noon

General Sharing
First Timer Sharing
Break
Past Trustees' Sharing
Closing Remarks

* Meals are on your own

REGISTRATION Information

There is no charge to attend Regional Forums. Please pre-register to support GSO with event preparation. You can always register on-site. To pre-register online, go to www.aa.org. All who register will receive a Final Forum Report.

Area 35 Fall Assembly

October 5-6, 2019

Hampton Inn and Suites
1019 Paul Bunyan Drive South
Bemidji, MN 56601

Room Rates: Double Queens Standard and Single King Standard non-smoking rooms:
\$109.00 plus tax.

To make reservations please call: (218) 751-3600

Reserve under: Area 35 Room Block

Cut off Date is: SEPTEMBER 5th, 2019

Saturday, October 5th

9:00 AM Registration

10:00 AM Assembly Convenes

Sunday, October 6th

9:00 AM Assembly Reconvenes



All DCMs, GSRs, Area Officers and Committee Chairs, Delegate, Alternate Delegate and Past Delegates are encouraged to attend as well as all others interested in carrying the message to the still suffering alcoholic. The only requirement is a willingness to serve. This is a voting year where we will be voting in our new Area Officers.

Please Join Us!



A.A. and Alanon
Open Speaker Meeting and Potluck

When: Saturday, September 28, 2019

Time: 6:00 P.M.

Where: Christ Our Light Catholic Church
804 7th Ave. Princeton, MN
(Please enter at the back of the church)

6:00 Potluck (please feel free to bring a dish to share)

7:00 Alanon Speaker: Rachelle C.
Zimmerman, MN

8:00 A.A. Speaker: Lisa Dawn G.
Minneapolis, MN

Hosted by the Princeton Thursday Night There is a Solution A.A. Group
All are welcome to attend!

For more information contact Kelly D. 612-799-1602

Area 35 Northern Minnesota Assembly of Alcoholics Anonymous
Panel 70 Delegate Résumés

Jim S.

Address:

City, State, Zip: Fargo, ND 58102

Telephone:

Email: Jimmys_01@msn.com

Home Group: Moorhead Thursday Night

Sobriety time: Aug 13th, 1989

Roger L. R.

Address:

City, State, Zip: St. Cloud, MN 56301

Telephone:

Email: rlrudolph@stcloudstate.edu

Home Group: Wednesday Happy Hour, St Cloud, MN

Sobriety time: 13.75 Continuous Years of Sobriety

A.A. Service Experience:

1997 - 1998 MTNG Alternate GSR
1998 – 2000 MTNG GSR
2002 – 2004 MTNG Secretary
2008 – 2010 MTNG Steering committee member
July 2010 Alt DCM District 3
Aug 2010 – 2011 DCM District 3
2012 – 2013 DCM District 3
2014 – 2015 Area 35 Lit Chair
2016 – 2017 Area 35 Chair
2018 – Present Area 35 Alt-Delegate
2019 – WCRAASC Event Chair
2010 Co Founder of the Sunday Night Big Book Meeting
I have made several presentations on AA service and the 12 Steps
I have spoken at various Treatment and Jail Meetings
I have a sponsor and sponsor other men
MTNG has been my home group since 1994

A.A. Service Experience:

Area 35 Chair	2018-Present
Area 35 Alternate Delegate	2016-2017
Area 35 Secretary	2014-2015
Area 35 CPC Chair	2012-2013
Area 35 Public Information Chair	2010-2011
District 13 DCM	2008-2009
District 13 Public Information Chair	2006-2007
Home Group Service:	2002-Present
Meeting Chair, Literature Chair, Sponsorship Chair, Coffee Maker, Represented Group at WCRAASF	
Jail Meeting Volunteer, Stearns County Jail	2002-Present
St. Cloud Roundup Committee Chair	2017-Present
St. Cloud Roundup Committee Ice-cream Chair	2015-2017
WCRAASF Host Committee Chair	2009
Area 35 Inventory Committee	2011
Sponsorship: I sponsor and am sponsored	

Now a Note from Our WCR Trustee....

Just an FYI, the current pre-registration is at 110. Please encourage all AA members to attend, but I hope more than anything else GSRs get a chance to go --- what a place to get a real grasp on what they are now a part of, and a place to forever change your understanding of what you belong to! With an estimated 4,000 groups in our region and an estimated 80,000 A.A. members, even 0.5% - 1% of our members would be phenomenal!

First time attendees also get a chance at drawings for complete Grapevine subscriptions.....

Curt's also working on the Dorothy Goes to Detroit skit, so you won't want to miss that....

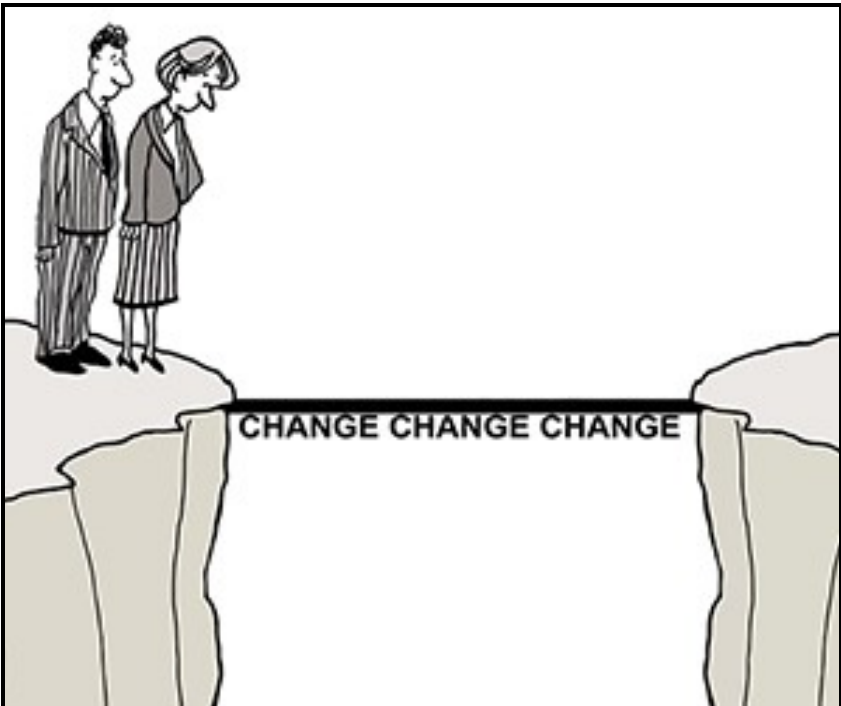
Tom

"Today I think I can trace a clear linkage between my guilt and my pride. Both of them were certainly attention-getters. In pride I could say, 'Look at me, I am wonderful.' In guilt I would moan, 'I'm awful.' Therefore guilt is really the reverse of the coin of pride. Guilt aims at self-destruction, and pride aims at the destruction of others."

AA Co-Founder, Bill W., November 1960, "Freedom Under God: The Choice Is Ours", The Language of the Heart

"Tolerance is the art of seeing yourself as others see you -- and not getting mad about it."

June 1964, "Short Takes," AA Grapevine



"Remember dear one step at a time"

Joe P., Doylestown, Pa.

**Area 35 Northern Minnesota Assembly of Alcoholics Anonymous
Panel 70 Delegate Résumés**

Steven D. L.

Address:

City, State, Zip: Biwabik, MN 55708

Telephone:

Email: Lerejet64@gmail.com

Home Group: Biwabik Sunday Night Group

Sobriety time: Thanks to the program & fellowship of AA
I have 38 years of continuous sobriety as of
March 12th 1981

A.A. Service Experience:

I agree to stand for the office of Delegate (Panel 70) and if elected, to trustfully serve the members of Area 35 as outlined in the AA Service Manual.

