AA Member

BRIDGING THE GAP

VOLUNTEER

A TEMPORARY CONTACT PROGRAM OFFERED BY ALCOHOLICS ANONYMOUS
Northern Minnesota Area Assembly

This program is to assist those clients, who wish to do so, make the transition from Alcoholism Treatment to the A.A. program. Those of us that were previously in treatment have found that probably the "wettest" and most "slippery" place in the journey to lifelong sobriety is the distance between the door of the treatment facility and the nearest A.A. group or meeting.

The purpose of the Bridging the Gap program is to provide a hand, reached out in the spirit of our Twelve Steps of recovery, to assist the newcomer find the same help in staying sober that we ourselves found. We do not offer jobs, housing, family or personal counseling, money, clothing, etc. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

Your job is simple. You contact the new A.A. member and arrange to take them to an A.A. meeting, preferably within 24-48 hours of their discharge. Your commitment is taking them to as many as six meetings. During this time, you help them get a meeting schedule, phone numbers, and perhaps locate a sponsor and/or a home group. Also tell them about the different types of A.A. meeting formats there are, familiarize them with A.A. literature, introduce them to others in A.A., etc.

If you are interested in being a "Bridging the Gap" temporary contact, fill out the information form below and give a copy to the local District DCM, District Treatment Chair, or your group GSR. Information will be treated as "Confidential".

I would like to be a temporary contact for someone leaving a treatment facility.

Name: _____ Birth Year: _____ Gender: _____

City:_____ Zip:_____

Email address: _____

Phone #: _____ Text OK? _____

Home Group Name & Location: _____

District #: _____

Sobriety Date: _____ Number Of meetings a week you attend regularly: _____