2016– present Area Northern Light Editor

2019 WCRAASC Treasurer/Registrar

2014-15 Area 35 Financial Oversight Committee Chair

2012-13 Area 35 Treasurer

2010-11 Area 35 Web Master

2006-07 District 8 PI/CPC Chair

2004-05 Biwabik Sunday Night Group GSR

1986-87 District 8 DCM

1984-85 District 8 Correction/Institution Chair

I am in the District 8 AA phone contact rotation.

I Chair District 8's Beginners Meeting.

I have been on the Winter Rap-up Committee.

I speak at Treatment, Correction Centers and Open Speaker Meetings.

1982 to Present Day I have a sponsor and I sponsor others.

I have made Biwabik Sunday Night Group my Home Group for 31 years

The most important position of all has been greeting people and offering my experience, strength and hope to those who reach out, and making the best damn cup coffee in the Area.

"I'm still mystified by how I got sober, and the only answer that makes sense is that I stopped drinking through the grace of God. I was thinking about the difference between those of us who get sober and those who are still drinking, and I believe the difference is that we have accepted the grace that was offered. Every day, my Higher Power gives me the grace to be sober, and every day I make the choice not to drink, to accept the grace."

"The Gift of Sobriety," La Crescenta, California, February 1993, AA Grapevine



"So tell me, do I come here often?"

Mary M., Gig Harbor, Wash.

"Sobriety isn't a discrete list of tasks that you do and then check off; it's a state of being that pervades every aspect of your life."

Minneapolis, Minnesota, July 2008, "Lost in Translation," AA Grapevine

Through Their Eyes

I personally love Area 35 Assemblies; we meet together with like people. We go through LOVINGLY all the agenda items, so our elected Delegate can take our voice to the General Service Conference. I have been doing this process for many years, with a few off years. We come together as a body passionately convincing each other what is the best way to reach out the hand to those who still suffer, to carry the message of Alcoholics Anonymous. Sometimes it may seem like we are fighting, but are we? We talk with our sponsor if we find ourselves taking others inventory. When we are done with the agenda items or proposed items hopefully, we can hug and let newly formed resentments go. I take this process for granted because I have been here so long and forget how others who has never seen this may see it.

This Assembly I brought a newcomer and my sponsor. Neither has seen this process. So, I was honored to have them along. They brought out the best in me, like a blooming flowing and I am grateful. I loved watching the emotions grow when they heard something they didn't like or agree with. For example, when someone at the mic joked about Books for Crooks, I think I had to hold her down for that one. She at one time was on the inside and took offence. A few years back I myself made that same reference and it wasn't liked then either. I explained that to her and tried to explain the meaning, I couldn't justify the term. I will try not be saying that again. Some may think she over reacted (I did at first) then I put myself as if I heard that for the first time with the snicker included.

When I was new in AA, I did not understand a lot and this Singleness of Purpose thing. I mean what is the big deal. An addict is an addict. AA's Singleness of Purpose is hard for the new comer to grasp. Treatment people just says go to meetings. I say, work with a sponsor, go through the steps and traditions, and if you still feel that way, talk with other trusted servants. Through sponsorship and my AA Dad, I learned what the words "Singleness of Purpose" meant and why we have to have it and keep it to one thing. Tradition 5 tells us in the Twelve Steps and Twelve Traditions (page 150) ... better to one thing supremely well than many badly.

During Saturday and Sunday, my newcomer, was sober 88 – 89 days and she's at an Assembly. She wants to come back, so the loving discussions did not scare her away. When I get frustrated when she is not seeing another way, other than her cloudy ways, I have to remember how was I at that stage in recovery. No one could get through to me, not with alcohol anyway.

On the way we stopped at the jail to pick up a volunteer application, I knew the building would be closed. She had to find out that for herself. I found myself looking at her and telling my sponsor, I am going love watching her grow in recovery. Today she was approved to go in to that jail!!

If you ever want to grow yourself, bring a newcomer to an Assembly or any other Area 35 function. October is our voting Assembly, this process is emotional, humbling and spiritual. Sometimes we choose our trusted servants and sometimes God is the one who chooses...

Gayle R.
Area 35 PI Chair

Area 35 Committee Meeting Minutes
Aitkin, MN
June 2, 2019

Call to Order: Roger R.. Called meeting to order and opened with the Serenity Prayer.

Recognition of Past Area 35 Delegates in Attendance:
Kelly D. (Panel 66)

Additions to the Agenda: None

Approval of the February Area Committee Minutes: Motion made and seconded to approve minutes. Minutes were approved.

OFFICER REPORTS

DELEGATE-Christine G.

Greeting Area 35,

I just returned from 69th GSC and my heart is full. I can't believe the gift that I have been given to serve all of you and AA as a whole. We had a week full of business and information that needs to be reported and shared. Later, I will be giving my Post Conference Report. I have a few Districts to schedule a time to give my report and those are Districts 12, 18 and 21. Please see me to schedule a time.

The Grapevine is celebrating 75 years and they have a Tool Kit that they are offering. Remember that the Grapevine is supported through subscription and book sales. They do not accept 7th Tradition contributions. The Grapevine is offering gift certificates. This will help eliminate the problem with billing. If you want to give as a gift, purchase a gift certificate, then all the information will go to the person receiving the gift versus the person purchasing.

A little update about alcoholicsanonymous.com, there was mention that, in the next year, there may be conversation-taking place between people to see if there is some sort of resolution that can happen. This will not be legal action, just conversation. The fellowship will be updated as information becomes available.

I want you to know that the 91 employees, at GSO, are working very hard. Last year they saved \$635k in various areas like, credit card processing, shipping and warehouse, French translation and other services. They have listed 1641 new Groups, responded to over 400 emails regarding the new website, answered about 100K general calls and emails and coordinated more than 30 National CPC Conferences.

The new website is projected to be completed by the 2020 GSC, the ERP project is scheduled to go live August 7, 2019 and the AA app project is scheduled to launch in a couple months.

To date, YouTube channel has 3103 subscribers.

Registration opens, for the International Convention in Detroit, on September 9, 2019. There will be need for AA volunteers and formal requests and information should be coming out this fall and communicated on AA.org. Some of the GSO staff put on a fantastic skit about the Convention and YOU can see this skit if you attend the WCR Forum that is coming up August 16th, 17th, 18th in Grand Forks, ND. I have fliers on the back table. This will be a great opportunity to meet some of the GSO staff. I will also be putting together opportunities for you to get together and enjoy conversation with some of the staff over a meal. More information will become available and you are welcome to shoot me an email if you are interested in this small group opportunity.

There are fliers on the back table for the \$8.06 challenge that takes place on August 6, 2019. In 2018, GSO provided services to 1,418,177 A.A. members at a cost of \$11,426,835. That's \$8.06 per A.A. member for the whole year! If every member contributed \$8.06 once, it would support all of the services GSO provides to all Groups, for one year!

We had our West Central Region business meeting on Wednesday, May 22nd. We voted to approve that Tom, our WCR Trustee, to look further into creating a Charter for the WCR and look at the organization being identified as an association. Tom will not be taking any action yet and will bring more information on process and what it will look like. This will hopefully eliminate the filing status we discussed at the Fall Assembly.

The WCR also approved bringing on a Regional Secretary, on a trial basis, through next year and then the Region will reassess the need and make a determination from there. The main duties right now are: maintaining Regional archives, minutes, Assist Trustee and host Areas for WCRAASC and revision of guidelines.

We also discussed having a Regional Website that would be used by all hosting Areas for Regional Conferences and Forums.

Well, I bet you all are sick of listening to me and knowing you have another report to listen to, I will wrap it up.

Thank you all so much for allowing me to serve Area 35.

In Unity, Love and Service,
Christine G.
Area 35 Delegate

ALTERNATE DELEGATE-Jim S. Good Morning Everyone,

I have been talking with the Timberlake Lodge in Grand Rapids for the Annual Workshop. They do offer a buffet option but are in the middle of revamping their menu so at this time I have not seen what they have to offer. The room rate is \$850 for the weekend including screens and a/v equipment. The dates for the event are Jan 25th and 26th, 2020.

There is still time for zonal forums in zones 2, (Districts 3, 4 and 15) and zone 4 (Districts 8, 9, 12 and 14). If you are interested in a zonal forum in either zone please let me know so we can get one scheduled for you.

I would like to thank District 3 for nominating me for Delegate.

In Service
Jim S.
Alt Delegate

AREA CHAIR-Roger R. Greetings June Area Committee Meeting,

I continue to be grateful for the awesome opportunity to serve Area 35 as your Chair.

I've been working on locations for Area 35 Assemblies in 2020. Locations for these Assemblies are specified by zones in the Area 35 Actions Book. I'm close to signing a contract with the Hibbing Park Hotel and the new Perk Events Center for the 2020 Assemblies.

Coffee prices per gallon at facilities in larger cities continue to be a challenge. In meeting with Chairpersons from other Areas at the WCRAASC last March, several other Chairs mentioned this issue. We also discussed this challenge at the Area 35 Officers and Chairs meeting at the Spring Assembly. I plan on putting this issue on the agenda at the August ACM when we should have time for this discussion.

One hundred and nine persons registered at the Area 35 Spring Assembly at the Holiday Inn in Duluth MN. A close reading of the Area 35 Spring Assembly Evaluations indicates attendees very much liked attending the Assembly; felt that their needs were met at the Assembly and very much felt Area 35 was successful in informing our Delegate on the Agenda Items. The most common suggestion for how we can improve the Spring Assembly is to provide tables for attendees to sit at, be organized and participate in the Assembly.

I'd like to thank Steve D. for his service as our Area 35 Archivist. Steve stepped down as our Archivist several days ago due to taking a job in New Mexico.

On a personal note I would like to thank Districts 13 and 9 for nominating me to stand for Panel 70 Area 35 Delegate.

Let's all work together to continue carrying our message to still suffering alcoholics in the last seven months of this rotation.

In service and warmth,
Roger R.
Area 35 Chair

SECRETARY-Melissa A. Greetings Area 35,

I appreciate everyone who is in attendance on such a beautiful day. I appreciate all of you and the service that you continue providing within Area 35. It is such a privilege serving Alcoholics Anonymous within Area 35 as the Secretary.

The Fall Assembly Flyer is located on the Area 35 website and there are flyers located on the back table. The Fall Assembly is on October 5th, & 6th, 2019 and is located at the Hampton Inn and Suites in Bemidji. Reservations need to be made by September 5, 2019.

I look forward to being the Captain of the State Fair Booth on August 24, 2019. If you have never served at the State Fair Booth I would highly suggest being willing to serve, it has been a life changing experience for me and it is an honor being able to serve Alcoholics Anonymous at that capacity. Thank you Gayle for asking me to be of service.

I need to have the reports from this meeting turned into me by June 17, 2019 so that I can get them to Steve in a timely manner for the Northern Light deadline, which is July 8, 2019.

Thank you for allowing me to be of service,
Melissa A.
Area 35 Secretary

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TREASURER-Mike F. Greetings from your Area Treasurer, It is an honor and a privilege to serve you.

Since my last ACM/Assembly report in April, I have:

- Reconciled two monthly bank statements and created reports for review by the Financial Oversight Committee
- Deposited all contributions received as of May 29th
- Paid all bills and expenses received as of May 29th
- Completed a balance sheet and income/expense/contribution statement for Period 3 of 2019 (April/May)

As of May 31st, our checking and savings accounts have a combined total balance of **\$18,607**.

As of May 31st, our year-to-date total income and expenses are **\$13,096** and **\$19,851**, respectively, giving us a net expense of **\$6,755**. We are in the cyclical period in the year where we have covered 3 of 5 of the most expense-heavy events, with only the WCR Forum and Fall Assembly remaining, so we will likely see contributions exceed expenses for the rest of the seven months of 2019. Year-to-date contributions are **\$10,858**.

If you have questions or concerns about your Group contributions or anything related to my duties as treasurer, please email me at treasurer@area35.org.

Please remember to include your Group number on all contributions. This will ensure that your contributions get credited to your Group. I have noticed that most contributions do include it and that makes my job a lot easier. Thank you!

Thank you for your continued support of Area 35 and thank you for the opportunity to serve Alcoholics Anonymous.

In Service,
Mike F.
Area 35 Treasurer



"Harry, do you have anything to add to the discussion?"

COMMITTEE CHAIRS & DCM REPORTS

CPC - Antonette F. My name is Antonette, and I am an alcoholic.

We discussed the process of getting information out to the public to best serve the still suffering alcoholic. We can learn from each other and we are all telling the same message. We had a lively discussion about singleness of purpose. Gratitude for sobriety is prevalent. Everyday, I will help Gayle with a workshop in October. Please let me know if there is anything I can do to help your District.

Yours in service,
Antonette F.
Area 35 CPC Chair

District 9- Jim S.

Hi everyone my name is Jim and I am an alcoholic.

District 9 has added an opening statement to its meeting format concerning one ultimate authority and respect for others perspective, encouraging participation, avoiding cross talking and arguing.

District 9 has determined that its Beginner Meeting should be ended because there has been only one person attending in the last six months. District 9 will be needing a Treatment Chair as Sandy K. will be moving from Hibbing in June. District 9 has added a new Corrections Chair and will obtain a corrections kit for that chair.

District 9 voted to nominate Roger R. for the next Area Delegate and then found out he had already been nominated. I attended the Iron Range Get Together held in Hibbing, which was very well attended and had some very good speakers sharing their story.

District 9 Literature Chairs donated two Big Books, one 12 by 12, one Dr. Bob And The Good Old Timers, one Daily Reflection, one AA Comes of Age and one Living Sober to the Hibbing public library. District 9 has a new helpline phone number which is...

The Delegate report back meeting will be held at the Hibbing Alano Club on June 15, 2019 from 1 to 4 pm with pot luck served.

Yours in service,
Jim S.
District 9 DCM

District 13- Peter T. (Alternate DCM)

Hello my name is Peter and I am an alcoholic, currently serving as the Alternate DCM for District 13.

All the committee chair positions are filled. Doug W. the Corrections Chair reported the afternoon prison meetings are very well attended. Always looking for more volunteers to carry the message. The RRIA training will be on May 22, 2019.

Dan K. CPC chair had 3 meetings in March and looks like things are starting to get going.

Treatment has service opportunities at Sobriety First on every Thursday. Treatment has also had service opportunities at The Dream Center and Journey Home.

PI Chair reported that the phone line service was changed from CenturyLink to Charter Spectrum for a savings to the District of \$720.00 dollars. The meeting schedules have been distributed to area facilities.

At the May District meeting, District 13 voted to nominate Roger R. for the Area 35 Delegate.

District 13's June meeting will be held jointly with District 15 at the Albany Senior Center. Christine G. will be giving her Delegates Report back from the General Service Conference.

Yours in service,
Peter T.
Alternate DCM 13

WEBMASTER - Rillis E. . Greetings Area 35,

I am unable to attend the meeting today as I am still recovering from hip surgery.

I have been busy placing flyers and events on the Area calendar. The West Central Regional Form is scheduled for August 16-18th in Grand Forks, ND at the Alerus Center and the flyer/registration form can be found on the calendar.

I met with, Rodney S, the past Webmaster, and he gave me some materials that were left over from the last rotation. The materials included AA Guidelines regarding the Internet, a flyer on how websites work and 4 boxes of AA meeting locator cards. I will have these resources available for those interested at the August Area Committee Meeting.

I recently updated the Word Press to the newest version and also updated the Control Panel.

I hope you all have a nice summer and thank you for letting me serve Area 35.

Rillis E.
Area 35 Webmaster

LITERATURE - Brian P. Not Present (No report)

District 15- Pat M. Greetings from District 15,

The District holds it's meeting the first Monday of the month at the Albany Senior Centre at 8pm.

The District Chairs are busy. The Corrections Chair is looking for volunteers. I suggested that he might have to go to meetings and talk of the importance of speaking in the jails and correctional facilities.

Our Literature Chair has been selling a lot of Big Books and 12 and 12's. The District just ordered more 12 and 12's and ordered its first box of Spanish Big Books. The District feels there is a great need for Spanish Big Books. The Hispanics that come to meetings, might read and speak English very well, they comprehend Spanish much better. The District feels we need to have literature for everyone that walks through the doors of A.A.

Still looking for some of the Chairs to be filled. The District will try to fill these in our next rotation. We will be discussing nominations at the July District meeting. Nominations will be taken in the August meeting and voting will take place at our September District meeting.

The District would like to thank the Area 35 PI chair Gayle R. for her presentation on Public Information and the singleness of purpose. There were a lot of questions from the District members on the singleness of purpose. I and

(Continued on page 14)

(Continued from page 13)

Pat M. hope there is a better understanding for members that attended the presentation. Thank you Gayle. Great job.

Christine will be giving the Delegates report back on June 4th at the District meeting. District 13 will be joining us at 7pm at the Albany Senior Center.

Yours in service
Pat M.
DCM 15

District 3- Kevin K.

District 3 continues to carry our AA message of hope, service and recovery. While we host regular District meetings the 3rd Sunday of the month 10:00 AM at the Detroit Lakes Alano Club, 827 Summit Avenue.

The core Groups continue to participate at the District level. However, the number of all Groups that participate is smaller than I would like to see. My plan is to visit more Groups this summer, as my work schedule is lighter.

We continue to utilize our standing committee chairpersons' efforts Gene M. our PI / CPC Chair engages law enforcement, healthcare, libraries, treatment centers by delivering packs of literature. Jessa our Correction Chair is working with local corrections facilities to inquire if AA meeting can be brought into their facilities. Ray our Grapevine Chair has encouraged each group to purchase subscriptions for their meetings. Marlene keeps our website updated with service related events. Dave our Literature Chair provides material and sets up displays at our monthly Round Robins. Our next Round Robin will be held in Fergus Falls Saturday June 8 beginning with Pot Luck at 6:00 PM, Al-Anon and AA speakers.

At last month's District meeting a list of all service positions was discussed. We are considering offsetting the standing committee member's rotation; so all service individuals do not rotate at one time. We discussed our up coming election schedule for all positions.

Christine will present her Delegates report Sunday June 23rd 10:00 AM at the Detroit Lakes Alano Club, 827 Summit Avenue, Detroit Lakes, MN.

Respectively,

Kevin K.
DCM District 3

NORTHERN LIGHT - Steve L. Good Afternoon Ladies and Gentlemen,

We had three plus one on speaker phone in attendance at our meeting this morning.

I closed the books of the 2019 WCRAASC and past the finances to Area 40 Montana.

Do you like the new cover page of the NL? If I missed a town please let me know. There are some great Articles from first time writers and Assembly goers in this issue of the NL. JoAnne N. has been a great help in getting this News letter to you. I put her on some very tight deadlines. Cold spring Printing has been great to work with too.

I had one flier that almost wasn't inserted into the NL. With the new procedure for screening fliers, I let Cold Spring know there was one flier to insert. Then Cold Spring informed me they had another flier Heartland Roundup. Luckily there was time to contact the event and explain the new procedure which they knew nothing about before going to press. I know roundups, campouts and such are not in the AA service structure, but we do offer this service to them. So please inform them to send a copy to the NL Editor for approval or there flier will not be inserted into the NL.

Remember when you are done creating a flier before shutting down your computer save the flier as a pdf file and email to the NL Editor at northern-light@area35.org and the Webmaster at webmaster@area35.org. both can be found on the web and in the NL.

You can reserve your hotel for the WCR Forum now and register online starting June 12th.

I am humbled that Districts 8 and 15 put my name forward to stand for Panel 70 Delegate.

Deadline for next NL is July 8th

Thanks for Reading.

Yours in Service
Steven L.
Area 35 Northern Light Editor

GROUP RECORDS - Sally L. Greetings, Area 35,

I have given most DCMs a list of Groups in their District with a status of Unknown to see if we can get the Group information database cleaned before the conversion to the new system at GSO in August. Please try to get all Group information changes to me as soon as possible so I can get them updated in FNV.

Thanks to District 21 for getting me their Group information sheets back to me, and to Chris in District 12 for getting me their changes also.

The meeting locator app switchover to AAWS is still in progress. A consultant was hired to aid in developing the framework for the app. When the meeting locator app is finished, it will be available through GSO's website.

In service,
Sally L
Area 35 Group Records Secretary
grouprecords@area35.org



"I've been sober nine months, but I'm still working on a couple of character defects!"

District 4- Colleen S. Not Present (No Report)

District 8- Heidi B. Greetings from District 8

It has been a quiet couple of months in District 8. Our next District meeting is Tuesday, June 4 in Pike Sandy. We typically have 9-11 GSR's attending with District Chairs and Officers.

District 8 has an AA phone line that is answered by volunteers for two months at a time. We receive calls from visitors looking for meetings, family members of alcoholics, professionals looking for information and meeting schedules and newcomers looking for help or rides to meetings. It's another great opportunity for service work.

Our District continues to provide a monthly 'What is AA' PI presentation at Range Treatment Center in Virginia. Meetings are held the first Wednesday of each month. Groups are signing up to give the presentation with brief training prior to our District meeting. A Group must have training prior to signing up. We continue to provide speakers to Range Treatment Center on the 2nd and 4th Sundays of each month and bring a meeting to the detox and treatment center weekly.

District 8 Corrections committee members continue to bring a meeting to Northeast Regional Corrections Center in Duluth once a month, meetings to Sandstone Federal Prison twice a month and a monthly meeting to Thistledeew Correctional Facility in Togo.

Thank you for allowing me to serve,

Heidi B.
District 8 DCM

District 18- BR B. My name is BR B. I am the DCM for District 18. We are doing well but we are looking for help with corrections. We are looking for women to go to Todd County Jail. If you are interested please contact Bridget at .. or BR at ...

Events coming up is the Motley Campout on July 5th and 6th at 281 Morrison Street, East Motley, MN also the Staples Campout is August 16th and 17th at Downer Lake.

For any information about upcoming campout's feel free to contact BR at

Thank you for allowing me to be of service,
BR B.
District 18 DCM

TREATMENT- Cathy R.

Although we only had Three Districts in attendance, we had stimulating conversations.

It started with how Kadie G. handles the "and a" folks. We discussed what we have in common and the desire to escape from reality. We all agree that an AA meeting needs to focus on only alcoholism.

- The discussions moved to how we got into Area service and the reasons were:

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- Wanted more sobriety
- They were a GSR and wanted to stay involved
- Thought service was only about politics but went to a District meeting to find out what it is all about and then became a GSR
- Learned how to live the Traditions

As always it is not the quantity but rather the quality of it.

Please remind your District Treatment Chairs to attend the quarterly meetings in Aitkin.

In service- gratefully
Cathy R.
Area 35 Treatment Chair

District 16- Glenn M.

District 16 is doing a budget for the first time. I have completed the DCM budget and all Committee Chairs are to have theirs completed by our November District Meeting so it can be compiled and ready for our next rotation.

I also addressed that it's not too early to be looking at new District Officers and Committee Chairs, getting their agreement to serve before recommending them as well as getting to know our Area 35 positions in our Groups and similar recommendations for their GSRs for next rotation voting.

I have validated the information GSO has for our 23 Groups and made the necessary changes for Sally.

Alt DCM Katy P. gave a report from the Spring Assembly on the GSR session she attended. There were thirty-two GSR's attending and fourteen of those were new GSR's. Also being a Group GSR, she emailed an extensive report back on this to all the GSR's in the District hoping this to be a regular occurrence.

District Co-Chairs in Lit/Grapevine Bruce M. and Dave C. set up for the 49th IRGT Roundup.

Our Treatment Chair Bruce M. has speakers lined up through fall and is working on two different ones. One, Hope House in the Rapids, we now speak on 9 AM Friday Mornings.

I'm blessed to be in service,
Glenn M.
District 16 DCM



"My boss is sitting out there! I am afraid he will see me here"
Smokey S., Grand Junction, Colo.

District 5- Skip D. Good day,

District 5 is alive; we are still at three District positions filled (DCM, Secretary, Treasurer). We meet on the third Monday of each month 7pm at Freshwaters Church in Zimmerman, MN. We had five GSR's at our last District meeting. We have been able to meet with Districts 6 and 11 to set up our Delegates (Christine G.) report back from the General Service Conference in New York on July 13th from 10am-2pm at the Isanti Alano.

District 5 did vote on holding a manned booth at the Mille Lacs County Fair August 7th - 11th 2019; we are looking for volunteers to cover 2-hour shifts at the fair. There must be someone at the booth at all times during the fair, if not we could lose our deposit.

District 5 does plan on holding a workshop on Traditions, sponsorship, and service on August 24, 2019 (the date not set in stone yet) but should be unless we cannot get a place to meet, from 3pm - 7pm.

Thank you for allowing me to serve,

Skip D.
District 5 DCM

ARCHIVIST - Resigned (No report)

Looking for a Person to replace Steve D.

ARCHIVES - Scott M. Greetings Area 35,

Area 35 Archives committee met at the June ACM. We were informed that our Archivist had resigned immediately. DCMS please bring this back to your Districts so the word can get out that we are looking for someone to fill this position. For now the Archives will continue to be kept in Fargo at their current location. While we were able to make a small amount of progress starting to digitize what we have, there is now an expressed need for the committee to utilize a laptop and cloud service, which will be the responsibility of the committee. I will be working on a proposal to present at the August ACM to address this need.

Yours in service,
Scott M.
Area 35 Archives

District 7 - Bob B.

- ♦ Attendance at our District Meetings is down. We had 6 members attend our last committee meeting.
- ♦ Some members are expressing concerns that there may not be enough volunteers to form a District committee in 2020.
- ♦ Our District meeting schedule includes the Serenity Prayer with a typo. The directory has printed "the wisdom to know the difference" The Serenity Prayer is "wisdom to know the difference. After much discussion this will be corrected at our next printing.
- ♦ We will host booths at Cass, Aitkin, and Crow Wing County fairs.
- ♦ We continue to search for a phone provider that would better suite the needs of our District. Our members request the ability to have voice and texting.
- ♦ Christine is scheduled to visit District 7 on June 20th for a Pot Luck and Delegates report. Pot luck at 6 PM, Delegate's Report 7:00 PM., 1st Congregational Church, 415 Juniper St., Brainerd, MN.
- ♦ Groups in our District are doing a good job and keeping the District well funded.

Bob B.
DCM District 7

District 11- Cindy S-K Hello from District 11

I have started visiting the Groups in our District to insure accurate meeting directory information plus letting them know we are available as a resource if needed.

Districts 5, 6 & 11 will gather July 13th at Isanti Alano to hear Christine's report back of the General Service Conference held in April.

Our District will have a table at the Pine County Fair July 31 - August 4th.

Corrections commitments are filled thanks to Gary, we are still looking to fill other action committee chairs.

Working on a sponsorship workshop to be held this year.

Enjoy your summer.

In service,
Cindy S.-K.
District 11 DCM

CORRECTIONS - Paul M. Greetings,

We had three Districts represented this morning and a visitor from Aitkin. All Districts are active in bringing the message into correctional facilities. The St. Cloud call up meeting pink can plan donated two cases of Big Books and one other Group donated a case. Thank you, I hope to bring a proposal to the Fall Assembly to get funds for correctional facilities for the next rotation. I was very disappointed the way the vote was pursued at the Spring Assembly. "The right to my own opinion." I feel there is a great need for funds for books for correctional facilities. Whether it is called the pink can plan or money set-aside in the Area Corrections Chair budget, as I had four requests for books from Area 35 this rotation so far. I also have to report that two Groups are interested in doing the pink can plan at the Group level. I will be meeting with the statewide corrections committee Area 35/36 next month, for our quarterly meeting.

Yours in service,
Paul M.
Area 35 Corrections Chair

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A Declaration of Unity

This we owe to A.A.'s future; to place our common welfare first; to keep our Fellowship united. For on A.A. unity depend our lives, and the lives of those to come.

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District 12- Richard G. Greetings Area 35,

What’s new in District 12?

After over a year of efforts to get an effective A.A. meeting in the Federal Prison camp, all six men are putting on weekly meetings thanks to Pat S. is employed in the system and convinced them to take a chance on us. All other facilities are covered.

Also, we now have a presence in Teen Challenge thanks to Tammy E. who is a former graduate there. All other treatment centers are covered.

Our Literature Chair Chris L. continues to get accurate information on our two hundred Groups and is meeting with Sally L. today.

Finances are okay, DullyPAA and Intergroup are regularly at our District meetings and our Alternate DCM Shelley Ann is filling in on action committee work.

Yours in service,
Rich G.
District 12 DCM

District 14- Paul E. Not present (No report)

PI - Gayle R. Hi Everyone, Gayle, alcoholic.

Currently serving as PI chair. I did a PI presentation at District 15, we talked about What A.A. Is and What A.A. Is Not along with Singleness of Purpose, Thank you Pat for the invitation.

There are a few open spots to help at the A.A. booth at the State Fair, August 24 & 25th. Melissa is day captain for Saturday and has worked hard to fill Saturday. Sharna (DCM District 6) and Cindy (DCM District 11) are day captains for Sunday, there are a few open spots left. Bring your Friends!

PI/CPC meeting this morning, Antonette myself along with Districts 6, 7, 9, 11 & 12 attended. District 6, Sharna, is working on filling the open spots at the State Fair AA booth for Sunday August 25th. She is also working in the PI/CPC breakfast for professionals. Letters to professionals have been sent out.

Arden District 7, new to PI/CPC, waiting for workbooks. He is interested in PI/CPC workshops for professionals in his District.

Jim DCM District 9 reported the Beginners Meeting ended in his District due to lack of participation. The helpline that started last November is looking for ideas to get the number out. Number is 218-262-9986, our discussion suggested talking to Rillis about getting phone number on District 9 web page on area35.org. Their PI/CPC chair resigned.

Jeff - A brand new GSR from Mora in District 11. He has one year in and is throwing himself into the program. A speaker meeting was about to close - he and another newcomer stepped up to chair the meeting and it is once again thriving. He stated Recovery, Unity and Service is the key for him.

Rich DCM District 12 attended a meeting described as an AA meeting typically at 1st Step and 3rd Tradition. Discussed by committee - The AA meeting - Alcohol - Open meeting card, confine talk as it relates to alcohol. Also, discussion followed Singleness of Purpose.

I have been asked to present on Public Information at the Health Service Conference in Duluth in October. I said yes but I am scared to death, I will update you more in August. Thanks Antonette for offering to help.

Thank you for allowing me to be of Service.
Gayle R.
Area 35 PI Chair

District 6- Sharna O. Sharna - I'm an alcoholic District 6 DCM

The District voted to change the time of our District meeting from 7:30pm to 7pm starting at the June meeting. The report back for Districts 5, 6 and 11 will be held at the Isanti Alano Club Saturday July 13th from 12pm-2pm and it will be a potluck. Our District meeting is planning a CPC/PI breakfast meeting with professional’s workshop for a Thursday 7am, possibly in August. After 1-½ years as DCM, I’m finally becoming comfortable with this position. I’m starting to check out other meetings in the District. It’s a slow process since there are thrity meetings in the District. I attended a Saturday night meeting and found out that meeting was established in 1947. “Tom” from the meeting gave me some information of the history of the Group. Being DCM has given me my self-confidence back.

Glad to be of service,
Sharna O.-J.
District 6 DCM

District 1 Not present (No report)

"Sometimes I wonder if this illness isn't a gift rather than a problem."

"A Reason for Living," Kingston, Ontario,
July 1980, AA Grapevine

GRAPEVINE - Jerry B. Hi I’m Jerry B. and I’m an alcoholic serving as your Area 35 Grapevine Chair.

Currently I have all the Grapevine printed materials including the 2019 calendars and pocket planners. Since the year is almost half over I would like suggestions about how to price the 2019 calendars.

I recently attended the Iron Range Get Together in Hibbing, District 8’s business meeting May 6, 2019, Spring Assembly held in Duluth on April 6th and 7th, I couldn’t attend the ACM at the Assembly for unforeseen problems thanks to Brian for chairing the meeting of Literature and Grapevine.

I received an email about the new book “Our Great Responsibility” a selection of Bill W’s General Service Conference talks from 1951-1980’s. Do mention to whom will handle sales Grapevine or literature. If you or your District wishes to place, a Grapevine order let me know by email two weeks in advance of the next Area function.

Yours in service,
Jerry B.
Area 35 Grapevine Chair

District 2- Danny W.

The last District 2 meeting was held May 5th at the Twin Rivers Courthouse in Thief River Falls. Eight people were in attendance including myself (DCM) and the District Treasurer.

DCM gave a short report on the April Spring Assembly that was held in Duluth. There was discussion on the importance of all Groups participating in District meetings so their Group conscience can be heard. As well, I stressed that attending and participating in service functions is indeed a way to carry the message to those still suffering.

The Treasurers report was given; DCM submitted expenses for attending the Spring Assembly, a motion was passed to cover current and future DCM expenses when representing District 2.

The majority of the meeting was spent going through and updating the Group contact information forms. This is a challenging task since contact information is old and there are multiple Groups in some of the towns, and not all Groups were represented. I will continue to work on this project, updating the District 2 meeting schedules in order to develop an accurate meeting and contact list.

It was decided to have Christine deliver her Delegate’s Report back during our July District 2 meeting. We will meeting at 1pm instead of 3pm for this meeting and will have a potluck dinner for those attending.

I will continue to visit District 2 Groups focusing on the more distant Groups during the next couple of months (more daylight) in hope of soliciting their participation in both District and Area events. This will give me an opportunity to update Group contact information.

I made a phone call to District 1 and invited them to attend our July District meeting to hear Christine’s Delegate report. It seemed encouraging that someone from District 1 will be able to attend.

Finally, I have seen a flyer for the 12th Annual Summer Wild Rice Roundup to be held August 9th-11th, 2019 at the Sandhill Bible Camp which is located just south of Fosston, MN (District 1).

In service,
Danny W.
District 2 DCM

District 21- Not present (No report)

OLD BUSINESS

None.

NEW BUSINESS

FOC Report: everything is correct

Delegate Nominations:

**Jim S.
Steve L.
Roger R.**

Calendar of Events:-See the Northern Light and Area 35 website calendar. Email your events to **webmaster@area35.org** for posting on the website and **northernlight@area35.org** for listing in the Northern Light. There is also an option for a flier to be inserted into the Northern Light. A reminder was made that fliers should include the 5 W’s of who, what, when, where, and why; a map is helpful too. The preferred way to send the flier in a PDF or JPEG format. Other formats received might be unable to convert.

Adjourned: The meeting closed with the Responsibility Statement.

NORTHERN LIGHT PRIMARY PURPOSE:

The Northern Light (N.L.), is a general service newsletter that serves Area 35 to facilitate bilateral communication between the Groups, Districts, Area and G.S.O. levels in the Northern Minnesota area. Its purpose is to:

- ◆ Publish an informative and attractive newsletter to the Area in a timely fashion.
- ◆ Encourage District reports and be available to work with Districts on communications. One or more of the N.L. Committee should try to attend area events to report on what's happening in their areas. If they are unable to attend, encourage local members to write short articles about events and happenings to be published in the N.L.

- ◆ Provide encouragement for writing articles, particularly to D.C.M.s and Area Action Committee Chairs. This should include the strong encouragement to submit their reports for each issue, if no report is submitted it will be stated, example "Northern Light Report - NOT GIVEN" this is currently being done in the Southern Minnesota Area newsletter.
- ◆ Keep informed of activities and issues going on within Alcoholics Anonymous as a whole. The N.L. Committee could subscribe the Grapevine or other pertinent A.A. news sources.
- ◆ Gather useful service information to publish from sources within the Area, Region and A.A. as a whole. Obtain, read and use other Area newsletters.
- ◆ Listen to comments from the Area on the content of the N.L.

EDITORIAL POSITION & N.L. COMMITTEE:

Editor - The Editorial Chair position is a two-year rotation picked by the incoming Area Chair and either approved or rejected by the Area Committee at the first Area meeting after the Fall Assembly Elections.

Desirable qualifications: Current knowledge MS Publisher, MS Word, MS Excel and other misc. computer programs as needed. The person should also consider the time needed to complete the task required. The candidate should have a working knowledge of A.A. as a whole, i.e., prior experience in service work such as G.S.R., D.C.M., or related position.

N.L. COMMITTEE - The N.L. Committee consists of two D.C.M.s in Area 35. Currently, these have been picked randomly at the start of the new rotation. They also serve on a two-year rotation basis. They assist the editor in communications with other area newsletters, in recommendations on general improvements, and with general problems and implementations of new policies. They may also represent the editor at functions when the editor is unable to attend. Seek advice and help from former N.L. Committee members and editors.

N.L. COMMITTEE MEETINGS:

The Committee meets every other month, before the start of the Area Workshop and at Spring and Fall Assemblies. Additional meetings may be called for if needed between these times.

NORTHERN LIGHT SUBMISSIONS:

General submissions to the *Northern Light* are very welcome! Feel free to send letters or articles that are pertinent to Alcoholics Anonymous. However, please note that if space is limited, first priority will be given to reports from Area Officers, Area Standing Committee Chairs and D.C.M.s from Area 35.

Submissions are preferred electronically using a Word or WordPad document to the Area's newsletter e-mail address: northernlight@area35.org. Most other file formats can also be accepted. You may also send articles or letters to my postal address, listed on page 2. The deadline for each Issue is printed on the front page.

Letters to the Editor or opinion articles should have a title. They also **can not be anonymous**. Please include the first name, last initial and name of the city where the author is from. If you have any questions regarding submitting an item for the *Northern Light*, please do not hesitate to contact me. Thank you!

Northern Light Editor,
Steven L.

Directions for Inserting a Flier into the Northern Light

1. First & Foremost **Contact the Northern Light Editor** at northernlight@area35.org or call the phone number listed on page 3 of the hard copy, print version of the Northern Light, for the Northern Light Editor (remember this will change every 2 year rotation).
2. Email a pdf version of your flier to northernlight@area35.org for approval. Upon approval a copy will be forwarded to the webmaster to be placed on the Area 35 websites calendar of events.

3. Upon approval mail to :

**Cold Spring Record
PO Box 456
403 West Wind Court
Cold Spring, MN 56320**

**With an attn.: Northern Light on the mailing address
Include a note stating they are to be inserted into the next Northern Light**

4. **OR** if you wish to have Cold Spring Record print your fliers to be inserted into the Northern Light. The NL Editor will forward a copy of the pdf flier to Cold Spring Record, along with your printing instructions (paper color, one or two sided printing). Currently there are 1000 copies printed with @725 pieces to mail. What is not mailed is passed out at the Area meetings.

Number of Copies	Printing Costs		Insertion Fee	Total Cost
	1 Sided	2 Sided		
725	\$ 48	\$ 60	\$ 75	\$ 123/135
1000	\$ 80	\$ 120	\$ 75	\$ 155/195

5. The cost for having a flier inserted into the Northern Light is \$75. Make Checks payable to NMAA and mail to :

**NMAA
PO Box 114
Grand Rapids, MN 55744**

MAKE SURE YOU HAVE THE MOST CURRENT ADDRESS!!!

RELATED FLIER INSERTION INFORMATION

- ◆ Only Area 35 A.A. Members may submit a flier. Fliers must be only for A.A. Sponsored Events.
- ◆ Fliers needed—625 mailed only or 1000 for mailed and hand outs.

Northern Light Deadlines for 2019 are as Follows:

- ◆ January 23rd : Flier will be included in the January/February Issue
- ◆ March 8th : Flier will be included in the March/April Issue
- ◆ May 6th : Flier will be included in the May/June Issue
- ◆ July 8th : Flier will be included in the July/August Issue
- ◆ September 3rd : Flier will be included in the September/October Issue
- ◆ November 4th : Flier will be included in the November/December Issue

OUR PAST DELEGATES

<u>Panel 66</u>	<u>2016-2017</u>	<u>Panel 36</u>	<u>1986-1987</u>	<u>Panel 10</u>	<u>1960-1961</u>
Kelly D.		Louie H.		Bob B. (deceased)	
<u>Panel 64</u>	<u>2014-2015</u>	<u>Panel 34</u>	<u>1984-1985</u>	<u>Panel 8</u>	<u>1958-1959</u>
Michael “Jake” J.		Bob P. (deceased)		Pearl N. (deceased)	
<u>Panel 62</u>	<u>2012-2013</u>	<u>Panel 32</u>	<u>1982-1983</u>	<u>Panel 6</u>	<u>1956-1957</u>
Jim K.		Tom L.		Waldo H. (deceased)	
<u>Panel 60</u>	<u>2010-2011</u>	<u>Panel 30</u>	<u>1981-1982</u>	<u>Panel 4</u>	<u>1954-1955</u>
Jon C.		Don M. (deceased)		Wendell H. (deceased)	
<u>Panel 58</u>	<u>2008-2009</u>	<u>Panel 28</u>	<u>1978-1979</u>	<u>Panel 2</u>	<u>1952-1953</u>
JoAnne N.		Garfield (Duffy) S. (deceased)		Arthur R. (deceased)	
<u>Panel 56</u>	<u>2006-2007</u>	<u>Panel 26</u>	<u>1976-1977</u>		
Jerry S.		Vern R. (deceased)			
<u>Panel 54</u>	<u>2004-2005</u>	<u>Panel 24</u>	<u>1974-1975</u>		
Charlie C.		Gordon B. H. (deceased)			
<u>Panel 52</u>	<u>2002-2003</u>	<u>Panel 22</u>	<u>1972-1973</u>		
Tim C.		Frank P. J. (deceased)			
<u>Panel 50</u>	<u>2000-2001</u>	<u>Panel 20</u>	<u>1970-1971</u>		
Tom A.		Clarence B. (deceased)			
<u>Panel 48</u>	<u>1998-1999</u>	<u>Panel 18</u>	<u>1968-1969</u>		
Susie A.		Dave H. (deceased)			
<u>Panel 46</u>	<u>1996-1997</u>	<u>Panel 16</u>	<u>1966-1967</u>		
Bill P. (deceased)		Arno A. (deceased)			
<u>Panel 44</u>	<u>1994-1995</u>	<u>Panel 14</u>	<u>1964-1965</u>		
Bruce B.		Donald F. (deceased)			
<u>Panel 42</u>	<u>1992-1993</u>	<u>Panel 12</u>	<u>1962-1963</u>		
Greg G. (deceased)		Donna T. (deceased)			
<u>Panel 40</u>	<u>1990-1991</u>				
Bob J.					
<u>Panel 38</u>	<u>1988-1989</u>				
Scott J.					

Q: Why list our past Delegates?

A: They are a resource to you!

In Alcoholics Anonymous we value experience. Our Twelve Steps did not exist when Bill stepped into the lobby of a hotel in Akron, Ohio. Even after meeting with Dr. Bob and soon founding our program, there were only six steps until the experiences of 100 Alcoholics were summed up. Soon after a book followed, but it was a few years later when the Twelve Traditions were discussed and agreed on. Twelve Traditions that were “hammered out on the anvil of experience”. Our past Delegates are a wealth of experience, an interactive living archive if you will. When you plan your next service workshop or need an outside voice to offer help, consider this resource available to you. Some of them even offer great company while fishing!

The Delegate's Duties

Though the high point is the Conference meeting, the delegate's job goes on year-round and involves all aspects of the Conference structure. The delegate should:

- Although the high point is the Conference meeting, the delegate's job goes on year-round and involves all aspects of the Conference structure. The delegate should:
- Attend the Conference meeting in April, fully prepared. Immediately upon election, every delegate is put on the G.S.O. mailing list to receive Conference materials.
 - Communicate the actions of the Conference to area committee members and encourage them to pass on this information, and the delegate's enthusiasm, to groups and to intergroups/central offices. If an area is too large for the delegate to cover in person, he or she will ask area officers and committee members to share the load.
 - Be prepared to attend all area, state/provincial, and regional service meetings and assemblies. From these meetings, delegates come to better understand their own areas and can make suggestions for the Conference agenda. Here, too, they come in contact with A.A. members who might not be reached otherwise.
 - Help area committees obtain financial support for the area and G.S.O.
 - Provide leadership in solving local problems involving the A.A. Traditions.
 - Remind G.S.O.s to inform groups and individuals about the A.A. Grapevine and Conference-approved literature.
 - Cooperate with G.S.O. in obtaining information—for example, making sure that up-to-date information reaches G.S.O. in time to meet the deadline for each Issue of the A.A. directory and helping carry out the triennial membership surveys.
 - Visit groups and districts in the area whenever possible.
 - Work closely with committee members and officers, sharing experience throughout the year. After G.S.R.s and committee members have reported on the Conference, learn from these A.A.s how groups and members have reacted.
 - Assume added responsibility if the area chair and alternate chair are unable to serve. Or, if an area committee is not functioning effectively, the delegate may take an active role in remedying the situation.
 - Keep the alternate delegate fully informed and active, so that the alternate can replace the delegate in an emergency.
 - Late in the second term, work with newly elected delegates to pass along a basic knowledge of Conference proceedings and problems.

(from The A.A. Service Manual, pages S44-S45)

I 2 Traditions of Alcoholics Anonymous (Long Form)	I 2 Concepts for World Service (Short Form)
<div>1. Each member of Alcoholics Anonymous is but a small part of a great whole. A.A. must continue to live or most of us will surely die. Hence our common welfare comes first. But individual welfare follows close afterward.</div> <div>2. For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience.</div> <div>3. Our membership ought to include all who suffer from alcoholism. Hence we may refuse none who wish to recover. Nor ought A.A. membership ever depend upon money or conformity. Any two or three alcoholics gathered together for sobriety may call themselves an A.A. group, provided that, as a group, they have no other affiliation.</div> <div>4. With respect to its own affairs, each A.A. group should be responsible to no other authority than its own conscience. But when its plans concern the welfare of neighboring groups also, those groups ought to be consulted. And no group, regional committee, or individual should ever take any action that might greatly affect A.A. as a whole without conferring with the trustees of the General Service Board. On such issues our common welfare is paramount.</div> <div>5. Each Alcoholics Anonymous group ought to be a spiritual entity having but one primary purpose—that of carrying its message to the alcoholic who still suffers.</div> <div>6. Problems of money, property, and authority may easily divert us from our primary spiritual aim. We think, therefore, that any considerable property of genuine use to A.A. should be separately incorporated and managed, thus dividing the material from the spiritual. An A.A. group, as such, should never go into business. Secondary aids to A.A., such as clubs or hospitals which require much property or administration, ought to be incorporated and so set apart that, if necessary, they can be freely discarded by the groups. Hence such facilities ought not to use the A.A. name. Their management should be the sole responsibility of those people who financially support them. For clubs, A.A. managers are usually preferred. But hospitals, as well as other places of recuperation, ought to be well outside A.A.—and medically supervised. While an A.A. group may cooperate with anyone, such cooperation ought never go so far as affiliation or endorsement, actual or implied. An A.A. group can bind itself to no one.</div> <div>7. The A.A. groups themselves ought to be fully supported by the voluntary contributions of their own members. We think that each group should soon achieve this ideal; that any public solicitation of funds using the name of Alcoholics Anonymous is highly dangerous, whether by groups, clubs, hospitals, or other outside agencies; that acceptance of large gifts from any source, or of contributions carrying any obligation whatever, is unwise. Then too, we view with much concern those A.A. treasuries which continue, beyond prudent reserves, to accumulate funds for no stated A.A. purpose. Experience has often warned us that nothing can so surely destroy our spiritual heritage as futile disputes over property, money, and authority.</div> <div>8. Alcoholics Anonymous should remain forever non-professional. We define professionalism as the occupation of counseling alcoholics for fees or hire. But we may employ alcoholics where they are going to perform those services for which we may otherwise have to engage non-alcoholics. Such special services may be well recompensed. But our usual A.A. "12 Step" work is never to be paid for.</div> <div>9. Each A.A. group needs the least possible organization. Rotating leadership is the best. The small group may elect its secretary, the large group its rotating committee, and the groups of a large metropolitan area their central or intergroup committee, which often employs a full-time secretary. The trustees of the General Service Board are, in effect, our A.A. General Service Committee. They are the custodians of our A.A. Tradition and the receivers of voluntary A.A. contributions by which we maintain our A.A. General Service Office at New York. They are authorized by the groups to handle our over-all public relations and they guarantee the integrity of our principal newspaper, the A.A. Grapevine. All such representatives are to be guided in the spirit of service, for true leaders in A.A. are but trusted and experienced servants of the whole. They derive no real authority from their titles; they do not govern. Universal respect is the key to their usefulness.</div> <div>10. No A.A. group or member should ever, in such a way as to implicate A.A., express any opinion on outside controversial issues—particularly those of politics, alcohol reform, or sectarian religion. The Alcoholics Anonymous groups oppose no one. Concerning such matters they can express no views whatever.</div> <div>11. Our relations with the general public should be characterized by personal anonymity. We think A.A. ought to avoid sensational advertising. Our names and pictures as A.A. members ought not be broadcast, filmed, or publicly printed. Our public relations should be guided by the principle of attraction rather than promotion. There is never need to praise ourselves. We feel it better to let our friends recommend us.</div> <div>12. And finally, we of Alcoholics Anonymous believe that the principle of anonymity has an immense spiritual significance. It reminds us that we are to place principles before personalities; that we are actually to practice a genuine humility. This to the end that our great blessings may never spoil us; that we shall forever live in thankful contemplation of Him who presides over us all.</div>	<div>I. Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.</div> <div>II. The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole Society in its world affairs.</div> <div>III. To insure effective leadership, we should endow each element of A.A.—the Conference, the General Service Board and its service corporations, staffs, committees, and executives—with a traditional “Right of Decision.”</div> <div>IV. At all responsible levels, we ought to maintain a traditional “Right of Participation,” allowing a voting representation in a reasonable proportion to the responsibility that each must discharge.</div> <div>V. Throughout our structure, a traditional “Right of Appeal” ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.</div> <div>VI. The Conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board.</div> <div>VII. The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purse for final effectiveness.</div> <div>VIII. The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.</div> <div>IX. Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees.</div> <div>X. Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.</div> <div>XI. The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern.</div> <div>XII. The Conference shall observe the spirit of A.A. tradition, taking care that it never becomes the seat of perilous wealth or power; that sufficient operating funds and reserve be its prudent financial principle; that it place none of its members in a position of unqualified authority over others; that it reach all important decisions by discussion, vote, and, whenever possible, by substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government, and that, like the Society it serves, it will always remain democratic in thought and action.</div>
<div>AREA 35 EVENTS</div> <div>INCLEMENT WEATHER PROCEDURE</div> <div><div>◆ Area Chair calls to cancel and/or re-schedule.</div><div>◆ Based on DOT report, national weather service, individual safety being paramount</div><div>◆ Chair asks for weather reports from all DCM’s from respective districts either by email or phone for those that don’t have computers.</div><div>◆ Chair notifies the Alano society in Aitkin on food preparations and possible re-schedule to following Sunday.</div><div>◆ Chair contacts webmaster results put on Area 35.org and reschedule date and time.</div><div>◆ Districts contact their DCM in inclement weather for updates on cancellation.</div><div>◆ Post procedure in Northern Lights.</div><div>◆ Chair remains available and in close contact as he or she is the focal point and main contact; he or she must make the decision, and be available for calls.</div></div>	

**Area 35 Committee Meeting Agenda
Aitkin, MN
August 4, 2019**

_____ **9:00 A.M.** Action Chair Committee Meetings
(9:30 a.m. Financial Oversight Committee)
_____ **10:30 A.M.** Area Committee Meeting
_____ Call to Order Open With the Serenity Prayer
_____ Recognize Past Delegates
_____ Add to Agenda
_____ Approve June Area Committee Minutes

OFFICER REPORTS:

_____ Delegate – Christine G.
_____ Alternate Delegate – Jim S.
_____ Chair – Roger R.
_____ Secretary – Melissa A.
_____ Treasurer – Mike F.

COMMITTEE CHAIRS AND DCM REPORTS:

_____ CPC – Antonette F.
_____ District 9 – Jim S.
_____ District 13 – Justin W.
_____ WEBMASTER – Rillis E.
_____ LITERATURE – Brian P.
_____ District 15 – Pat M.
_____ District 3 – Kevin K.
_____ NORTHERN LIGHT – Steve L.
_____ GROUP RECORDS – Sally L.
_____ District 4 – Colleen S.
_____ District 8 – Heidi B.
_____ District 18 –William BR B.
_____ TREATMENT – Cathy R.
_____ District 16 – Glenn M.
_____ District 5– Skip D.

_____ ARCHIVIST –
_____ ARCHIVES – Scott M.
_____ District 7 – Bob B.
_____ District 11 – Cindy S.-K.
_____ CORRECTIONS – Paul M.
_____ District 12 –Richard G.
_____ District 14 – Paul E.
_____ PI – Gayle R.
_____ District 6 – Sharna O.-J.
_____ District 1 –
_____ GRAPEVINE – Jerry B.
_____ District 2 – Daniel W.
_____ District 21 –

12:00 P.M. Lunch

12:45 P.M. Reconvene

OLD BUSINESS:

NEW BUSINESS:

_____ FOC Report
_____ Coffee at Assemblies

_____ Calendar of Events
_____ Adjourn

**Mail Area 35 Group contributions to: NMAA
P.O. Box 114
Grand Rapids, MN 55744**